あけましておめでとうございます



HAPPY NEW YEAR!!

I hope the new year will be a joyful and meaningful year for all. There is a popular Japanese proverb for New Year's Day. It is "Warau kado niwa fuku kitaru," which means "Fortune comes in through a merry gate", or "Good fortune and happiness will come to the home of those who smile."

According to medical research, it is true that laughter and smiles will bring us happiness. "...Laughter can increase oxygen to the heart, lungs and muscles, increase the endorphins that are released by your brain, improve your mood and reduce physical pain." And another article states that a smile enhances our

health, reduces our stress and makes us more attractive.

In Japan, wishing to have a happy new year, people would write "Warau Mon," which means the gate of laughter/smile, on a piece of paper and place it on their front door or the pillar of the gate of their homes.

Some years ago, Mas-sensei asked me to name the Mon/Gate of our temple. Our temple's *Mon* was built as Senshin's 40th Anniversary project.



That took place about 30 years ago. There are some gates that have names: Kaminari Mon (Thunder Gate) in Asakusa, Shurei Mon (Respect Courtesy Gate) in Okinawa, India Gate in New Delhi, Arc de Triomphe in Paris, etc.

Here in the U.S., very few temples have a *Mon*, and Senshin temple's *Mon* with *Kawara*, a Japanese tile roof, is rare. Our *Mon* is one of the characteristics of the temple so Mas-Sensei thought we should give it a unique name.

When I was asked by Mas-sensei, I remembered the unique and meaningful name of a *Mon* in Japan. It is *Oh-ba*ka-Mon which means "Great Foolish Gate." Oh-baka means great fool or a complete idiot. And in Japanese, mon has two meanings, one is the gate and another is the person or people, so *Oh*baka-Mon has two meanings. One is

"Great Fool Gate" and it also suggests that people who pass by the gate are foolish people. This *Mon* was designed for Bukkyo University in Kyoto a few decades ago. Bukkyo University was founded by Jodo Shu.

Jodo Shu was established by Honen Shonin, who was the teacher of our founder, Shinran Shonin. Honen Shonin's teaching was Buddhism for everyone: good or bad, young or old, rich or poor, smart or dull, monk or lay, men or women or other. All were saved by Amida Buddha by just reciting the nembutsu. One piece of advice Honen Shonin gave to the *nembutsu* followers was, "Person of the Pure land tradition attain birth in the Pure Land by becoming their foolish beings" (Lamp for the Latter Ages, CWS, p. 531). Foolish in Buddhism means self-centeredness; and people who are attached to their small selves and possess full of *Bonno*, passions from ego, are called foolish beings. Honen Shonin and Shinran Shonin taught that to see and admit our foolishness is a key to entrust ourselves to Amida Buddha and recite the *nembutsu*.

Buddhism also encourages us to know "we know less." The more we know, we awaken to our ignorance and foolishness.By having this awakening, we can enter into the gate of the Pure Land and the *nembutsu* teaching can come into our heart and mind easily.

For students, if they think they know less, they keep learning. Once they think, "I know everything, and I am wise," they stop learning. "Staying foolish" is very important. Hence, Oh-baka-Mon, the Great Fool Gate, was a very unique and meaningful gate for the university that was founded by Honen Shonin's denomination. However, all students, professors, and staff were not Jodo Shu followers, so most of them did not understand the meaning of great fool. They thought the name was not appropriate for a gate for the university so they decided to remove the gate.

For Senshin, Oh-baka-Mon is a good name for our *Mon*, but it was already used, so we should choose a different name. Recently, we received a carving of a Buddhist demon with a smiling/ laughing face. When I saw it, I thought we could name our Mon, "Warai Mon," which means Laughing/Smiling Gate that brings us happiness and also "Warai Mon" which means people who are laughed at because of their foolishness. (CONTINUED NEXT MONTH).

*Regarding the Buddhist era, abbreviated "B.E.", there are several ways of counting. A popular one is from the Theravada Buddhists. They count the beginning of the B.E from the year Shakyamuni Buddha entered perfect Nirvana (passed away) but depending on the countries, the interpretations of the first year is different. According to them, the Buddha passed away in B.C. 544. Thus by adding 544 to the Common Era, we will arrive at the Buddhist era (544) + 2023 = 2567.) This calculation is used by Sri Lanka or Myanmar. Other Theravada countries, such as Thai or Laos add 543 to the Common Era. They start counting B.E. 1 year, next year from Shakyamuni Buddha's passing. (543 + 2023 = 2566.)However, some traditions or scholars have their own interpretation and they say the Buddha passed away in the year B.C. 486 or 383, etc.

Namoamidabutsu REV. RYUTA FURUMOTO

笑い門

古本竜太

新年あけましておめでとうございます。

新しい年が皆様にとって楽しく、有意義な一年になるとよいですね。日 本では、「笑う門には福来る」ということわざをお正月によく聞きます が、医学的な研究によると、笑いや笑顔が私たちに幸福をもたらすとい

うのは本当だそうです。ある記事にしいです。ですから、浅草の雷門、 よると、笑いは心臓、肺、筋肉へよ り多くの酸素を届け、ハッピーホル モンと言われる脳から放出されるエ ンドルフィンを増やし、身体の痛み を軽減する、とあります。 また、別 の記事では、笑顔は私たちの健康を 増進し、ストレスを軽減し、私たち をより魅力的にしてくれると書かれ ています。



まさに笑う門には福がやって来や すくなるのでしょう。それで、新年 が良い年になるよう、「笑門」と紙 に書いて、家の玄関や門に貼ってお られるところもあります。

何年か前に、マス先生が「洗心寺 の門に名前をつけよう」と言われた ことがありました。洗心寺の門は、 お寺の40周年記念の事業として約 30年前に建てられたものです。ア メリカでは門を持つお寺はあまりな く、特に日本瓦の屋根の門はめずら

沖縄の守礼門などのように何かユニ ークな名前をつけよう、ということ

それで、私は、とてもユニークで 意味深い名前の門がある(あった) ことを思い出しました。それは「大 馬鹿門」という名前で、数十年前、 京都の佛教大学に建てられていまし た。佛教大学は、浄土宗が設立した 大学です。

浄土宗は、私たちの宗祖・親鸞聖 人の師である法然上人によって開か れました。法然上人の教えは、善人 も悪人も、若者も老人も、金持ちも 貧乏人も、頭のいい人も鈍い人も、 僧侶も信徒も、男性も女性も、念仏 をとなえるだけで、阿弥陀仏によっ て全ての人が平等に救われる、とい うものです。そして、法然上人が念 仏者に与えた助言の一つが、「浄土 宗の人は愚者になりて往生す(親鸞 聖人御消息)」で、自分の愚かさを 自覚することでお浄土に生まれるこ とができるのだと言われます。仏教 でいう愚かとは自己中心的なことで す。小さな自己に執着し、その執着 からでてくる煩悩をフルに持ってい る人を愚者、または凡夫と言いま す。自分の愚かさを知ると、阿弥陀 さまにおまかせし、念仏をとなえら れるようになるので、「愚者になり て往生する」ことを法然上人がよく 言われていた、と親鸞聖人がお書き になっています。

また、仏教では、私たちは無知 だ、ということを知ることを勧めて います。仏法を学べば学ぶほど、私 たちは知らないことが多く、愚かで ある、と知るのです。この知によっ て、念仏の教えがすっと心に入って くるようになります。

学生さんの場合ですと、自分の

知識が少ないと思えば、学び続け ることができます。「私は何でも知 っている、私は賢い」と思ってしま うと、学ぶことをやめてしまうので

ですから、佛教大学の「大馬鹿 門」は、とてもユニークで意義深 い名前の門です。けれども、大学の 学生、教授、職員さんたち全員が念 仏者ではないので、あまり「大馬鹿 門」という名前が好きでなかったよ うです。それで結局、大学の門の名 前にふさわしくないということで、 撤去されたそうです。

洗心寺の門には「大馬鹿門」はい い名前だと思いましたが、もうすで に使われている名前なので、何か別 にいい名前がないかな、と思ってい たところ、最近、邪鬼が笑った顔の 彫り物がお寺に来ました。それを見 て、洗心の門には、「笑い門」とい う名前がいいのではないかと思いま した。それは「笑う門に福が来る」 という意味と、煩悩にまみれた愚か 者が、邪鬼に笑われている、「笑い 者」という意味を持ちます。(来月に 続きます)

南無阿弥陀仏



Monthly Memorial JANUARY 2023 Shotsuki Service January 8 at 10a

Seshu (Observant)

Deceased Relation To Obervant, Deceased

Aihara, Chris

Father Iwanaga, James

Akahori, Ted

Father Akahori, Mitsuo

Akahori,Ted

Sister-in-law Higashi, Kiyoko (Kiyo)

Fujimoto, Miki Father Fujimoto, Ted

Harada, James *Mother* Harada, Grace

Hayamizu, Sumiko

Mother Nakashima, Tsune

Hirayama, Kiyome *Husband* Hirayama, Art

Hisamune, Catherine *Father* Fujita, Katsujiro

Ikari, Kathy *Grandfather* Kato, Genichi

Ikari, Kathy *Mother* Tsuboi, Ruth

Iriye, Kenneth Sister Carlson, Diana Chizuko

Kamikawa, Emi Father Kamikawa, Glenn

Kitagawa, Linda *Father* Matsuura, Clifford

Kodani, Denise *Father* Goto, James M.

Kojima, Chikako Grandfather Uneda, Izaemon

Kunitake, Kimiyo

Father-in-law Kunitake,

Masamitsu

Kunitake, Kimiyo Grandfather Wada, Zembei

Matsuda Family Grandfather Akamichi, Junichi

Matsumura, Henry *Grandfather* Yamaguchi, Kenji

Minami, Jean *Husband* Minami, Tatsuo

Miyamoto, Dennis *Father* Miyamoto, Masaru

Murakami, Lena/Julia *Husband/Father* Murakami,
Arthur

Murakami, Eugene Grandmother Murakami, Rui

Nakashima, Alan *Mother* Nakashima, Hana

Nakawatase, Richard *Grandfather* Nakawatase, Nisoji

Nakawatase Family *Father* Nakawatase, Shigemi

Ogawa, Jerry *Mother* Ogawa, Kaoru

Ogawa, Jerry Grandfather Shimada, Kanetaro

Ogawa, Jerry Grandmother Shimada, Satsu

Ogawa, Jerry Grandmother Ogawa, Hisayo

Ohata, Ron Mother Ohata, Fumiko

Oyama and Middo Families Mother Oyama, Mieko

Saiki, Yumi Father Yoshida, Kazuhiro Saneto Family Grandfather Saneto, Kanaye

Shimabukuro-Leong, Marilyn *Mother* Shimabukuro, Fumie

Shirasago Family *Mother* Shirasago, Sally

Shirasago, Paula, Todd, Dale Husband/Father/Brother Shirasago, Gary

Sonday, Reiko Grandfather Fukumoto, Kazue

Sugano, Maya *Husband* Sugano, Norman

Sugano, Michiko *Mother-in-law* Sugano, Aiko

Takashima, Iris

Aunt Nakashima, Hana

Takashima, Iris Grandfather Jinde, Eiji

Takashima, Wilbur Grandfather Taniguchi, Hisaichi

Takemoto, Jon/Takemoto Ron Grandfather Takemoto, Toyosuke

Takemoto, Ron Father Takemoto, Arthur

Terrell, Jackie Father Howard, Jack

Umemoto, Marty and Kathie Grandfather Akamichi, Junichi

Ushirogata, Mutsuo Sister-in-law Ushirogata, Ineko

Ushirogata, Yukie *Brother* Matsushita, Bunji

Usui, Suzuko Mother Ariyoshi, Kiyo

Watanabe, Marsha Brother Imai, Randy

Yokota, Carole Father Yokota, Hiroshi

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person's relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

Senshi

Shusho-ye (Gantan-ye) New Year Day Service Sunday January 1, 2023, 10a

Shusho-ye, or Gantan-ye, simply means "Service for the New Year." The literal translation of Shusho-ye is "a gathering for a revision, modification or correction." New Year Day is an opportunity for us to begin the new year with refreshing hearts and minds. The service will begin at 10:00 a.m. on January 1. This year, ozoni and sake will be served. We also will have Taiko and Shishimai performance.

修正会(しゅしょうえ)

一月一日にお勤めする法要を元旦会または修正会といいます。新年の最初の日に心を正しい方向に修正するという意味があります。浄土真宗では、阿弥陀如来に「お金がもうかりますように」、「病気になりませんように」とか「いい大学にはいれますように」などのことを祈りません。そういう願いはたいがいが自分のエゴを拡張することになるので、本当の安心をえることが難しくなるためです。修正会は、そういう自己中心の願いがある自分を反省し、その自分を受け入れてくださる阿弥陀如来に感謝し、一年を心安らかに生きていくきっかけとなる法要です。

Hoonko

Hoonko is the most important service for Jodo Shinshu Buddhists. It is a memorial service for Shinran Shonin, the founder of Jodo Shinshu Buddhism. Shinran Shonin passed away on January 16, 1263 (November 28 in the lunar calendar) at the age of 90. Kakunyo Shonin, the great-grandson of Shinran Shonin started "Hoon ko" when he observed Shinran Shonin's 33rd memorial service. "Hoon" means to pay the debt of gratitude, and "ko" means gathering. Hence, "Hoonko" denotes "the gathering to recompense Shinran Shonin for his teaching." There are several ways to thank Shinran Shonin: By listening to the teaching, chanting Shoshinge (that was written by Shinran Shonin,) reciting the Nembutsu, etc. In some areas of Japan, the followers invite their minister to their homes to hold the Hoonko service and listen to the teaching of Shinran Shonin with their family members.

Our **Hoonko Service will take place on Sunday, January 15**. Prior to Hoonko Service, we are going to have **Hoonko Study Classes** and a **Hoonko Seminar**.

Hoonko Week Schedule

This year, we will hold **Honoko study classes via online, January 11, 12, and 13.** The length of each class is about 45 minutes, from 6:30pm to 7:15pm. The speakers will be Rev. Mas, Rev, Aki, and Rev. Furumoto.

Hoonko Seminar

On **Saturday, January 14th, at 10:30 am. we will have a Hoonko Seminar.** The speaker will be Rev. Kodo Umezu, BCA Minister Emeritus and former Bishop of BCA. The topic is "Talk with Umezu Sensei," This is a *Zadankai*, a " sit and talk" style gathering so attendees can ask questions to Rev. Umezu and share their thoughts with other attendees. The seminar will end around noon.

Hoonko Service

The **Hoonko Service will be on Sunday, January 16th, at 10:00 am.**with Rev. Kodo Umezu, BCA Minister Emeritus, and former of BCA, our guest speaker

Please call the office or email to the temple for more information.

恩講(ほうおんこう)

今年も報恩講の集いを開催しますのでぜひお参り下さい。報恩講は浄土真宗の開祖、親鸞聖人のご命日法要です。親鸞聖人は1263年、1月16日(旧暦11月28日)に往生されました。親鸞聖人のひ孫で三代目門主の覚如上人が親鸞聖人の33回忌をお勤めされたのが報恩講の始まりです。報恩とは、感謝することで、親鸞聖人が念仏の教えを伝えてくださったこと、また私たちをお浄土にうまれさせ仏にしてくださる阿弥陀如来さまへご恩をおもい、そのご恩に報いるようにお念仏をとなえ、聞法させていただく、という意味があります。報恩講のサービスは1月15日(日)で、ご講師は名誉開教使で前BCA総長の梅津広道先生です。11日(水)から13日(金)まで毎日、報恩講の集いを行いますので、スケジュールをご確認ください。14日(土)は梅津先生によるセミナーがございます。時間は10時30分からです。

6 DANA: JANUARY 2023

Listed are donations handled by the Regular Treasurer: **Special**: donation received with no specific reason given *Orei*: donation for use of temple facilities, equipment, etc.

Nokotsudo: donation by families who have family cremains in the **Nokotsudo** (columbarium)

The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.



NOVEMBER DONATIONS

Edmond and Susan Young
In Memory of Alfred
Shigaki

Wasabikai *Orei* Anonymous *Donation*

Ruby Kiyohara *Nokotsudo*Tammy and Dale Matsubara *Nokotsudo*

Nancy and Jim Usui Donation

Eugene and Elaine Murakami Dana

Yonsei Basketball Association *Orei*

Madalyne Adams Osaisen

Madalyne Adams *Nokotsudo*

Dale Matsubara

Memorial service & Social Hall

Tammy and Dale Matsubara
13th Cycle Memorial for
Akira Kiyohara
25th Cycle Memorial for
Chiyeko Kiyohara

Masao Kodani *Dana*

Dorothy Higa *Donation*Dorothy Higa

3rd Cycle Memorial for

Martha Kuwaki Sen Sugano Chicken Teriyaki Don

Chicken Teriyaki Donation

Sheila Brittan
Chicken Teriyaki Donation

Nick and Wendy Nagatani Donation

Hurley-Nishida Charitable Gift Fund New Year 2023

Hurley-Nishida Charitable Gift Fund *Nokotsudo* Diane Trihey *Dana* Dale Shirasago *Dana*

Mayumi Kodani *Donation*Cathy Iyemura *Bukkyo Gakuin*



Christine Aihara
Gilbert Leong & Marilyn
Shimabukuro
Russell & Lori Nishida
Kiyoko Yoneda

Janice Shigaki

Ellen Shimohara

Shimohara

Shig Yasuda

Ethel Shiosaki

Lilian Tanaka

Suzanne Toji

Evelyn Toji

Yukie Ushirogata

Matsuko Uyeno

Betty Yamashita

Paul Takahashi

Harold Yamada

Alfred Shigaki

Richard Yamada &

Edmond & Susan Young

Arlene Yokoyama

Uyeno

Mark & Reiko Sonday

Shinichi Joe Nimi

Wilbur & Iris Takashima

Kiichi Ushirogata &

Hiroshi Matsushita

Father-in-Law Yoshisuke

Al Shigaki & Don Shigaki

Jerry Shimohara, Chiyoko

NOVEMBER FLOWER DONATION

Glen and Joyce Isomoto Ellen Shimohara

Merrie Nishisaka

Arlene Yokoyama

Mutsuo Ushirogata Jean Minami

Chikako Kojima

Ted and Julie Akahori

Mark and Reiko Sonday

Betty Yamashita Ellen Shimohara

NOVEMBER 2022 SHOTSUKI HOYO

Observant *In Memory Of*

Madalyne Adams
Tosao Yamada

Julie & Ted Akahori Brother Bob Akahori

Julie & Ted Akahori Harry & Ida Imai

Kikuye Imamura Family Kikuye Imamura

Ruby Kiyohara *Husband* Akira Kiyohara

Chikako Kojima Yoshiko Uneda

Tammy & Dale Matsubara Akira Kiyohara

Jean Minami

Misako & Ted Yokomi

Eugene & Elaine Murakami Yomiko Murakami

Richard & Helen Nakawatase Sachiko & Hideyoshi Nakawatase

Merrie Nishisaka Art Nishisaka DANA / FUNDRAISING: JANUARY 2023

Senshin Nokotsudo Update

It has been one year since our Senshin Nokotsudo has been renovated. Thanks to the many volunteers who serve on regularly scheduled clean up teams, the Nokotsudo has been kept clean and orderly. Rev. Furumoto conducts daily services for those interred in the Nokotsudo. You may have noticed we have fresh flowers in front of the Nokotsudo alter. That is thanks to the Flower Toban volunteers who refresh the flowers weekly. There are a few individuals interred in the Nokotsudo who served in leadership positions within the Temple Board of Directors, supporting organizations and dharma school. The following

14 individuals inside the Nokotsudo served as President, Senshin Board of Directors: Aki Kiyohara, John Matsuda, Tats Minami, Yasuo Mori, John Nishida, Kikuo Ogawa, Nell Sawada, Leo Sugano, Bob Toji, John Tomita, Frank Usui, Mas Uyeno and Asa Wakinaka. Additionally, several ministers and their family members are also in the Nokotsudo. Seven dates have been established as Nokotsudo Clean Up Days for 2023: February 4, March 26, May 20, June 24, August 27, October 28, December 10. If you are interested in volunteering to serve on a cleanup team, please notify Fujie Ohata at fuji2va@gmail.com. As the temple Nokotsudo is maintained by volunteers, any donations (in kind or otherwise) are greatly appreciated.

Vehicle Donation

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.

We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed and refurbished as necessary to bring in the highest sale amount for the donated vehicle.

Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowl-

edge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.

If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-

Wilbur Takashima (310) 398-9558.



Amazon Smile

Did you know that when you shop at smile.amazon.com and designate Senshin Buddhist Temple as your charitable organization, Amazon will donate back 0.5% for qualifying purchases?

From April to June of this year we have received \$222.36. Since we

have been participating in the program a few years ago, we have received \$984.23.

Go to https://smile.amazon.com and select Senshin Buddhist Temple from the list of charities

Thank you for your support.

8 UPDATES: JANUARY 2023 UPDATES cont'd: JANUARY 2023

& ANNOUNCEMENTS!

Message from the Board

Cheers to the New Year and Let Our Dreams Take Flight!

During the past two years led by our past Board President, Russell Nishida, we survived the COVID lock-down and carefully inched our way back to near-normalcy. Last July we celebrated our Senshin Sangha-only Obon with nearly 200 members who were eager to dance and move to the taiko. In October we gathered to cook and prepare our delicious chicken teriyaki dinners and again had a terrific turn-out. In November, Senshin celebrated, although a year late, our 70th Anniversary and Keiro Kai with delicious food and entertainment. And finally, we got together for our end of the year *mochitsuki* celebration to welcome in the new year.

The start of 2023 brings with it an abundance of new goals and aspirations. It's time to be optimistic, dream big, and make new resolutions for the coming year. The New Year motivates us to start new projects and brings energy into our lives with renewed zeal and joy. As we step into another year, I would like to wish you and your family a healthy and wonderful year ahead. May every day be the best day in the year.

In Gassho, KOICHI UYEMURA Board Presiden

B W A

Welcome to the 2023 New Year - Year of the Rabbit. Despite the COVID -19 pandemic, RSV and flu, we are stronger, healthier, and more resilient than ever with our vaccinations and masks. Temple functions are looking more normal as we continue to gather and plan for more fun-filled activities for the coming year. We welcome our new cabinet of officers, especially our new BWA Co-Presidents for 2023-2024, Fujie Ohata and Sandra Aguilar. Please welcome and support them in their new role by joining or renewing your BWA membership. You are never too young or too old to share in the laughter and kitchen table wisdom that comes from being a BWA member. We are a group of mature women whose purpose is to promote the Dharma and the Sangha. Contact Donna Ebata to join at ebatadonna@ gmail.com.

For December 2022 *Toban*, the BWA ladies chaired the Temple Services and provided refreshments after services and during the monthly Temple Board Meeting. Thanks to those who provided the sweet treats for the Jr YBA's Mochitsuki on December 10th and for helping with Osoji on December 11th.

Save the date for the *Hoonko* Seminar January 14th. The BWA ladies will tion in February. So as your situation be providing the refreshments for the event. We will then meet afterwards to prepare for *Hoonko* service January 15th Otoki of *nigome*. Hope you can come share in the joy of company with cooking and chatter.



Please come to the Annual BWA New Year's party on January 29th in our social hall. Suzanne Toji will be catering our luncheon with her famous Feast from the East recipes for \$20 per person. The BWA will be performing an encore of "B-W-A" as performed at the 70th Anniversary/Keiro Kai event. In addition, BINGO will be back. Sign up after family services with Patti Honkawa and Kathie Umemoto or email Patti at pahonkawa@gmail.com. BINGO and raffle prize donations are greatly appreciated. You can drop them off with Sandra and Lee Aguilar.

We thank the following for their generous Dana:

Madalyne Adams In memory of Tosao Yamada

Cathy Iyemura Special JoAnn Komai Special.

ABA

Happy New Year 2023! It is our first full "coming back" year - coming back to in-person activities, coming back to large crowds, back to the dynamics of socializing. It's a process that understandably was eagerly awaited for by some and met with trepidation by others. Senshin ABA is happy to be planning a full year of activities, starting with our Installation celebraallows, we would love for you to join us in-person in this "coming back" year! Until then, please continue to stay in touch online or by accessing the Senshin website.

If you would like to join ABA or

our ABA volunteer mailing list, please contact Deb Hiramoto (Debhiramoto@gmail.com).

Our gratitude to our friends for their kind donations in 2022:

Kaz Nakawatase family In memory of Kaz Nakawatase

Greg Yee In memory of mother, Rose Yee

Ron and Fujie Ohata Special Glen and Joyce Isomoto In memory of stepmother, Kiyoko Isomoto Sumi Hayamizu Special Paula Shirasago In memory of husband, Gary Shirasago Marilyn and Dennis Miyamoto Birth of grandson, Jordan Miyamoto

Jr Y B A

Cathy Iyemura Special

Jr. YBA were hard at work in the incoming winter season. At the beginning of the month, Jr's met up with Oxnard and Pasadena's Jr. YBA for miniature golf. With the help of the family members of Jr. YBA, we successfully accomplished our second Mochitsuki since the COVID Pandemic. Jr's and their families spent five days learning, prepping, and making mochi. We'd like to thank all of those who helped make our *Mochitsuki* successful and to those who bought mochi. We hope everyone had a good New Years and is staying warm!.

Aruku-Kai "Let's Walk" Club

We're re-starting Aruku-Kai with a walk on Saturday, February 11, in Pasadena. Join us! Senshin members and friends of all ages are welcome. The goals of Aruku-Kai Club are: 1) to strengthen our Sangha and 2) to practice mindfulness by exercising our minds and bodies in nature. Please contact Kelvin Nishikawa (kelvinenishikawa@gmail.com), Lauren Ohata (lauren.ohata@gmail.com) or Russell Nishida (nishida@cox.net) if you'd

like to come or if you have questions. Let's aruku (walk)!

Social Media

Instagram: Users are now able to not only follow accounts, but hashtags. You can follow #SenshinEverything and also tag your posts of Senshin with the hashtag if you'd like others to see solely your Senshin pics.

That's #SENSHINEVERYTHING.

You can now view the **Senshin** Google Calendar here: https://bit. ly/2Gbhc27

If you would like to add the Senshin Calendar to your iPhone or iPad:

1. Launch the Settings app on your iPhone or iPad.

- 2. Tap on Mail, Contacts, Calendars.
- 3. Tap on Add Account...under the Mail section.
- 4. Tap on Other.
- 5. Tap on Add Subscribed Calendar under the Other section
- 6. Enter or copy in the following link: https://calendar.google.com/ calendar/ical/ir9b2e26vovo0a0rhht 9kt6i0k%40group.calendar.google. com/public/basic.ics



SenshinBuddhistTemple



@senshinji



@senshinji

2023 Senshin Nembutsu Retreat Theme:

Healing Trauma in the Twenty-First Century: The Path of the Foolish Being and Boundless Compassion

We live in a time of enormous change and challenges: The Covid-19 pandemic, the war in Ukraine, climate change disasters, high inflation, and political extremism. In the midst of such difficulties and suffering, many are experiencing trauma. Buddhism teaches us that trauma may be understood through the lens of the First Noble Truth of Suffering. When we understand suffering deeply, there arises the awareness of the foolish being illuminated, enveloped, and dissolved into the Great Ocean of Light of Boundless Compassion. Through teachings and stories, we will explore together this Shin Buddhist path of Great Compassion.

Rev. Dr. Mark T. Unno is a Professor of Religious Studies, Religious Studies Department Head at the University of Oregon and has spoken numerous times at Senshin Buddhist Temple. He is the son of Rev. Taitetsu Unno, former minister at Senshin.

Please come join us. The program will be similar to the ret reats in prior years featuring morning, afternoon and evening sessions on Saturday and a morning session on Sunday. A buffet Santa Maria-style dinner is available on Saturday evening and a Deli Sandwich lunch is offered on Sunday. Breakfast is offered to those staying overnight at the hotel on Friday and Saturday. Registration forms for the Retreat, hotel rooms and meals are available on Senshin's website or on request. Register early as Rev. Mark has been a very popular guest speaker in the past.

Our discussions are usually free-flowing and often include sharing of personal stories that are illuminating, meaningful and something that doesn't often happen in our usual encounters at Senshin.

The 2023 Senshin Nembutsu Retreat will be held February 4 & 5 at the Palm Garden Hotel in Thousand Oaks. You must pre-register. The registration form may be found on the website: senshintemple.org. The registration deadline is January 9. Registration form can be found in the website senshintemple.org.

10 JAPANESE UPDATES: JANUARY 2023

洗心仏教会 2023年1月

11月感謝録:

寄付:M小谷,D白砂,Mayumi小谷,N/J臼井,E&E村上

D比嘉,N&W永谷,D.Trihey, 匿名

お礼:ソシャルホール使用一D松原

チキンテリヤキ寄付:S菅野,S.Brittan

お賽銭: M.Adams

故A紫垣追悼:E&S.Young 故M桑木3回忌:D比嘉

故A清原13回忌,C清原25回忌: D松原

納骨堂: H西田財団,M.Adams,R清原,T&D松原

2023新年お祝い:H西田財団

1月法要スケジュル:

1日(日) 10a 修正会法要 11:30a お雑煮 8日(日) 8:30a 婦人会例会 9:45a 日本語法要 10a 祥月法要 各役員就任式 理事会

11a ドーナツ/コヒー

11,12,13,日(水-金)

6:30p 報恩講勉強会

14日(土) 10:30a 報恩講勉強会—Kodo Umezu名誉会教使

15日(日) 9:30a 日本語法要

10a 報恩講法要(親鸞聖人メモリアル)- Kodo Umezu名誉会教使

12:00a おとき-婦人会

22日(日) 10:00a 家族礼拝

11a 勉強会

キッズ太鼓

28日(土) 9a-12noon 冬季パシフィーJessica Main教授,British Columbia大学

12noon 婦人会新年宴会,

1月法要当番: お寺

1月本堂当番: D赤嶺,R山下,E吉村,B岩崎

1月お花当番: 7日P本河,14日I高島,21日R堀,R.Kok28日P森川,2/4日A横山 もし予定日に当番ができない時には、Iris(310-951-0160)またはitakashima@aol.comまでご連絡ください。

11月供花:T&J赤堀,E下原,M/R.Sonday,A横山,M西川,B山下,G&J磯本,M後潟,J南,C小島

2023年2月の予定:4-5日念仏レトリート(マーク海野先生).5日成道会法要

UPDATES cont'd: JANUARY 2023



SOUTHERN DISTRICT/CBE/IBS

WINTER PACIFIC SEMINAR

JANUARY 28, 2023

HOPE

From Shinran's Perspective

IN PERSON & VIRTUAL EVENT

(In English or Japanese)



PROFESSOR JESSICA MAIN

Professor Jessica Main is the Associate Head, Chair, and Director of The Robert H. N. Ho Family Foundation Program in Buddhism at the University of British Columbia. She completed her doctrinal studies at McGill University, with a dissertation on the modern history of human rights and descent-based discrimination in Japanese Shin Buddhism. An associate professor at UBC, her research concerns modern Buddhist ethics, social action, and institutional life in East and Southeast Asia.



REVEREND YASUSHI KIGOSHI

木越 康

カリフォルニア州バークレー市生まれ。 1985年、大谷大学大学院文学研究科真宗学専攻修士課程 入学。1990年、同大学院文学研究科真宗学専攻博士後期 課程満期退学。2013年より大谷大学教授となり、2016年 から2022年3月まで大谷大学学長を務めた。

2022年4月から2023年3月までバークレー市に在留し、 カリフォルニア大学バークレー校にて客員研究員として 活動中。

著書:

『「正像末和讃」を読む』(大阪教区) 『ボランティアは親鸞の教えに反するのか』(法蔵館) 『後世物語聞書聴記』(東本願寺)

LOS ANGELES HOMPA HONGWANJI BUDDHIST TEMPLE 815 E. FIRST STREET, LA, CA 90012

REGISTRATION INFO & IN-PERSON BENTO ORDER:

https://tinyurl.com/WINTERPACSEM

SENSHIN-JI 2023 JANUARY 2566

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 🕿 323 731 4617 🗱 SENSHINTEMPLE@GMAIL.COM 🍪 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Dec 31
						5p <i>Joya-E</i> End of the Year Service
1 Oshogatsu	2	3	4	5	6	7
10a Shusho-e, New Year Day Service 11:30a Ozoni served by Sangha						
8	9	10	11	12	13	14
8:30a BWA Reikai; 9a ABA Meeting 9:45a Japanese <i>Howa</i> 10a Monthly Memorial Service/ <i>Shotsuki Hōyō;</i> Installation of temple board and affiliated organizations; Temple Board Mtg following service 11a Donuts; Jr. YBA Meeting		10:30a-2p WasabiKai Open Studio	6:30p Hoonko Study Classss	10:30a-2p WasabiKai Open Studio 6:30p <i>Hoonko</i> Study Class	6:30p <i>Hoonko</i> Study Classss	10:30a <i>Hoonko</i> Seminar, Rev. Kodo Umezu (Minister Emeritus)
15 Hoonko	16	17	18	19	20	21
9:30a Japanese <i>Howa</i> 10a <i>Hoonko</i> Service, Shinran Shonin Memorial. Rev. Kodo Umezu (Minister Emeritus) 12noon <i>Otoki</i> by BWA		10:30a-2p WasabiKai Open Studio		10:30a-2p WasabiKai Open Studio		
22	23	24	25	26	27	28
10a Family Service 11a Study Class; Youth Kinnara Taiko	7p Virtual <i>Zadankai</i> (orig 1/16)	10:30a-2p WasabiKai Open Studio		10:30a-2p WasabiKai Open Studio		9a-12noon Winter Pacific Seminar at Nishi Betsuin; Guest Speaker, Professor Jessica Main, University of British Columbia (E), Rev. Yasushi Kigoshi, Ohtani University (J)
29	30	31	Feb 1	Feb 2	Feb 3	Feb 4
10a Family Service, Guest Speaker, Professor Jessica Main, University of British Columbia 12noon BWA New Year Party / Shinnenkai	-	10:30a-2p WasabiKai Open Studio		10:30a-2p WasabiKai Open Studio		

JANUARY TOBAN:

January Service *Toban* Temple **January Hondo** *Toban* Don Akamine, Richard Yamashita, Evelyn Yoshimura, Bruce Iwasaki

JANUARY *Onaijin* Flower *TOBAN*:

January 7
January 14
January 21
January 28
February 4

Patti Honkawa
Iris Takashima
Robert Hori/Richard Kok
Paige Morikawa
Arlene Yokoyama

(Note: If you are unable to fulfill the week you are scheduled, please contact Iris at (310) 951-0160 or itakashima@aol.com)

UPCOMING IN FEBRUARY 2023

February 4/5 Nembutsu Retreat (Rev. Dr. Mark Unno)

February 5 Nirvana Day Service

February 11 ABA Installation lunch, Kami Buffet