



Over One Trillion Years in Hell

A temple member donated a Buddhist painting. This is a big painting of the Buddhist protector gods, called *Shitenno*, or Four Guardian Kings. The frame measures 46" x 82." This painting is displayed in the temple office. If you come to the office, you will

not miss it because it is very big and colorful.

The member said that the painting was from the countryside of Bhutan about 20 years ago. Bhutan purposely tried to keep its pre-modern lifestyle for many centuries. It is said that the government allowed people to watch TV from 1999. They were

not westernized very much in the beginning of the 21st century. I assume that the Buddhist painter, living in the countryside of Bhutan about 20 years ago, had deeper insight and senses, something we are not able to see. The painting is dynamic and natural, as if it has spiritual power.

This painting is called *Thangka*. It is one of Tibetan Buddhist items. Tibetan Buddhists use *Thangka* for visualization meditation practice, having prayer, conducting rituals, and hanging it for spiritual protection.

Mayumi-san who studies Tibetan Buddhism, wrote an explanation of this *Thangka*. You can learn about *Thangka* and *Shitenno* (Four Guardian Kings) from her article.

Tibetan Buddhism reveres a variety

of Buddhas, Bodhisattvas and Devas, but in Jodo Shinshu, we have only Amida Buddha or *Namoamidabutsu* as an object of reverence.

Hence, we do not place the statues or paintings of *Shitenno* or other Buddhas, bodhisattvas in the *hondo* or places of worship. Therefore, we do not hear about *Shitenno* very much.

Genshin Kasho or Master Genshin (942-1017), who is one of the seven Masters of Jodo Shinshu, mentioned *Shitenno* a little. He lived in the Heian period in Japan and was known as the author of *Ojo Yoshu* (The essentials for attaining birth in the Pure Land). Sometimes, *Ojo Yoshu* is compared to Dante's *Divine Comedy* (13th century) because they both described hell. Master Genshin collected passages

about hell from many sutras. He introduced eight kinds of hell and described what kind of torture you would get at each hell. According to a sutra, there is a hell, called the hell of repeating life. There, people are hit and chopped by ogres and die. But after they die, a comfortable breeze blows and they come back to life again. Then they would be hit and chopped again and again. Such life will repeat until the end of the life of hell. How long does the life of hell last? Master Genshin wrote that it is super long. According to a sutra, the *Shitenno*'s one day is the same length as our fifty years. Our one hundred years is *Shitenno*'s two days. The hell's one day is the same length as *Shitenno*'s five hundred years and

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The Four Guardian Kings Thangka

This thangka depicts the Four Guardian Kings (Jpn. *Shitenno*, 四天王), each of whom took a vow in front of Shakyamuni Buddha to protect the dharma. Each one represents a cardinal direction of Mount Meru, the physical, metaphysical, and spiritual center of the universe in Buddhist, Jain, and Hindu cosmology. These figures are seldom depicted individually, but rather as a group. They are often found in murals at the outer entrances of Vajrayāna temples and/or monasteries. They are not found inside temple buildings because they are still worldly beings, caught in the cycle of *samsara*.

From left to right, top to bottom:

1) **Dhritarashtra** (持国天, *Jikokuten*) lives on the east side of the lower slopes of Mount Meru. He is depicted with a lute because he is the leader of Gandharvas, a class of celestial beings noted for their skills in music and dance. Gandharvas can fly through the air and feed off of scent.



Perhaps for this reason they are known to dwell in bark, flowers, and sap. In Tibetan they are called "drisa" or "scent eaters."

地獄ですごす1兆年

古本竜太

お寺のメンバーの方が仏画を寄付してくださいました。四天王と呼ばれる仏教の守護神を描いた大きな絵です。額の大きさは46インチ×82インチで、私の身長よりも高いです。この絵は今、寺務所に展示されていて、とても大きくてカラフルなので、どこにあるかひと目でわかります。

この絵は20年ほど前にブータンの田舎で描かれました。ブータンは、何世紀にもわたって、前近代的な生活や価値観を維持するよう務めていたようです。ある記事によると、国の方針で1999年まで国内にテレビを入れていなかったそうです。20年ほど前、21世紀初頭のブータンの田舎でこの絵を描いた仏画師は、私たちには見えないものを見る深い洞察力や感覚を持っていたのではないかと想像しています。それでこの四天王の絵を見ると、何か霊的なパワーがあるようにも思えてきます。

この絵は「タンカ」と呼ばれるもので、チベット仏教の仏具の一つです。チベット仏教では、タンカを瞑想、祈り、儀式などで使用するようです。チベット仏教を研究している小谷真由美さんが、このタンカの説

明を書いてくれましたので、タンカと四天王については、真由美さんの記事を参考にしてください。(英語欄にあります。)

チベット仏教では様々な仏、菩薩、神々を礼拝しますが、浄土真宗では阿弥陀如来または南無阿弥陀仏のみを礼拝の対象としていて、四天王や他の仏像や菩薩像を本堂に安置したり礼拝の対象とすることはありません。ですからお寺で四天王の話聞くことはあまりないです。

けれども、浄土真宗の七高僧の一人である源信和尚(942-1017)は、四天王について少しふれています。源信和尚は平安時代の天台宗の僧侶で、『往生要集』を著しました。

源信和尚は、多くのお経の中から、地獄に関する説明や描写を集め

ました。『往生要集』

では八種類の地獄を紹介し、それぞれの地獄でどのような苦しみを受けるのかなどを説明しています。地獄の種類の一つに等活地獄というものがあります。そこでは、人々は鬼に鉄棒などで打たれたり、切られたりして死ぬのですが、死んだ後、心地よい風が吹いて、また生き返ります。それで等しく復活するということで、等活地獄というそうです。

けれども、生き返ってもまた、打たれて、切られて、死ぬのです。そんな生活が、地獄での寿命が終わるまで繰り返されます。地獄での命はどのくらい続くのでしょうか？ 源信和尚はここで四天王のことに少しふれます、天界にあたる四天王の一日

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2) **Virudhaka** (増長天, *Zōchōten*) lives on the south side of Mount Meru. His skin is blue and poisonous to the touch. (Blue skin as a symbol for the absorption of poison occurs also with Krishna, whose blue skin is said to originate from his battle with a five-headed serpent in the Yamuna river,



which exposed him to its venom. The god Shiva also has a blue neck because he is said to have drunk the poison called Halahala at the beginning of creation to keep it from destroying the world. The goddess Parvati then grasped his neck to prevent it from flowing throughout his body. The poison remained there, turning his neck blue.) Virudhaka is also depicted with a drawn sword which is ready to cut down anyone who would approach with evil intent.

3) **Virupaksha** (広目天, *Kōmokuten*) lives on the west side of Mount Meru. His name means "ugly eyes," and his gaze is said to bring harm to others, so he focuses instead on the little stupa he carries around with him. He is the leader of the nāgas (serpent-like beings) and pūtanās



(meaning "putrefaction," these were evil spirits associated with sickness in babies, named after the demoness Pūtanā, who attempted to nurse the infant Krishna with her poisonous breastmilk. Krishna instead suckled the life force out of her, causing her death. It is difficult not to see this word as a cognate with the Latin "puta" for "girl," but later becoming a vulgar term for "prostitute" in many Romance languages).

4) **Vaishravana** (毘沙門天, *Bishamonten*) lives on the north side of Mount Meru. He is the leader of the Four Guardians and of the yakshas, a broad group of nature-spirits who can be benevolent or mischievous and who are connected with water, trees, the forest, and treasure.



Vaishravana also goes by the name Kubera, the god of wealth in Hindu mythology. As such, he is often depicted holding a mongoose who vomits jewels, a common symbol of wealth. Treasure is thought to be guarded by nāgas. The mongoose, being a natural enemy of the snake, is a symbol of Vaishravana's triumph over the nāgas and his pilfering of their treasure.

Monthly Memorial OCTOBER
Virtual Shotsuki Service October 3 at 10a

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person's relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED'S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Mother	Akahori, Umeji
Hashimoto, Miwako	Husband	Hashimoto, Henry
Hiramoto, John & Paul	Mother	Hiramoto, Sumiko
Ikari, Kathy	Father	Tsuboi, Don
Ikegami, Sumiko	Husband	Ikegami, Shigeto
Ishizuka, Karen	Father	Ishizuka, Tadashi George
Kunitake, Kimiyo	Aunt	Wada, Masako
Kuwata, Tom	Mother	Kuwata, Yuriko Lillian
Matsubara, Tammy	Grandmother	Kiyohara, Chiyeko
Matsubara, Tammy	Uncle	Kiyohara, Ronnie
Matsumura, Henry	Mother	Matsumura, Laura
Motokane, Eddie	Father	Motokane, Edward Yoshiaki
Nakawatase, Richard	Grandmother	Nakawatase, Kise
Nakashima, Jean	Husband	Nakashima, Howard
Nishisaka, Merrie	Sister	Nishisaka, Mary Ann
Nishisaka, Merrie	Uncle	Sanada, Masami
Ogawa, Jerry	Aunt	Matsumoto, Miwako
Okazaki, James	Father	Okazaki, Takashi
Sakakura, Michiko	Father	Sakakura, Motoji
Sakakura, Michiko	Husband	Sakakura, Joe
Sonday, Reiko	Mother	Nimi, Kiyoko
Takashima, Iris	Mother	Jinde, Peggy
Takashima, Wilbur	Grandfather	Takashima, Katsue
Yamashita, Betty	Grandfather	Ito, Yetsusaburo
Yokoyama, Arlene	Husband	Yokoyama, Stan
Yoshida, Miyeko	Mother	Aizawa, Ume

Senshin
Eshinni, Kakushinni, Lady Kujo and
Senshin BWA Memorial Service



ESHINNI



KAKUSHINNI



LADY KUJO

We will hold a memorial service for the late Senshin Fujinkai (BWA) members in conjunction with the Eshinni, Kakushinni and Lady Kujo memorial service on Sunday, October 24 at 10 a.m.

Eshinni was the wife of Shinran Shonin and their daughter, Kakushinni, founded the origin of the Hongwanji temple. Lady Kujo was the daughter of the 21st Monshu. She helped to found the Fujinkai in 1904. The service will be sponsored by the Senshin BWA and the guest speaker will be Rev. Candice Shibata, Stockton Buddhist Temple.

10月24日、日曜日午前10時に、恵信尼さま一覚信尼さま及び九条武子夫人の記念法要とともに、当洗心寺の婦人会会員で亡くなられた方々の追悼法要を行恵信尼さまは親鸞聖人の奥方で、ご息女、覚信尼さまは本願寺のもととなる親鸞聖人のご廟所を建てられた方です。九条武子夫人は仏教婦人会の創設者として知られています。この法要は婦人会の主催です。ゲストスピーカーはストックトン仏教会の柴田キャンデイス開教使です。

October and November
Buddhist Study Classes,
“Senshin Bukkyo Gakuin”

We will have Basic Teaching of Buddhism and Basic Teaching of Jodo Shinshu classes in the fall. These classes will be on-line classes and they will continue from the earlier sessions that took place in June and August. Those who did not attend the previous sessions are welcome to join from this third session. There will be a total of five sessions.

The Basic Teachings of Buddhism 3
Rev. Aki Rogers, Tuesdays, October 5, 12, and 19, 2021, 6:30pm to 7:15pm

Over the course of three meetings, we will read and discuss some of the basic teachings of Buddhism, focusing on the beginning of Mahayana Buddhism, Five Skandhas, and Six Paramitas.

The Basic Teaching of Jodo Shinshu 1-3
Rev. Ryuta Furumoto, Wednesdays, October 27, November 3, and 10 at 6:30 pm to 7:15 pm

The classes will cover important terms such as *Shinjin*, *Nembutsu*, *Tariki* (Other Power), *Ojo* (Birth in the Pure Land), etc. The classes will also cover the life of Shinran Shonin, the history of Jodo Shinshu, and an introduction to the teaching of the Seven Pure Land Masters.

Everyone is welcome. If you have not signed up yet, please sign up to take the classes at senshin-temple@gmail.com. You can take two classes or just one class. And you can come when you can. Those who signed up for the last sessions will receive the class links.

You can receive *Collected Works of Shinran* as a sign-up gift! There is no charge for the book and no registration fee but we will accept donations.

AUGUST DONATIONS

Nick and Wendy Nagatani
Nokotsudo
Satomi Saneto
In memory of Koima Saneto
Madalyne Adams
In memory of Kogiku Kuwata
Madalyne Adams
Osaisen
Miki Fujimoto
In memory of Bobby Hearn
Ed and Susan Young
3rd Cycle Memorial for Doris Shigaki
Minako Nishihira
3rd Cycle Memorial for Doris Shigaki
Dennis Taguchi
3rd Cycle Memorial for Doris Shigaki
Lynn Taketomo
Donation
Dennis and Celia Huey
Donation
Lori Kanda Kelly
Funeral for Kiyoko Kanda
Suzanne Toji
In memory of Bob Toji
Eugene & Elaine Murakami
In memory of Roy Asahi
Kenneth Hatai
Dana
Irene Sato Gillies
Nokotsudo Renovation
Lynn Kanda
In memory of Mamoru Kanda
Fusaye Muramaru
Donation
Fujimoto Family
Nokotsudo
Ed and Susan Young
Nokotsudo
Family of Wataru Namba
Funeral service for Wataru Namba
Rev. Masao Kodani
Nokotsudo Renovation
Bob Takamoto
Donation

Linda Hiji
Burial Service for Hisako Hiji
Robert & Debbie Oye
Nokotsudo
Dale Shirasago
Dana
Mayumi Kodani
Donation
Teresa Wong
Nokotsudo renovation
Reiko & Ken Koyanagi
Nokotsudo
Karen & Ron Broberg
Nokotsudo Renovation IMO Frank Usui
Debbie & John Hiramoto
25th cycle Memorial for James Kanagawa
Kanagawa & Huey Families
25th cycle Memorial for James Kanagawa
Paul Hiramoto
25th cycle Memorial for James Kanagawa
Yooko Munekata
Obon
Bob Nakamura & Karen Ishizuka
Obon
Robert Takamoto
Obon
Lynn Taketomo
Obon
Matsuko Uyeno
Obon
Qris Yamashita
Bukkyo Gakuin
Deb & John Hiramoto
Bukkyo Gakuin
Mike & Lily Yanagita
70th Anniversary Capital Campaign

FLOWER DONATION

Ruby Kiyohara
Tammy & Dale Matsubara
Suzanne Toji
Arlene Yokoyama
Lillian Tanaka
Kazuo Matsubayashi

SHOTSUKI HOYO
AUGUST 2021

Observant
In Memory Of
Julie Akahori
Shinichi Uyetake
Dorothy & Harry Higa
Doris Shigaki
Glen and Joyce Isomoto
Ikusuke & Sakuyo Isomoto
Tamotsu Ito
Father Tokuo Ito
Lori Kanda Kelly
Mamoru Kanda
Jane Kitano
Masao Otamura
Ruby Kiyohara
Suyekichi Nakawatase
Lori Kanda Kelly
Mamoru Kanda
Tammy & Dale Matsubara
Suyekichi Nakawatase
Patricia & Ira Murobayashi
Dorothy Nakaya
Mamie Okamoto
Doris Shigaki
Paula & Gary Shirasago
Saburo Shimada
Wilbur Takashima
Mitsuo Taniguchi
Lilian Tanaka
Rodney Shiosaki
Betty Yamashita
Mother Nancy Takahashi

Vehicle Donation

We take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.
We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed and refurbished as necessary to bring in the highest sale amount for the donated vehicle.
Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowledge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.
If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-0048, or Wilbur Takashima (310) 398-9558.



Donation College Savings 529 Plan

Senshin has a College Savings 529 Plan to help with the costs of higher education for our minister's family.
Contributing to this fund will provide tax-free income for the minister's children when they are college age. In eight years at 7%, monies put in today could almost double by the time they are ready to go to college.
If you would like to contribute, you have two options:
1. Write a check out to Senshin Buddhist Temple along with a memo or note indicating you would like to contribute to the 529 account.
2. You can write a check out to MESP (Michigan Education Savings Program) and mail it directly to PO Box 55925, Boston, MA 02205-5925. Be sure to send a note indicating the contribution is to go to the Senshin Buddhist Temple, Account #9393725.
If you write a check to Senshin, there is no minimum. If you write a check to MESP, the check must be \$25 or more.
Owned by the temple, the intention of the fund is to provide additional support to its minister and family. If you have any questions, please feel free to contact Eugene Murakami at (909) 861-0697 or genemura@roadrunner.com.

Senshin
Jr YBA



Sago Palm
Fundraiser



Donated by
Mrs. Uyeno

Approx. size
5.5 ft tall x 6 ft wide
\$150

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ONE TRILLION YEARS...

hundred years of hell's time. Someone calculated it to be about one trillion and six hundred billion years of a human's length of day.

Master Genshin also said, those who kill other beings will go to hell. Probably, most people will go to hell. We kill other beings almost everyday in order to eat. Directly or indirectly, we kill livestock, fish, veggies, fruits, insects, and vermin. In order to live, we need to kill others. In a sense, our lives are programmed as ego-centric and we are not able to stop eating and killing, so most of us need to go to hell.

But in Jodo Shinshu, it has been taught that those who think they go to hell will be born in the Pure land. Amida Buddha promises to save people who cannot be born in the Pure Land by their own effort, so each of us, who eat everyday, can be born in the Pure Land.

Jodo Shinshu Buddhists reflect on our self-centeredness and try to be less ego. We thank other lives for sustaining our lives and we try not to waste food and try not to kill other beings as possible.

When you come to the temple in the very near future, please enjoy seeing the Thangka in the office and also remember that the length of time in hell is super long, so entrust in Amida Buddha to be born in the Pure Land.

Namoamidabutsu.

REV. RYUTA FURUMOTO

Continued from page 3

地獄ですぞす1兆年

ます。そして、地獄の一日は四天王の五百年と同じ長さで、地獄に行けば、地獄の時間で五百年間も苦しまないといけませんが、ある人の計算では、人間の1日の長さの約1兆6千億年になるそうです。

そしてその地獄には、殺生した者が落ちると言っています。そうなりますと、おそらく、ほとんどの人が地獄に行くことになると思います。私たちは食べるために毎日のように生き物を殺しています。直接的、間接的に、家畜、魚、野菜、果物、昆虫などを殺しています。生きるためには他の命を奪わなければならないのです。ある意味では、私たちの人生は自己中心的にプログラムされているといえるでしょう。それで、ほとんどの人は地獄に行かなければならないのです。

けれども、浄土真宗では、阿弥陀さまは、そういった地獄に行く人をこそ救う、と説きます。そして、それを「地獄に行くと思う人が浄土に生まれる」と表現します。阿弥陀仏の、自分の努力ではとうてい浄土に生まれられない者を救うとの願いとその願力のおかげで、自己中心で地獄行きの私たちが浄土に生まれることができるのです。

そういった仏の願いと力をいただく浄土真宗の仏教徒は、かえって自己中心的な考えを反省し、できるだけエゴを拡散しないようにしようと務めます。自分の命を支えてくれている他の命に感謝し、食べ物や無駄にしないようにして、なるべく他の生き物を殺さないようにとの思いが育まれるのです。

お寺に来られた際には、寺務所のタンカを見てください。そして、地獄の時間のことも思い出し、地獄行きの私をお浄土に生まれさせてくださる阿弥陀さまに感謝し、お念仏しましょう。

南無阿弥陀仏

Let's Go to Kyoto in 2023!

The Joint Celebration of the 850th Anniversary of Shinran Shonin's Birth and 800th Anniversary of the Establishment of the Jodo Shinshu Teaching will take place at our mother temple, Nishi Hongwanji in Kyoto in 2023.

We are planning to attend this celebration service and event on May 10. Many other overseas delegations from BCA, Canada, Hawaii, South America, Europe, and Asian Countries, are planning to attend the service on this day. The Hongwanji will have a translation for the attendees.

This will be a great opportunity to express our appreciation for Shinran Shonin, who founded the Jodo Shinshu Tradition. Thanks to this universal teaching that excludes no one, we are enabled to live with peace of mind entrusting ourselves to Amida Buddha's salvific working. We look forward to welcoming as many fellow Nembutsu followers as possible from the overseas sanghas to this only once in fifty-year occasion.

We are also planning to have a tour to visit several Shinran Shonin's Sites and enjoy eating oishii Japanese food. If you are interested in participating in the commemoration service and event, please contact the temple, senshintemple@gmail.com, or contact Rev. Furumoto.

For BWA members, the 17th World Buddhist Women's Convention is scheduled for May 11 and 12, 2023, and BWA is planning to attend the convention and to have a tour. If you are interested in participating in the BWA Convention, please contact Mrs. JoAnn Komai.

Updates & ANNOUNCEMENTS!

Message from the Board

During our September Board of Directors meeting we concluded that conditions are not safe enough to reopen for in-person services on 9/12. This is disappointing but we believe it's the most responsible decision we can make at this time. We will continually evaluate the situation and will notify Sangha members via email and www.senshintemple.org regarding the safe reopening of Senshin for Sunday services. In addition, we decided to postpone our temple's 70th anniversary celebration on 11/21 until next year. We really want this event to be joyful and without COVID worries damping our spirits.

There are some in-person activities going on at Senshin. In-person funerals and *hojis* are allowed if they conform to our COVID guidelines. Some vaccinated members of organizations are meeting or practicing in-person and no change in their schedules is necessary at this time. When you are participating in one of those activities please be sure to put your name and phone number on the sign-in sheet. This will help us with contact tracing in the event COVID is detected amongst us.

In the meantime we will continue to webcast our Sunday services via Zoom. Please join us on Sundays at 9:45am for Aki-Sensei's Virtual Kid's Talk and at 10:00am for Family Service.

In Gassho,

RUSSELL NISHIDA

B W A

Welcome back, everyone, after having much needed rest in August. Due to the lingering pandemic, we are delayed again in meeting in person, and will continue to be patient awaiting its passing.

Behind the scenes, we have Senshin Buddhist Women's Association (BWA) representatives who will attend, virtually, the Southern District Buddhist Conference that will be hosted by Gardena Buddhist Church on Saturday, October 9th.

For our annual day of remembrance, we invite you to attend, virtually, our memorial service on Sunday, October 24 at 10am to honor our late Senshin Fujinkai (BWA) members in conjunction with the Eshinni, Kakushinni and Lady Kujo Memorial Service. With gratitude, we honor Eshinni, the wife of Shinran Shonin and their daughter, Kakushinni, who founded the Hongwanji Temple. We will also honor Lady Kujo, who was the daughter of the 21st Monshu and is the founder of the Fujinkai in 1904. Our special guest speaker is Reverend Candace Shibata from the Buddhist Church of Stockton

Since we are safer apart for a little longer, it's important to still stay in touch with each other. We still have our virtual chats every other week for all Sangha members, not just BWA members. Please contact JoAnn Komai if you are interested in participating or even just to listen to the chatter at jykamai55@gmail.com.

With immense gratitude, we thank the following for their generous dana:

- JoAnn Komai *Special*
- Deb Hiramoto *Higani*

A B A

ABA will have lunch together on October 2nd at 11:30am in Senshin's Parking lot. Members will bring their own lunch and drink. Ronnie Ohata will bring doughnuts.

Our next zoom bingo is scheduled for October 16th. Please contact Debbie Hiramoto if you wish to participate.

Jr Y B A

The Jrs. attended the Southern District Jr. YBL Conference in September, hosted by the Arizona Jr. YBA via Zoom. At that time, it was announced that one of the recipients of the Chuck Matsumoto Kokoro Scholarship is Senshin's very own, Halle Fukawa. Congratulations Halle, and good luck at UC Berkeley!

We will be chairing temple service in October, and hold a "Day of the Gaki" event via Zoom on October 31, so look out for more details to come. If you have a Dharma School aged child, please have them sign in and have some fun.

The Jrs. met and held elections for our new cabinet, in addition to welcoming 4 new members. We are now a solid group of 10. We are always happy to welcome more high schoolers, so if you're interested, please contact parent advisor, Joyce Yamashita at kyokosam@aol.com..



Kintsugi: The repair of broken objects?

What comes to mind is the repair of broken pottery, restoring a cherished cup or bowl using lacquer mixed with

洗心仏教会

8月感謝録:

寄付:	D&C.Huey,K.Hatai,L竹本,F丸山,B高本 D白砂,Mayumi小谷,	故K實藤追悼:S實藤 故K桑田追悼:M.Adams
葬儀:	故W難波一難波一家 故K神田一L神田	故B.Hearns追悼:M藤本 故B東司追悼:S東司
お墓埋蔵:	故H日出一L日出	故R朝日追悼:E&E村上
お盆:	Y宗方,Bなかむら/K石塚,B高本,L竹本 M上野	故M神田追悼:L神田 故D紫垣3回忌:E&S.Young,M西平,D田口
仏教学院:	Q山下,D&J平本	故J金川25
回忌:D&J平本,金川&Huey一家		
納骨堂:	N/W永谷,I.S.Gilles,藤本一家,E/S.Young,P平本 M小谷,R/D大江,T.Wong,R/K小柳,K/R.Broberg	
70年記念:	M&L柳田	
お賽銭:	M.Adams	

10月法要スケジュール:

2日(土)	午前11:30	ABAランチ,於: 駐車場
3日(日)	午前9:45 10:00 午後6:30	ヴァチャルキッズお話 ヴァチャル祥月法要 仏教学院クラス
7日(木)	午後7:00	ヴァチャル理事会
9日(土)	TBD	ヴァチャル南加婦人会総会 USC-UTAHフットボール: 駐車場ファンドレイズ
10日(日)	午前9:45 10:00	ヴァチャルキッズお話 ヴァチャル家族礼拝
12日(火)	午後6:30	仏教学院クラス
16日(土)		ABAヴァチャルビンゴ
19日(火)	午後6:30	仏教学院クラス
24日(日)	午前9:45 10:00	ヴァチャルキッズお話 ヴァチャル恵信尼/覚信尼/婦人会法要 Candice柴田開教使(Stockton)
27日(水)	午後6:30	仏教学院クラス
30日(土)	TBD	USC-Arizonaフットボール: 駐車場ファンドレイズ
31日(日)	午前9:45 10:00	ヴァチャルキッズお話 ヴァチャル家族礼拝
11月3日(水)	午後6:30	仏教学院ムラス
11月4日(木)	午後7:00	ヴァチャル理事会

8月供花: R清原,T&D松原,K松林,A横山,L田中,S東司

10月お花当番: 2日Q.山下,9日D竹原,16日D/R小谷,23日S.Lovall,30日P本河,11/6日P森川

もしお花当番ができない場合はIris(310-951-0160)にお電話ください。

10月お寺当番: Jr. YBA

10月本堂当番: K植村,D松原,T松原,A湯川

11月の予定: 11/21日: ヴァチャルお寺総会

2021年10月

powdered gold, silver, etc., and making it useful again. We have become used to discarding or replacing things without giving it a second thought.

A couple of weeks ago my watch band broke and I took it to Mickey Seki in Little Tokyo to see if he could replace it. He looked at it and said it was unusual and would have to be ordered from Seiko. He then turned to his workstation without saying anything to me. I was thinking to myself how much would this cost me and perhaps I should just replace it with



something not original to the watch. I noticed he had put on his jewelers magnifiers and reached for a needle and thread. In a couple of minutes he returned my repaired watch band.

He had sewed and glued the broken band. "Give it a few minutes for the glue to dry and it should last you awhile." I was amazed at the repair and asked "what do I owe you?" His reply was two dollars! I was shocked and offered twenty, but he refused stating it only took a couple of minutes. I realized I found a true craftsman who valued repair over replacement. My broken watch band was given a second life.

While working in clay we often are able to recycle a piece that cracks while drying or broken while mishandled, but sometimes a piece will crack during the glaze firing and as in the case of the piece above it can be repaired and given new life. Tammy Matsubara, one of our WasabiKai regulars took it upon herself to mend a piece she worked so hard to make, in fact the repair gave the piece a new look that added to an already interesting piece.

This practice of *Kintsugi*, repairing what's broken, also encompasses the concept of *mottainai* as well as embracing the philosophy of *Wabi-Sabi* in regards to imperfection and beauty. As we move through our daily lives we should try to observe these concepts and as potters make them part of our practice

Social Media

Instagram: Users are now able to not only follow accounts, but hashtags. You can follow **#SenshinEverything** and also tag your posts of Senshin with the hashtag if you'd like others to see solely your Senshin pics.

That's #SENSHINEVERYTHING.

You can now view the **Senshin Google Calendar here: <https://bit.ly/2Gbhc27>**

If you would like to add the Senshin Calendar to your iPhone or iPad:

1. Launch the Settings app on your iPhone or iPad.
2. Tap on Mail, Contacts, Calendars.
3. Tap on Add Account...under the Mail section.

4. Tap on Other.
5. Tap on Add Subscribed Calendar under the Other section
6. Enter or copy in the following link: **<https://calendar.google.com/calendar/ical/jr9b2e26vovo0a0rhtt9kt6i0k%40group.calendar.google.com/public/basic.ics>**

 **SenshinBuddhistTemple**

 **@senshinji**

 **@senshinji**

Senshin Activities

THE FOLLOWING ACTIVITIES CONTINUE ONLINE

Thinking Body/Moving Mind TBMM

Movement technique/exercise class continue on Tuesday and Thursday mornings at 9:30a via Zoom. For information please contact Young Ae at dancejourneyhome@yahoo.com.

Aruku-Kai "Let's Walk" Club

Walking together, apart. We encourage all Sangha members to walk, breathe fresh air, and take in your surroundings. Contact Lauren.Ohata@gmail.com for more information.

THE FOLLOWING ACTIVITIES HAVE BEEN CANCELLED UNLESS OTHERWISE INFORMED:

Senshin Sangha Beginning Yoga Karate Club

Kinnara Gagaku/Bugaku Classes

Kids' Taiko, Taiko

Organizational meetings

WasabiKai will continue in-person studio activities unless otherwise informed.

SENSHIN-JI 2021 OCTOBER 2564

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✨ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 11:30a ABA Lunch in the Parking Lot (bring your own lunch and drink)
3 8:30a Virtual BWA Reikai 9:45a Virtual Kids' Talk 10a Virtual Monthly Memorial Service, Shotsuki Hōyō & Family Service	4	5 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio 6:30p Senshin Bukkyo Gakuin Virtual Basic Buddhism Class 3	6	7 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio 7p Virtual Temple Board Meeting	8	9 Game time TBD: USC Football Parking (USC vs Utah)
10 9:45a Virtual Kids' Talk 10a Virtual Family Service Rev. Masao Kodani BCA Minister Emeritus	11	12 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio 6:30p Senshin Bukkyo Gakuin Virtual Basic Buddhism Class 3	13	14 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio	15	16 1:00p ABA Virtual Bingo
17 9:45a Virtual Kids' Talk 10a Virtual Family Service	18 7p Virtual Zadankai	19 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio 6:30p Senshin Bukkyo Gakuin Virtual Basic Buddhism Class 3	20	21 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio	22	23
24 9:45a Dharma School message 10a Virtual Esshini-ko/Kakushinni- ko/BWA Memorial Service Guest speaker Rev. Candice Shibata (Stockton)	25	26 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio	27 6:30p Senshin Bukkyo Gakuin, Basic Jodo Shinshu Class 3	28 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio	29	30 Game time TBD: USC Football Parking (USC vs Arizona)
31 9:45a Virtual Kids' Talk 10a Virtual Family Service	Nov 1	2 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio	3 6:30p Senshin Bukkyo Gakuin, Basic Jodo Shinshu Class 3	4 9:30a Virtual Exercise Class 10:30a-2p WasabiKai Open Studio 7p Virtual Temple Board Meeting	5	6

OCTOBER TOBAN:

Service Toban: Jr. Y B A

Hondo Toban: Koichi Uyemura,
Dale Matsubara, Tammy Matsubara,
Amy Yukawa

OCTOBER Onaijin Flower TOBAN:

Oct 2 Qris Yamashita

Oct 9 Denise Takehara

Oct 16 Denise/Richard Kodani

Oct 23 Sheri Loyal

Oct 30 Patti Honkawa

Nov 6 Paige Morikawa

(Note: If you are unable to fulfill the week
you are scheduled, please contact Iris at
(310) 951-0160 or itakashima@aol.com)

NOVEMBER UPCOMING EVENTS

November 21, Virtual Temple Gen'I Meeting
SENSHIN ACTIVITIES

*The following meetings/classes will be con-
ducted virtually unless otherwise informed:*

Board and committee meetings,

Organization meetings, Virtual Exercise
*The following activities are cancelled unless
otherwise informed:*

Taiko, Gagaku, Bugaku, Karate, Surfing
Wasabi-kai Open Studio continues unless
otherwise notified.

**Senshin Jr. YBA
Scrip Order Form**

Send to Harumi Kawaguchi 626/230-1433 SenshinScripSale@gmail.com
3170 Bear Creek Drive, Newbury Park, CA 91320

Name	Order Date
Address	Phone Number
	Email Address

Clothing & Accessories	QTY	Total
Bloomingdale's \$25 \$100		\$
Kohl's \$25 \$100		\$
Macy's \$25 \$100		
Nordstrom \$25 \$100		
Old Navy \$25		
TJMaxx/HomeGds/Marshalls \$25		\$
TJMaxx/HomeGds/Marshalls		\$
Dining - Casual	QTY	Total
Applebee's \$25 \$50		\$
Baja Fresh \$25		\$
California Pizza Kitchen \$25		\$
Chipotle Mexican Grill \$10 \$25		\$
Coffee Bean & Tea Leaf \$25		\$
El Pollo Loco \$10		\$
Islands \$25		\$
Olive Garden \$25		\$
Panera Bread \$10 \$25		\$
Rubio's Restaurants \$25		\$
Starbucks \$10 \$25		\$
Subway Restaurants \$10		\$
Taco Bell \$10		
Discount Store & Outlets	QTY	Total
Sam's Club \$25 \$50 \$100		\$
Target \$10 \$25. \$100		\$
Walmart \$25 \$100		\$
Electronics & Office	QTY	Total
Best Buy \$25 \$100		\$
GameStop \$25		\$
Office Depot / Office Max \$25		\$
Staples \$25 \$100		\$
Entertainment	QTY	Total
AMC Theatres \$25		\$
Barnes & Noble \$10		\$
Fandango \$25		\$
Regal \$25		\$
Gas & Auto	QTY	Total
76 Gas \$25 \$100		\$
ARCO \$50 \$100		\$
Chevron CA Only \$50		\$
Exxon \$50		\$
Jiffy Lube \$30		\$
Mobil \$50		\$
Shell \$25 \$100		\$

Grocery	QTY	Total
Albertsons/Pavillions/Vons \$25		\$
Albertsons/Pavillions/Vons \$100		\$
Smart & Final \$25 \$100		\$
Sprouts Farmers Market \$25.00		\$
Health & Beauty	QTY	Total
Bath & Body Works \$10 \$25		\$
CVS Pharmacy \$25 \$100		\$
Sally Beauty \$25		\$
Rite Aid \$25		\$
Sephora \$25		\$
ULTA \$25		\$
Wagreens \$25 \$100		\$
Home Improvement	QTY	Total
Ace Hardware \$25 \$100		\$
Home Depot® \$25 \$100		\$
Lowe's \$25 \$100		\$
The Home Depot® \$25 \$100		\$
Online Shopping	QTY	Total
Amazon.com \$25 \$100		\$
Apple Store \$15 \$25		
Groupon.com \$25.00		\$
Zappos.com \$25 \$100		\$
Specialty Retailer	QTY	Total
Bed Bath & Beyond \$5		\$
Container Store \$25		\$
Disney \$25		\$
Jo-Ann Fabric \$25		\$
Michaels \$25		\$
PetSmart \$25		\$
See's Candies \$25		
Sporting Goods & Outdoors	QTY	Total
Bass Pro Shops \$25		\$
Dick's Sporting Goods \$25		\$
REI \$25		\$
Universal Prepaid Cards	QTY	Total
VisaGiftCd No Activatn Fee \$50		\$
VisaGiftCd No Activatn Fee \$100		\$