



BOYS' DAY AND BONNO

May 5th is known as Boys' Day in Japan. In the display case in the temple office, you can see Japanese dolls and accessories in observance of Boys' Day. One of the items is a Samurai Armor.

Now, due to this COVID-19 crisis and social distancing, we are not able to gather at the temple, but the display items are safe in the case, so please do not worry about them.

It is said that the Boys' Day custom began in the Edo period (1603-1868), among the Samurai class. May 5th was observed as the day to wish their boys to become strong Samurai; therefore, the Samurai armor set became one of the popular ornaments for Boys' Day and, eventually, this custom spread to all

of Japan.

Why was May 5th chosen as Boys' Day? Before the Boys' Day celebration started in Japan, the people observed May 5th as a day to wish for good health before the rice planting began. In order to have good health, they used the iris flower, as a herb. They soaked irises in hot water for bathing and also soaked irises in sake to drink. Iris in Japanese is called "*Shobu*." Although it is a different *kanji*, "*Shobu*" also means, "to respect the Samurai spirit." Hence, the Samurai started to celebrate May 5th as Boys' Day, wishing their sons to become courageous warriors.

The Samurai Armor set is called "*Gusoku*." "*Gusoku*" means fully equipped. When the helmet, guards for shoulders, arms, body, and legs are totally worn, it is "*Gusoku*."

Shinran Shonin said that we are fully equipped with *Bonno*, blind passions, that give us and others harm. In his *Wasan*, he also stated, we are full of blind passions, "*Bonno Gusoku*," (CWS p.380).

Three major *Bonno* or three poisonous *Bonno* which we possess perfectly are referred to as GAS; Greed, Anger and Stupidity.

Stupidity means we are ignorant of truth and the principle of the universe. One aspect of the truth according to the Buddha is we are self-less or non-self, which also means we are connected with all others. It also means that this "I" is composed of all others. Our lives are sustained by air, water, veggies, steak, eggs, fish, coke, beer, spices, cake, chocolate, and so forth. All energy that sustains our lives came from others; hence this "I" is com-

posed of all others and we are connected with everything.

This is a true fact but we are not able to think and act in accordance with this truth. We think this "I" is independent and the loveliest being in the universe; therefore, we basically think that our happiness is the first priority and the others' happiness is the second or third or indifferent. Sometimes we take others' happiness so that we can become happy.

Bathroom tissue, if the grocery stores do not say "one package for per customer," we will buy two or three packages, even though we do not have enough buttocks to use them up. Some people even plan to resell for a higher price to make money.

Due to our Stupidity or ignorance, we become Greedy. And if our greed is not satisfied, we get Angry. GAS will bring more *Bonno*, such as jealousy, stinginess, hatred, too high pride, too low pride, sense of superiority/inferiority and so forth. Due to blind passions, we will be frustrated and become stressed, and get a lot of sufferings.

Shinran Shonin stated in the "Notes on 'Essential of Faith Alone'" that "Blind Passions refers to pains and which torment the body and afflictions which distress the heart and mind" (CWS. P.459).

In our body and mind, all *Bonno* are fully equipped, so we will hurt a lot and also we give harm to others. However, because we are full of *Bonno*, Amida Buddha established the vow that enables us to be born in the Pure Land and to become a Buddha when our life ends. While we are living, we can try to lessen the working of *Bonno*

and we can have less stress and give less harm to others.

Shinran Shonin compared our *Bonno* to ice and compared water to the virtue we received from Amida Buddha and the benefit we give to others. "The more the ice, the more the water; the more the obstructions, the more the virtues." (CWS, p. 371) Obstruction is *Bonno*, but because of *Bonno*, we can receive a lot of virtue from Amida Buddha and because we know we are full of *Bonno*, we can try to think of others' happiness as much as possible. Even though we are full of *Bonno*, we can turn it into virtue and benefit. In this COVID-19 crisis, we can try to lessen the working of our *Bonno* and try to share and help others.

Namoamidabutsu

REV. RYUTA FURUMOTO

B C A Office of the Bishop Assignment

Rev. Furumoto has been appointed the Supervising Minister of Oxnard Buddhist Temple and Buddhist Temple of Santa Barbara. He will be visiting these temples to conduct services several times a month in the near future, depending on the COVID-19 situation.

古本開教使がオックスナード仏教会とサンタバーバラ仏教会を兼務することになりました。コロナウイルスの状況が良くなれば、月に何回かオックスナードおよびサンタバーバラに行って法要を行う予定になっています。

こどもの日と煩惱

英語のタイトルは「ボーイズデイと煩惱」にしましたが、日本語では「こどもの日と煩惱」ですね。けれども日本で5月5日がこどもの日になったのは1948年のことだそうです。「子供の人格を重んじ、子供の幸福をはかるとともに、母に感謝する」のがその趣旨だとあります。「母、または母親役の人に感謝する」というところをもっと強調した方が

いいように思います。

5月5日は端午の節句といって昔から特別な日とされてきましたが、これが江戸時代から男の子の日となったと言われています。江戸時代に武士の家で男の子が強い侍に成長するようにと願ってお祝いしたことから始まり、その風習が全国に広まっていったそうです。

なぜ5月5日がその日に選ばれたのかですが、これは言葉のしゃれです。もともと5月5日は、田植えシーズンが始まる前に休む日だったのですが、この日に菖蒲（アイリス）を薬草として使って、菖蒲湯に入るとか、菖蒲酒を飲んだりして田植えに備えてエナジーを養うことが一般的でした。その「菖蒲（しょうぶ）」は武士の精神を尊ぶという意味の「尚武（しょうぶ）」と同じ読みなので、この日を男の子の日にしよう、となったようです。

それで、子供達が武士の精神を高められるように、鎧兜が男の子の日の一つの飾り物となっていますが、この鎧とカブトのセットを具足と言います。具足は、そなえたり、十分に備わっている、という意味です。自分の体を攻撃から守るために、十分に備えたものが、鎧兜の具足です。

さて、浄土真宗の念仏者は具足と聞いたら、煩惱具足を思い起こしますね。我々には煩惱が十分に備わっている、という意味です。全ての煩惱が欠け目なく揃っているということです。なかなか我々にはパーフェクトにできることはないのですが、煩惱だけは完全にそなわっているのです。

煩惱は108種類あると言われてますが、三毒の煩惱と言われるのが、貪欲（とんよく）、瞋恚（しん

に）、愚痴（ぐち）です。愚痴が最も根本的な煩惱と言われている、仏教で説く真理をわかってないことを言います。仏教が説く真理の一つに、無我というのがあります。自分は仮に存在しているということです。このことは全ての人、生き物や起こることなどはつがっていて、他が自分であり、自分が他である、ということです。それが本当にわかると、他への慈悲が起こってくる、となってくるはずですが、我々はそういう真理を聞いて「素晴らしい教えた」となっても、実際は心の底から他人が自分だとは思えないのです。どうしても自分と他人を分けてしまい、その考えから抜け出ることができないのです。そのことが愚痴という煩惱だとしています。

自分と他を分けて、他人やものごとを自分の思い通りにしたい、という考えを持ちます。その思いが強くなったのを貪欲、むさぼりの心と言います。他人よりも幸せになりたい、他人よりも良い地位や物をすぐれた物を持ちたい、という思いです。それでその思いが満たされなかったり、他人が自分の思い通りに動かないとか、邪魔をする、となると、瞋恚と言って、怒りの心がでてくるのです。

これらの三毒の煩惱が、競争心、嫉妬心、優越感、劣等感などを生み出します。親鸞聖人は「煩は身をわづらはす、悩は心をなやます」と言われ、煩惱が具足した我々は、ストレスとフラストレーションを常に得るようになっているのです。

けれども親鸞聖人は、それだからこそ、阿弥陀如来がそういう者をこそ必ず救うとの願いを建てられたのだと言われます。仏には自分と他人が別だけれど一体だということがわ

かっている、困っている者があればそれは自分の苦しみだとしてその者を救わずにおれないのです。これが慈悲です。聖人は和讃で

「罪障功德の体となる、こほりとみづのごとくにて、こほりおおきにみづおほし、さはりおほきに徳おほし」

と煩惱が多くても大丈夫だとお示してくださっています。我々が煩惱で困ってるので、仏の慈悲が働くことができるのだ、というのが「罪障功德の体となる」が意味するところです。それで「煩惱が多いから、仏の慈悲の功德も多く働いてくださるのだ。だから、心配するな」ということを氷と水の関係で表現してくださっています。

煩惱が多いと本当は仏になれるのですが、阿弥陀さまの功德によって、煩惱具足の我々がお浄土に生まれ、仏になることができます。こういう教えを聞かせていただくと、煩惱具足ではあるけれども安心できますし、できるだけ煩惱の働きを抑えて、他人に迷惑をかけないようにしていこうという思いも出てくるものなのです。結果トラブルが少なくなり、ストレスの少ない生活をおくれるようになってくることもあります。

コロナウイルスの状況であってもそうでなくても、いろいろな人間関係の問題が出てきますが、自分が煩惱具足だということ、そして仏さまの功德をいただいているということを知って、問題に対処していきましょう。

南無阿弥陀仏

Monthly Memorial MAY
Virtual Shotsuki Service May 3 at 10a

On Sunday, April 5, we held the April *Shotsuki* Service (Monthly Memorial Service) by using the internet. We observed the service to express our gratitude to our family members and friends who passed before us.

We are planning to hold the May *Shotsuki* Service on Sunday, May 3 at 10a. Please find the information to join the virtual Sunday service from your home in this *Prajna* (“One Click Away”).

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person’s relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED’S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Sister	Akahori, Betty Chiyoko
Akahori, Ted	Sister	Akahori, Helen
Arita Family	Mother	Arita, Yoshi
Burtis, Chris	Wife	Nishida, Gwen
Ebata, Donna	Husband	Ebata, Duane
Harada, Yuki	Brother	Okubo, Hirotaka
Hashimoto, Miwa	Daughter	Hashimoto, Janice Miyo
Hayamizu, Sumiko	Father	Nakashima, Hashigoro
Hiramoto, John	Father	Hiramoto, George
Hori, Robert	Father	Hori, Takashi
Ikegami, Sumiko	Mother-in-law	Nozawa, Shinako
Iriye, Kenny	Mother	Iriye, Midori
Komai, JoAnn	Mother	Yamada, Alice
Kuwata, Tom	Father	Kuwata, Kijiro
Kuwata, Tom	Uncle	Kuwata, Kiemon
Kuwata, Tom	Aunt	Ogura, Toyoko
Miyagishima, Lily	Husband	Miyagishima, Yoshimi
Murakami, Eugene	Father-in-law	Tamura, Jimmy
Murakami, Eugene	Grandmother	Inouye, Hisako
Matsumura, Henry	Grandmother	Yamaguchi, Fujiko
Nakagawa, Fred	Father	Nakagawa, Motoharu
Nishida, Lori	Grandfather	Nishisaka, Yoshio
Nishikawa, Yoko	Grandmother	Uyemura, Minoe
Nishikawa, Yoko	Mother	Uyemura, Chizuko
Nishisaka, Merrie	Grandfather	Nishisaka, Yoshio
Ohata, Ron	Brother	Ohata, Kevin
Okazaki, James	Mother	Kuroi, Osae
Rogers, Beverly	Grandmother	Tokaji, Masano
Rogers, Beverly	Step-Grandfather	Tokaji, Kaname
Saiki, Yumi	Mother	Yoshida, Toshiko
Shigaki Family	Father	Shigaki, Al
Sonday, Reiko	Grandmother	Nimi, Kameyo
Sugano, Michiko	Husband	Sugano, Leo
Takashima, Wilbur	Grandmother	Takashima, Tsume
Takashima, Wilbur	Father	Takashima, Katsumi
Terrell, Jackie	Mother-in-law	Fukumoto, Tomiko
Toji, Suzanne	Father-in-law	Toji, Mamoru
Torio, Taye	Mother	Sugimoto, Shizue
Toyama, John	Father	Toyama, Seikichi
Tsuji, Hisako	Husband	Tsuji, Shoichi
Ushirogata, Yukie	Mother	Matsushita, Tsune
Usui, Aiko	Mother	Nishiyama, Chiyeko
Uyemura, Koichi	Grandmother	Uyemura, Minoe
Uyemura, Koichi	Mother	Uyemura, Chizuko
Yamashita, Betty	Father	Takahashi, Tokuso
Yoshida, Miyeko	Father	Suzuki, Urao

“One Click Away”
Join the Sunday Service
from your home.

While we need to stay home during this unusual situation, you can join our Sunday service via the internet and even make a donation through our temple website. Unlike a phone call, it takes several clicks to join online on Sunday. It is easy to connect. For joining online service:

1. You can go to the temple website. www.senshintemple.org
2. Below the Hondo picture, you can see “Senshin Buddhist Temple Service Book.” And below it, you can see “Senshin Sunday Service” and “Register Now!”
3. Now, you can click “Register Now.” After you click it, the screen changes and asks you to fill out the form, your name, and your email address.
4. After you fill out the form, you need to click one more time.
5. At the bottom of the page, you can find “Register”

インターネットでの
日曜礼拝

現在、コロナウイルス感染拡大の状況によってお寺に集まることができません。この状況が長引くようなので、日曜日のサービスをインターネットで始めています。日曜日朝10時から始まり、古本開教使とお経を一緒にとなえ、また法話を聴聞することができます。コンピュータとインターネットをお持ちでしたら、日曜日のサービスにご自宅から参加できますのでどうぞお参りしてみてください。インターネットでの法要にお参りするには、英語の方に手順がありますので参考にしてください。これは電話と違って少し手間がかかりますので、あまりコンピュータに詳しくない方は、古本開教使に電話で連絡してみてください。またはコンピュータに詳しいご家族や友人がおられたら、どのようにしたらよいかを尋ねてください。

in the blue rectangle box. Click there.

6. Now your registration is finished and you will receive the email from Stan Fukawa.

7. When you receive the email from Stan Fukawa, you open it and follow the instruction to join the service.

If it is difficult for you to join, please ask your family members. Our temple members are willing to help you too, so please feel free to call Rev. Furumoto. He will contact a temple member who can help you and will call you.

If you wish to make a donation through our website, you can find the Donate button at the left bottom of the page. This requires more clicks and more steps. So, if you would like to make a donation, you can mail it to the temple. It will be just one stamp away!

Gotan-ye and
Infant Presentation
Ceremony

We will observe *Gotan-ye* on Sunday, May 17th. The speaker might be Rev. Mas Kodani, (Depending on the COVID-19 situation and the state/city safety guideline on May 17th). The service will be an online streaming service starting at 10a.

Gotan-ye is the celebration of Shinran Shonin’s birth. Shinran Shonin was born on May 21, 1173. *Gotan* means birth and *Ye* means gathering.

Due to the COVID-19 guidelines, *Hatsumairi*, (infant presentation ceremony) will be postponed. If you wish your children or grandchildren to participate in the ceremony, please call or email the temple. (323) 731-4617 or senshintemple@gmail.com When it becomes safe, we will reschedule *Hatsumairi*.

We are enclosing the donation envelope. This donation is to express our respect and gratitude to Shinran Shonin. The donation will be used to sustain our temple where we can listen and learn the *Nembutsu* teaching that Shinran Shonin taught. We appreciate your continuing support.

降誕会および初参りのお知らせ

2020年の降誕会法要および初参りを5月17日(日)10時から行います。降誕会は親鸞聖人の誕生をお祝いする法要です。ゲストスピーカーは名誉開教使の小谷政雄先生です。現在はコロナウイルス感染の危険がありお寺には集まらないので、インターネットを通じて法要にお参りしてください。インターネットでの法要の参加の仕方がわからない方は、お寺に連絡してください。

今年は初参りは延期にいたします。新しく生まれたお子さんやお孫さんがおられ、初参りに参加されたいようでしたら、お寺に電話してください。コロナウイルスの状況がよくなり次第初参りの日程を決めてお知らせします。



Listed are donations handled by the Regular Treasurer:
Special: donation received with no specific reason given
Orei: donation for use of temple facilities, equipment, etc.
Nokotsudo: donation by families who have family cremains in the **Nokotsudo** (columbarium)
The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.

MARCH 2020 DONATIONS

3/1/2020	Nishisaka Family Nishisaka Family Nishisaka Family Douglas Matsuda Mary Iwami	MakuraGyo, Yuri Nishisaka Service for Yuri Nishisaka Social hall use 1 yr memorial, Misao Matsuda 3 yr memorial, Ronnie Matsuda 1 yr memorial, Misao Matsuda 3 yr memorial, Ronnie Matsuda
3/5/2020	Christine Aihara Janis Ishitani Lynn Takemoto	Dana In memory of Nell Sawada Dana
3/8/2020	Bernice Wakinaka Martin & Kathie Umemoto Anonymous Chris Komai & Qris Yamashita Jean Minami Neil & JoAnn Komai Kathleen & Martin Umemoto Richard & Yoko Miyagawa Stacey Camara Mizutani Family	Service for Asa Wakinaka 3rd yr memorial Ronnie Matsuda Dana 3rd yr memorial Ronnie Matsuda 3rd yr memorial Ronnie Matsuda 3rd yr memorial Ronnie Matsuda 3rd yr memorial Ronnie Matsuda 3rd yr memorial Ronnie Matsuda Dad's retirement Dad's retirement
3/15/2020	Ruby Kiyohara Douglas Kato Neil & JoAnn Komai	Birth of Great Grandson, Cadence Akira Kiyohara <i>Nokotsudo</i> , Jessie Kato Special
3/22/2020	Yonsei Basketball Assoc	Social Hall Use
3/29/2020	Merrie Nishisaka Madalyn Adams Madalyn Adams Richard & Yoko Miyagawa Steven Takeyama	49th day service, Yuri Nishisaka In memory of Takeo Yamada <i>Nokotsudo</i> <i>Nokotsudo</i> Donation

MARCH FLOWER DONATIONS

Akiko & Beverly Rogers
Roberto & Sandra Aguilar

OHIGAN MARCH 2020 DONATIONS

Anonymous	Catherine Hisamune	Kazuo Matsubayashi	Michiko & Richard Sakakura
Julie Akahori	Lily Inatomi	Douglas Matsuda	Kiyoe Suzuki
Ted Akahori	Kenny & Joji Iriye	Hidehiro & Kimiko Matsukawa	Wilbur & Iris Takashima
Don Akamine	Denise Ishitani	Natsuko Masushige	Robert Takamoto
Roy & Jane Asahi	James Ishitani	Jean Minami	Yoshiko Takeuchi
Kenneth Hatai	Emi Kamikawa	Satoshi Miyata	Bessie Tanaka
Bert & Dorothy Higa	Kristine & Glenn Kawaguchi	Eugene & Elaine Murakami	Barbara Tanezaki
Paul Hiramoto	Neil & JoAnn Komai	Merrie Nishisaka	Alan Terakawa
Deb & John Hiramoto	Martha Kuwaki & Dorothy Higa	Ronald & Fujie Ohata	Misao Tomita
Deb & John Hiramoto			Betty Yamashita
			Amy Yukawa

SHOTSUKI HOYO MARCH 2020

Donor	In Memory of
Madalyn Adams Ted & Julie Akahori Ted & Miki Fujimoto Chikako Kojima June Kondo Connie Matayoshi-Nishiyama, Gene Matayoshi Yoneko Matayoshi	Takeo Yamada Harry Kawaye Hisa (Tomoike) Fujimoto George Kojima, Fred Kojima, Teruji Takaki Ronnie Matsuda George Nishikawa & Wasaku Nishikawa
Edith Nishikawa Edith Nishikawa Ellen Shimohara Reiko & Mark Sondag Michiko Sugano Wilbur & Iris Takashima Suzanne Toji Kazue Totsubo Kathy & Marty Umemoto Yukie Ushirogata Matsuko Uyeno	Sekiyo Nishikawa Father Michio Shinoda Kamezo Nimi Takuya Sugano, Tsugi Sugano Grandmothers Shige Yasuda, Itsu Jinde Father. Jack Totsubo Jack Totsubo Ronnie Matsuda Ichitaro Matsushita Mother, Itomo Nakamura Sister, Hatsuye Iwasaki
Kiyoko Yoneda	Mother, Itomo Nakamura Sister, Hatsuye Iwasaki

Vehicle Donation

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motor-cycle, and even boat) as a donation to the temple. The funds realized from these donations are earmarked for the Senshin-ji Building Fund. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.
We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed and refurbished as necessary to bring in the highest sale amount for the donated vehicle.
Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowledge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.
If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-0048, or WilburTakashima (310) 398-9558.

The Kikuo and Kaoru (Kay) Ogawa 2020 Memorial Scholarship

The purpose of these scholarships is not only to honor the late Kikuo and Kaoru (Kay) Ogawa, but also to recognize the efforts of a graduating high school senior and/or a person wanting to change her or his direction in life via continuing education. This could be through a college, university, trade or technical school. Those with the desire to further their education will be considered for these scholarships. Consideration will first go to members of Senshin Buddhist Temple. If a qualified recipient is not found, the scholarship will be opened to members of any Buddhist Temple in the Los Angeles area.

Scholarship Award:
A one-time scholarship of \$1,000 will be awarded to each of two individuals.

- Requirements:**
1. Must have graduated high school or passed the GED (General Educational Development) test by June of the application year or earlier.
 2. Applicant must be accepted by or enrolled in a college, university, trade school, or technical school, or must show intention of attending one of those institutions.
 3. Must obtain and complete the application as stated below.
 4. Scholarship funds must be applied towards tuition, fees, books and other educational expenses as deemed appropriate by the scholarship benefactors.
 5. Must be the member of a Buddhist Temple/Sangha, if over 30 years of age. For high school graduates, their parent(s) must be a member(s) of a Buddhist Temple/Sangha.
- Application:**
An application may be obtained via email by contacting Wilbur Takashima at wktakashi@aol.com. You may also call him at (310) 398-9558. The application will require a two-page essay and two separate recommendations. Details are provided in the application package. The application (including both recommendations) MUST be received by June 30, 2020. The scholarships will be presented in a July 2020 service at Senshin, depending upon the status of the Social Distancing guidelines that are currently in effect.

Updates & ANNOUNCEMENTS!

Board: Temple Visioning Senshin Sangha We Need Your Participation

Dear Temple Members:

A Senshin Buddhist Temple **Visioning Committee** has been formed.

We are focusing on the future of our temple – how we can continue to be a vibrant center for the practice of *Jodoshinshu*. We need your opinions, ideas and input. In a few months there will be an email survey that we would like temple members and their families to complete. If you don't have email, that's okay, you can complete a written survey. Our goal is to have broad participation of our sangha – young, old, active members, inactive members.

In addition to the survey, in the future there will be focus groups and general meeting resulting in a plan for achieving the future vision of Senshin.

Thank you for your support and participation,
Senshin Visioning Committee

洗心寺のみなさん、お願いがあります。

いかにしてこれまでのように、浄土真宗の教えを実践できる、
活気あるお寺の未来と一緒に考えましょう。

そのために、皆さんの意見、考えを聞きたい、近く、お寺の会員、ご
家族宛に

質問のメールを送りますので、ご返事を願います。

メールのない方は、手書きでかまいません。

若い人、年長者の方、いつもお寺にいられている方、時折しか来られ
ない方でも、

できるだけ広範囲のご意見を伺いたいと思っています。

この質問調査は、委員会でもとめられた後、総会に提出され、
皆さんによるお寺の未来の展望を設置する基台になります。

洗心寺 Visioning Committee より

BWA

When BWA normally submits our articles for the *Prajna*, our regular submissions consist of acknowledgements of dana, what we've been doing and what we're planning on doing. However, these are by no means normal times. These are strange, surreal and unprecedented times. When I thought about what we've been doing, we haven't been able to do anything because of the closure of our temple due to the coronavirus pandemic sweeping the globe. When I think about what we're going to do, we haven't been able to make plans for anything because we don't know how long this is going to last. It's so frightening and stressful for everyone. Coping with jobs or school, taking care of parents, taking care of kids and taking care of ourselves...for some, all of the above.

Even though we haven't been able to attend services, the COVID-19 crisis has enabled us to experience some big-time Buddhist lessons, teachings that we are all aware of, but in the hectic lives we live we often forget. I believe it helps if we can really take on a perspective of acceptance and appreciation for the situation. Sure we're frustrated with what's going on, but at the same time we should be grateful for all that we have that we regularly take for granted. Even though we're supposed to stay in our homes, at least we have a home to shelter in. Even though grocery shopping might be inconvenient and items scarce, none of us will run out of food. Even though we're alone in our homes, there are family and friends that are there for us. Despite social distancing, we are all interconnected.

Our BWA by-laws state that the purpose of our organization is "to support the Temple in its' programs to promote the spread of the Buddha-Dharma in a spirit of mutual friendship and cooperation..." We enjoy and appreciate the opportunity to support the temple through our responsibilities of sponsoring, preparing and chairing some of the

services, as well as providing otoki for many of the special services. Trust me when I say that we can not wait to get back into the kitchen! But I believe the most important thing that I see coming out of this crisis is the spirit of mutual friendship and cooperation. It has become so meaningful in these times of social isolation from one another. It's crucial that we provide the emotional and spiritual support that all of our members need right now.

Once Senshin was closed for services and activities in the middle of March, email chains immediately started running through our membership. There were other Sangha members offering to help with grocery shopping and errands because they knew that we had several at-risk seniors, some living alone. In turn, some of those at-risk seniors said, "Hey, wait! We're here too if anyone needs our help!" Letters started going out to members that are living in care facilities since they can't even see their immediate families. You Tube videos are being shared—some informational, some heart-warming and some just funny. Members are sharing instructions for making masks and posting photos of their finished products. Stories are being told—stories that we never heard before in the kitchen, probably because we were just too busy. But now

we have the time to really listen to each other. We aren't able to see each other physically, but I do think that we're able to feel a big emotional hug from each another. The virus is causing

“I am only one call away,...

...is a lyric from 2015 hit song *One Call Away* by Charlie Puth. Now you can connect to the Dharma and your Dharma friends by phone.

With the Coronavirus crisis, our temples are closed and we are "staying home." Recently, BCA created "Dial the Dharma." By calling "Dial the Dharma," (415 528 7220) you can listen to Bishop Rev. Harada's Dharma Message.

If you want to talk to Rev. Furumoto, you can call him anytime just to say hello or ask him about the teaching. (424 603 1009). He sometimes calls our elder members too. Some of our temple members have been calling other temple members to enjoy chatting or to ask if help is needed.

Most temples are now using computer technology for online streaming services or temple organization meetings. But if you do not like to use such technology or think "it is too complicated for me to use," you can use the phone to connect to listen to the Dharma on "Dial the Dharma" or talk with Sangha members. Just one call and you can be with your *Nembutsu* friends.

.....
havoc around the world, but it's also breeding so much creativity, resourcefulness, mindfulness and compassion.

This is



how Senshin BWA has been communicating with each other, but anyone can connect with us. We're all part of the Senshin Family. If you'd like to join our email chain, just let me know (jy-komai55@gmail.com). You don't need to reply to anything or do anything.

Just come and be a part.

We've evolved into the New Normal. Life will never be the same for any of us. But I'm very confident that it'll be better. Going through this experience has been humbling. No one is completely safe. We've seen people reacting in so many different ways. But I think mostly I've seen people genuinely being kinder and gentler to each other. We're all in this together so people are really bonding with one another to get through this very challenging time. At Senshin, we've always been a close knit Sangha. I have no doubt that we will come out of this even more connected and stronger than before.

Let's live each moment as best we can because we have absolutely no idea of what lies ahead. Lastly... impermanence. This too shall pass. Looking forward to seeing you all soon. Please take care. Stay well, stay sane and stay in touch.

In gassho, JoAnn Komai

A B A

We regret that so many activities have had to be cancelled, including our April Char Siu Bao Sale. Refunds will be sent shortly to those who sent preorders. If you have any questions, please contact Chikako Kojima at 310-749-4964.

We hope that everyone stays safe and well until we can meet again.

Jr Y B A

We hope everyone is safe and healthy. This has been an extraordinary time but the Jrs. are finding ways to stay connected, healthy and spirited. Here's what the Jrs. have been up to:

CARTER: I have been catching up on sleep, doing some creative work, attending online school, and virtually communicating with my friends. I think that though there are many negative things to come out of current events, it gives us the time to reflect on ourselves and see the world with a Buddhist lens.

CHLOE: I go on runs by myself, do homework, play with my dog, and watch tv. I stay in touch with my friends by texting and FaceTiming them.

ERIN: I've been trying to keep myself occupied with hobbies that I've always wanted to try but never had the time for. I took out my ukulele and I've been trying to learn simple tunes like Israel Ka-

makawiwo'ole's "Somewhere Over The Rainbow". I've also tried learning Clare de Lune on the piano (with little success but I'll get there). I'm relearning how to play chess with my family. I try to take at least one walk a day with my dog, Rachel. I've been drawing Zentangle—which is really meditative and calming. Stay healthy!

HALLE: I've been catching up on reading (*The Wind Up Bird Chronicles* by Haruki Murakami), writing, baking various matcha desserts, walking my Mal-Shi dogs, Bento & Biscuit, and FaceTiming my friends throughout the day. I've also had a Miyazaki movie marathon with my family! I'm still practicing hula and taiko independently and through online classes. As much as I miss going out and seeing people, I am enjoying this time to myself, too!

JORDYN: I have been doing homework, batting practice, baking, spending time with my family, and texting and facetimeing my friends to keep in touch.

MATZ: I actually have time to finish my stuff :D

PAIGE: I've been sleeping in, running, cooking, baking, watching tv, and spending time with my family.

SAM: Due to the coronavirus outbreak, many public events and gatherings have become very restricted or cancelled, and we now live socially distanced from our friends, family, and colleagues. With all this free time, I have taken to gardening

(sort of) to get outside, and became more connected with my friends online, which sounds weird but it worked. Our family calls our relatives and cousins every now and then, just to check up on them, and it's nice to see some familiar faces when you're stuck at home with the same people for weeks. It may be scary or difficult going through this time of crisis, but everyone is in this together, so let's do our part. We can run errands for the elderly, and chat with neighbors and family members virtually to stay connected in this time of uncertainty.

We are taking orders for the annual So District Jr. YBL Obon T-shirt fundraiser. Please see shirt design, they are \$20/each and come in sizes Adult S,M,L,XL, XXL, if you would like to order, please contact Debby Fukawa at debfukawa@gmail.com with the size(s) and quantity.

We look forward to when we can meet again. Take care everyone!



It seems that each month I'm scrambling to submit an article that is somewhat relevant and informative. Like homework assignment due and I need to come up with something to turn in. I wasn't a very good student and I guess some things don't change.

Our lives have changed dramatically in such a short time. Travel, social gatherings, classes, entertainment, sports, etc. are no longer a part of our lives. A simple walk on the beach is no longer an option.

We are all trying to adjust to just being home. Walks in the neighborhood, working in the garden (mostly weed pulling for me), and countless tasks and projects I have put off for another day. I could tidy up...Marie Kondo style, maybe later (I did clean off my desk). Watching Netflix, YouTube, NHK, TV shows (did anyone watch all of the Toshio Mifune movies on TCM?) can fill up an evening.



洗心仏教会

2020年5月

3月感謝録:

特別寄付: N&J駒井

寄付:C相原,L竹本,S竹山,匿名

ソーシャルホール使用:西坂一家,

ソーシャルホール使用:西坂一家,

4世バスケットボール

故Y西坂葬儀: 西坂一家

故A脇中葬儀: B脇中

枕経-西坂: 西坂一家

お祝い父(T海野開教使)引退:

S.Tamara,水谷一家

お祝いひ孫C清原誕生: R清原

故Y西坂49日:M西坂

故T山田追悼:M.Adams

故M松田1回忌: D松田,M石見

故M松田1回忌: D松田,M石見

故N沢田追悼: J石谷

故R松田3 Z 回忌:M&K梅本,C&Q山下,J南

N&J駒井,K&M梅本,R&Y宮川

納骨堂:D加藤,M.Adams,R&Y宮川

4月供花: A&B.Rogers,R&S.Aguilar

4月からお寺の法要は、Sutan Fukawaさんが設置されたサイト“Join Webinar”を通して、毎週日曜日午前10時に行われています。

コンピューターをお持ちの方は、メールアドレスを古本先生に知らせ、ぜひ登録してください。

“離れても一緒”だという体験を味あえます。

なお、夏の例年の行事が変更されました。

西心道場(目下未定)、盆踊り: 中止、初盆: (目下未定、今後の通達を見てください)

感儀会/お盆法要: 7月12日

今後州、郡、市の指示いかんによって変わりますので、その節には通達します。

5月3日(日)午前10時にヴァーチャル祥月法要が行われます。どうぞWebinarネットを通して参加してください。



Roberto Aguilar and Rev. Mas working on temple garden.



Old fence



New fence



1327 37th Street property, house removed..



Temple April Virtual Board Meeting.

SENSHIN-JI 2020 MAY 2563

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✱ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
ALL TEMPLE ACTIVITIES HAVE BEEN CANCELLED IN THE INTEREST OF KEEPING OUR SANGHA SAFE AND HEALTHY.						
3	4	5	6	7	8	9
10-11a Webinar Monthly Memorial Service / <i>Shotsuki Hōyō</i>				7p Virtual Temple Board Meeting		
10	11	12	13	14	15	16
10-11a Webinar Sunday Service						
17	18	19	20	21	22	23
10-11a Webinar Sunday Service						
24	25 Memorial Day	26	27	28	29	30
10-11a Webinar Sunday Service						
31	June 1	June 2	June 3	June 4	June 5	June 6
10-11a Webinar Sunday Service						

MAY TOBAN:

Due to the continued COVID-19 pandemic, all temple services and activities have been cancelled in May. Therefore the need for hondo toban and flower toban have also been suspended.

TEMPLE SUMMER EVENTS INFO:

Due to COVID-19 pandemic, we need to cancel or postpone **MOST** major summer events.

Saishin Dojo, to be determined

We may not have Saishin Dojo this summer. Rev. Mas is going to send the letter to the parents by the end of April.

Bon Odori, cancelled

We decided to cancel Obon Dance on June 27. If the situation improves, we may have a small Obon Dance with the temple members. We will have an **Obon Raffle** (see page 11).

Hatsubon, in person service tentatively cancelled Depending on the situation, we may hold *Hatsubon* on June 27 or postpone it to July or August. **Another possibility is to hold Virtual Hatsubon service.**

Kangi-e Obon Service is scheduled for July 12. As with Saishin Dojo, holding this service is under review. We will wait for further notice from the State/County/City. Depending on the order or guideline, we will change the schedule of events.

Please check the updated information from the *Prajna* June issue, Emails from the temple, temple website, and your friends.

Thank you for your continued support!
In Gassho.

THE FOLLOWING ACTIVITIES HAVE BEEN CANCELLED:

- Yoga (available online), karate and exercise classes
- Taiko, Kids' Taiko, gagaku and bugaku
- Wasabi-kai
- Organization meetings
- Board and committee meetings will be conducted online.