



HEDGEHOGS AND BONNO

Since the “Stay at Home” order went into effect on Thursday, March 19, we have been staying home for almost sixty days.

Home is a good place to rest and enjoy spending time with family members. Although my home is not designed by Frank Lloyd Wright nor is it an amusing place like Disneyland, it is “Home-Sweet-Home.”

But if we are together with the family members all day

long, the home becomes a stressful place. I heard that due to the “Stay at home” order, there are a few couples that have split all over the world. It is called Corona divorce or Covid-19 divorce. Attorneys in China, Japan, England, and the United States said the divorce rate is going up because husbands and wives are

together 24/7. If they are together too long, they suffer a lot of stress and frustration.

This happens not only to couples but also to children. Parents are now staying together with their kids 24/7. Children have no school, no sports team, no play date. They run and jump around the house, argue, and fight with their siblings. When parents see their kids spending too much time on video games and cellphones, they scream. Now in this situation, parents and children suffer a lot of stress.

I remember a lesson from a hedgehog that tells us the importance of keeping a distance. In order to have a good relationship, we should have some distance between us.

Hedgehogs cannot hug each other because of their needles. If they are too close, they get hurt; but if they are too far, they feel lonely. When they feel cold, they want to hug to warm each other, But if they get too close, they get hurt, But if they are too far apart, they get cold. So they try to find a good distance for each other. Not too close, but not too far. It is not very warm, but it is not too cold either. If they keep such a distance, they will not hurt each other.

It is like our human relationship. If we get too close to other people, sometimes we'll get into trouble. We may hurt each other. But if we are too far apart, we feel lonely and sometimes become indifferent.

So, not too close, not too far is a good distance. This hedgehog lesson is often used in speeches at wedding reception in Japan. Find a good distance between husband and wife for a good

marriage.

Now we are encouraged to keep a social distance of at least six feet so that we may not give others viruses and we will not get infected. We should have such distance mentally between couples, family members, friends, co-workers, and so forth. Not too close, not too far.

Ignorance, greed, anger, jealousy, pride, doubt, prejudice, etc. We have a lot of *Bonno* (blind passions/attachment). It is like the needles of hedgehogs. If we know this, we may give less harm to others and we may get less hurt. If we can remove the *Bonno*, it is best. But as long as we are alive, we cannot remove them. We have to live with them.

Shinran Shonin wrote in his letter “*A foolish being is by nature possessed of blind passions, so you must recognize yourself as a being of karmic evil.*” (CWS p. 525).” If we recognize our *Bonno*, we become very cautious. It is as though we recognize our disease. If we know we have some sort of disease, we take medicine and treatment and watch our diet.

And Shinran Shonin mentioned that because we are full of *Bonno*, Amida Buddha established the vow enabling us to be born in the Pure Land and to be free from all *Bonno*. It is the same with the medical doctor. Because the patient has a disease, the doctor prescribes medicine and good care.

Because of our *Bonno*, Amida takes good care of us. Imagine if hedgehogs do not have their needles, they are not very cute. Because of the needles, they are good. Because of our *Bonno*, Amida Buddha takes care of us

and we are good for birth in the Pure Land.

But we also should know that it is better to lessen the working of *Bonno*. Shinran Shonin wrote in other letters, “*Formerly you were drunk with the wine of ignorance and had a liking only for the three poisons of greed, anger, and folly. But since you have begun to hear the Buddha’s Vow, you have gradually awakened from the drunkenness of ignorance, gradually rejected the three poisons and come to prefer at all times to medicine of Amida Buddha.*”(CWS p.553)”

Namoamidabutsu

REV. RYUTA FURUMOTO

ハリネズミと煩惱

「3月19日に外出禁止令が施行されてもう2ヶ月ほどたちました。多くの方にとって家は仕事や学校から帰って体を休め、夫婦や家族で食事や会話を楽しむ場ではありますが、24時間毎日ずっと一緒に家にとやほりストレスを感じます。

そのため今は世界中で離婚する人が増えている、とある記事で読み

ました。中国、日本、イギリス、アメリカとどの国の弁護士さんも「今は離婚の相談が増えている」と言われているそうです。

子供さんがおられる家庭もフラストレーションがたまりますでしょう。学校も行かれず、スポーツの練習もなく、プレイデートもなく、家にずっといます。子供たちもストレスがたまるので、家の中を走り回り、兄弟喧嘩も頻繁に起こります。また勉強をおるそかにして携帯電話やビデオゲームにかじりついている姿を見て親が注意すると、子供たちが口答えします。親にも子にもストレスフルな生活になっています。

こういう状況でハリネズミのお話を思い出しました。日本では結婚式のスピーチでよく使われる話ですが、夫婦の関係はくっつきすぎず、また遠すぎず、というのが良い結婚生活を送る方法だというものです。

ハリネズミのカップルは寒い時にお互いをハグしてあたためあいたいのですが、そのハリのためにくっつきすぎると傷つけ合ってしまうと寒い。それでお互い近すぎず離れすぎず、寒すぎず暖かすぎず、というちょうど良い距離を見つけ、それでお互いが傷つけ合うことがないということです。

これが夫婦やカップルだけでなく家族や友人や同僚にもちょうど良い距離を見つけると、ストレスが減るかもしれません。

ハリネズミの針は私たちにとっては煩惱だといえます。煩惱とはもっと欲しい、もっと便利になりたい、人をコントロールしたいというような思いや、思い通りにならないことで憤慨し、怒ることなどのこころのはたらきです。それがストレス、フラストレーションの原因となり、人を傷つけ自分も傷つくことになるのです。

我々は煩惱という針を持って生活し、生きている限りそれを取り除くことはできません。親鸞聖人がお弟子さんに書かれたお手紙の中で、「凡夫はもとより煩惱具足したるゆえに、わるきものと思ふべし」と、我々は煩惱のためにどうしてもストレスがたまり、人を傷つけてしまうものなのだ、と言われます。わるき者というのは病気を持っているような状態です。体に悪いところがある。それを知っていると、薬を飲み、トリートメントをし、食事などに気を

使うでしょう。ですから、煩惱がある、と知るのは大切なことです。

そして親鸞聖人は、「煩惱があっても心配しなくてもいいよ」とも言われます。我々がそういう煩惱にわずらわされる存在だからこそ、阿弥陀様が煩惱から自由になった世界や状態であるお浄土のことを知らせてくださり、念仏を称える者をお浄土に生まれさせてやろう、という願いを起こされたのだとお示しくされます。それはお医者さんが、体が悪い人を診察し、治療し、薬を与えてくださることに似ています。また、ハリネズミから針をなくしてしまうと、ただのネズミとなってあまり可愛くないように、阿弥陀様は煩惱がある凡夫をかわいく思い、ほっておけないのです。

いく思い、ほっておけないのです。

浄土真宗は、煩惱があるままお浄土に生まれることができる、という教えなのですが、煩惱を野放しにして、人に迷惑をかけ、自分も傷つくことを勧めているということではありません。親鸞聖人は別のお手紙で、「もともとは煩惱の酒に酔っている状態だったのを知らなかったけれども、阿弥陀さまの願いを聞いて、だんだんとその酔いから覚めてきているのです。煩惱の酒を好まずに阿弥陀さまの薬を好んで飲みなさい」と教えてくださってもいます。

南無阿弥陀仏
古本龍太

Monthly Memorial JUNE
Virtual Shotsuki Service June 7 at 10a

On Sunday, May 3, we held the May *Shotsuki* Service (Monthly Memorial Service) by using the internet. We observed the service to express our gratitude to our family members and friends who passed before us.

We are planning to hold the June *Shotsuki* Service on Sunday, June 7 at 10a. Please find the information to join the virtual Sunday service from your home in this *Prajna* (“One Click Away”).

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person’s relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED’S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Sister	Kawaye, Kathryn
Enami, Mariko	Mother	Kuramoto, Tsutayo
Enami, Mariko	Husband	Enami, Frank
Hisamune, Catherine	Mother	Fujita, Shizuye
Ikegami, Sumiko	Mother	Shigaki, Suzu
Isomoto, Kiyoko	Friend	Furutani, Yasuko Jean
Kitayama, Glen	Grandfather	Kitayama, Eizaburo
Kunitake, Kimiyo	Grandfather	Yamada, Shigenosuke
Kunitake, Kimiyo	Father	Yamada, Masao
Matsumura, Henry	Uncle	Yamaguchi, Tetsuro
Minami, Jean	Mother-in-law	Minami, Suma
Murakami, Eugene	Grandfather	Murakami, Shinkichi
Murakami, Hisako	Father	Takahashi, Hirokichi
Nakashita, Achi	Brother	Nakashita, Hiroshi Clark
Nakawatase, Richard	Grandmother	Nakawatase, Toku
Nakawatase, Richard	Uncle	Nakawatase, Toshinobu
Nakawatase, Yasuko	Mother	Kuramura, Kikue
Nishida, Kikuko	Father	Yamaguchi, Kinai
Nishida, Russell	Grandfather	
Yamaguchi, Toshiko	Father-in-Law	
Nishikawa, Edith	Mother	Yoshida, Isayo
Nishisaka, Merrie	Grandfather	Sanada, Yukimasa
Rogers, Beverly	Mother	Nishi, Chitose
Rogers, Beverly	Father	Nishi, Soichiro
Sato Family	Grandmother	Kishaba, Fusa
Sugita, Hideo	Father	Sugita, Yoshiaki
Takahashi Family (Elaine, Sumiji, Zen, Joseyl Castellon, Gedon Phuntshog)	Mother/Grandmother/ Great-Grandmother/- Grandmother in-Law/ Mother-in-Law	Takahashi, Misuko
Takashima, Wilbur	Great Grandmother	Sato, Mika
Takashima, Wilbur	Grandmother	Taniguchi, Hisayo
Takashima, Wilbur	Uncle	Taniguchi, Kiyoshi
Takemoto, Jon	Grandmother	Takemoto, Kanayo
Takemoto, Kazumi	Mother-in-law	
Takeuchi, Yo	Son	Takeuchi, Alan T.
Terakawa, Alan	Aunt	Matsumune, Hisayo
Terakawa, Alan	Mother	Terakawa, Yoshiko
Uyeno, Matsuko	Sister	Nakamura, Agnes
Watanabe, Marsha	Father	Imai, Akio
Yoneda, Kiyoko	Mother-in-law	Yoneda, Tsugi

Hatsubon Service
Postponement

The *Hatsubon* Service is a special service dedicated to the memory of those who have passed away during the past year (from *Obon* to *Obon*). This year, the service has been postponed. Depending on the COVID-19 situation, we may hold the service in July or August. Please check the July issue of the *Prajna* for further information

Join Obon Kangi-e
Service via the Internet

On May 12th, Los Angeles County announced the continuation of the Stay-at-home order throughout July. Because of this restriction, for now, we will not have a physical gathering of the *Obon Kangi-e* service on July 12. However, we will conduct the service at the temple and you can join the service from your home via the internet. We are enclosing a donation envelope. This donation is to express our respect and gratitude to our ancestors. It is an occasion to remember our indebtedness to all who have gone before us, to appreciate and thank those lives and to reaffirm the sanctity of all living beings. The donation will be used to sustain our temple where we can listen and learn the *Nembutsu* teaching. We appreciate your continuing support.

歓喜会/盂蘭盆会の
おしらせ

2020年の歓喜会/盂蘭盆会を7月12日(日)10時に行います。5月12日にロサンゼルスカウンティは外出禁止令を8月まで続ける予定との発表をしました。ですから7月はまだお寺には集まれないので、インターネットを通じて法要にお参りしてください。インターネットでの法要の参加の仕方がわからない方は、お寺に連絡してください。

Board: Temple Visioning
Senshin Sangha
We Need Your Participation

Dear Temple Members:

A Senshin Buddhist Temple **Visioning Committee** has been formed.

We are focusing on the future of our temple – how we can continue to be a vibrant center for the practice of *Jodoshinshu*. We need your opinions, ideas and input. In a few months there will be an email survey that we would like temple members and their families to complete. If you don’t have email, that’s okay; you can complete a written survey. Our goal is to have broad participation of our sangha – young, old, active members, inactive members.

In addition to the survey, in the future there will be focus groups and general meeting resulting in a plan for achieving the future vision of Senshin.

Thank you for your support and participation,
Senshin Visioning Committee

洗心寺のみなさん、お願いがあります。

いかにしてこれまでのように、浄土真宗の教えを実践できる、活気あるお寺の未来を一緒に考えましょう。そのために、皆さんの意見、考えを聞きたい、近く、お寺の会員、ご家族宛に

質問のメールを送りますので、ご返事を願います。

メールのない方は、手書きでかまいません。

若い人、年長者の方、いつもお寺にこられている方、時折しか来られない方でも、

できるだけ広範囲のご意見を伺いたいと思っています。

この質問調査は、委員会でもとめられた後、総会に提出され、皆さんによるお寺の未来の展望を設置する基台になります。

洗心寺 Visioning Committee より

APRIL 2020 DONATIONS

3/8/2020	Wendy & John Mori K.Ishizuka & B.Nakamura	3rd year memorial, Ronnie Matsuda 3rd year memorial, Ronnie Matsuda
4/8/2020	Inatomi Family Masao Kodani Stephanie Mizutani Family LT Kanda, DJ Gleeson Beverly Rogers Beverly Rogers Lance Nagano John & Debbie Hiramoto	Service, Lily Inatomi Dana In memory of Hana Unno In memory of Paige Kiyoko Kathleen Gleeson In memory of Chido Aramaki In memory of Tsukasa Saneto In memory of Mary M Nagano Virtual Omairi
4/14/2020	Dale Shirasago Craig Ogawa	Dana Dana
4/18/2020	Diane Kawaguchi Thomas Kuwata Lori Nishida Craig Wong Merrie Nishisaka	Nokotsudo Dana 49th day Service, Yuri Nishisaka Dana Donation
4/29/2020	Paula Shirasago Patricia Honkawa Bruce Hirayama Deborah, John Hiramoto Douglas Matsuda Debra Nishida, Neil Hurley Kenneth, Jojiye Iriye Nick Nagatani Eugene Murakami	Covid-19 donation Dana Dana In memory of George Hiramoto Covid-19 donation Covid-19 donation Covid-19 donation Dana Dana

MARCH FLOWER DONATIONS

Aguilar Family
Rev. Mas Kodani
Michiko Sugano
Takashima Family
Mutsuo and Yukie Ushirogata

SHOTSUKI HOYO APRIL 2020

<i>Donor</i>	<i>In Memory of</i>
Janis Ishitani	Kayoko Wada
JoAnn & Neil Komai	Yoshito Yamada
Jean Minami	Kichitaro Minami
Richard & Helen Nakawatase	Hideo Nakawatase
Debra Nishida & Neil Hurley	Grandmother Misa Yamaguchi
Lori & Russell Nishida	Harry Nishisaka
Marilyn Shimabukuro	Shikko Shimabukuro
Satomi Saneto	Tsukasa Saneto
Wilbur & Iris Takashima	Yoshiko Takashima & Setsugo Taniguchi

Listed are donations handled by the Regular Treasurer:

Special: donation received with no specific reason given

Orei: donation for use of temple facilities, equipment, etc.

Nokotsudo: donation by families who have family cremains in the **Nokotsudo** (columbarium)

The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.

HANAMATSURI APRIL 2020

Madalyn Adams	Neil & JoAnn Komai	Judy Nakatani	Lynn Taketomo
Julie Akahori	Martha Kuwaki & Dorothy Higa	Deb Nakatomi & Bob Miyamoto	Yoshiko Takeuchi
Ted Akahori	Douglas Matsuda	Helen Lew Nakawatase	S. R. Takeyama
Roy & Jane Asahi	Natsuko Matsushige	Russell & Lori Nishida	Barbara Tanezaki
Don Akamine	Tammy & Dale Matsubara	Kevin & Yoko Nishikawa	Alan Terakawa
Miki Fujimoto & Curtis Rooks	Kazuo & Ikuko Matsubayashi	Merrie Nishisaka	Suzanne Toji
Debra & Stan Fukawa	Hidehiro & Kimiko Matsukawa	Jerry Ogawa	Kathy & Marty Umemoto
James & Karen Harada	Lorraine Matsuyama	Ron & Fujie Ohata	Alice Unno
Kenneth Hatai	Joy Middo	Randy Onishi	Nancy Usui
Bert & Dorothy Higa	Jean Minami	Beverly Rogers	Matsuko Uyeno
Paul Hiramoto	Richard & Yoko Miyagawa	Michiko Sakakura	D. Uyeshima
Deb & John Hiramoto	Yoshio Miyagishima	James Segawa	Vickie Wakinaka
Catherine Hisamune	Marilyn & Dennis Miyamoto	Marilyn Shimabukuro & Gilbert Leong	Mike & Lily Yanagita
Edna Horiuchi	Garren & Stephanie Mizutani	Ellen Shimohara	Betty Yamashita
Kenny & Joji Iriye	Eugene & Elaine Murakami	Mark & Reiko Sondag	Arlene Yokoyama
Denise Ishitani		Kiyoe Suzuki	Carole Yokota
Janis Ishitani		Wilbur & Iris Takashima	Kiyoko Yoneda
Judy Nakatani		Richard Takeda	Amy Yukawa
Emi Kamikawa			
Ikuko Kiriya			

Vehicle Donation

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple. The funds realized from these donations are earmarked for the Senshin-ji Building Fund. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.

We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed and refurbished as necessary to bring in the highest sale amount for the donated vehicle.

Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowledge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.

If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-0048, or Wilbur Takashima (310) 398-9558.

The Kikuo and Kaoru (Kay) Ogawa 2020 Memorial Scholarship

Requirements:

1. Must have graduated high school or passed the GED (General Educational Development) test by June of the application year or earlier.
2. Applicant must be accepted by or enrolled in a college, university, trade school, or technical school, or must show intention of attending one of those institutions.
3. Must obtain and complete the application as stated below.
4. Scholarship funds must be applied towards tuition, fees, books and other educational expenses as deemed appropriate by the scholarship benefactors.
5. Must be the member of a Buddhist Temple/Sangha, if over 30 years of age. For high school graduates, their parent(s) must be a member(s) of a Buddhist Temple/Sangha.

Application:

An application may be obtained via email by contacting Wilbur Takashima at wktakashi@aol.com. You may also call him at (310) 398-9558. The application will require a two-page essay and two separate recommendations. Details are provided in the application package. The application (including both recommendations) **MUST** be received by June 30, 2020. The scholarships will be presented in a July 2020 service at Senshin, depending upon the status of the Social Distancing guidelines that are currently in effect.

Scholarship Award:

A one-time scholarship of \$1,000 will be awarded to each of two individuals.

MESSAGE FROM BISHOP MARVIN HARADA

Reverend Marvin Harada assumed the position of Bishop of the Buddhist Churches of America on April 1, 2020 at a time when each of our lives has been affected by the COVID-19 pandemic. During this unsettling time of crisis, Rev. Harada shared these thoughts with the members of the BCA.

Dear BCA Members,

Today I begin my term as your next Bishop of the Buddhist Churches of America. It is an honor, privilege, and great responsibility that I have received. May I thank all of you for giving me this opportunity to serve in this capacity.

We are living in an unprecedented time, facing a global pandemic that has hit our nation, state, and communities. In order to do our part to help prevent the spread of the virus, we have cancelled all of our services and gatherings at our churches and temples and are all abiding by the “stay at home” directives. We deeply miss seeing one another and being able to gather for a Sunday service or to be able to pay our respects to a dear loved one at their funeral service. Our Sanghas are living “communities” and now we must be isolated and apart from each other. It is a painful and difficult time for all. Many have lost their jobs or their jobs are threatened by recession. Perhaps some of you know or have a loved one suffering from the virus and you were not even able to be with them during their time of need.

It is exactly during times of great duress that over the centuries in our Buddhist tradition many have turned to the Buddha-Dharma, for solace, for peace, for meaning. This time is no different.

Shinran Shonin wrote in one of his poems, or *wasan*, the following:

*When we say “Namu-amida-butsu,”
The countless Buddhas throughout the ten quarters,
Surrounding us a hundredfold, a thousandfold,
Rejoice in and protect us.*

p. 355, *Collected Works of Shinran*

What this poem is saying to me, is not that saying *Namuamidabutsu* will prevent me from getting the virus, but it is saying that for the person who recites and receives the *Nembutsu*, that they are embraced within the world of Buddha, the world of wisdom and compassion, no matter what. If I get the virus, *Namuamidabutsu*, I am embraced within the world of Buddha. If I don't get the virus, *Namuamidabutsu*, I am embraced within the world of Buddha. Either way, get it or not get it, I am one with the timeless truth of immeasurable life and immeasurable light. That is the ultimate source of peace and solace.

May we face this challenging time together and may it give us even greater resolve to dedicate ourselves to support our temples and the BCA, so that we can continue to share the Dharma in whatever medium or manner that we can. May I ask for your support, understanding, and cooperation during my term. Humbly, I bow my head to all of you in saying, “*Dozo, yoroshiku, onegai itashimasu.*” (May I humbly ask for your kindness and consideration).

In *Gassho*,

REV. MARVIN HARADA

Bishop

April 1, 2020

“One Click Away” Join the Sunday Service from your home.

While we need to stay home during this unusual situation, you can join our Sunday service via the internet and even make a donation through our temple website.

Unlike a phone call, it takes several clicks to join online on Sunday. It is easy to connect.

For joining online service:

1. You can go to the temple website:
www.senshintemple.org
2. Below the Hondo picture, you can see “Senshin Buddhist Temple Service Book.” And below it, you can see “Senshin Sunday Service” and “Register Now!”
3. Now, you can click “Register Now.” After you click it, the screen changes and asks you to fill out the form, your name, and your email address.
4. After you fill out the form, you need to click one more time.
5. At the bottom of the page, you can find “Register” in the blue rectangle box. Click there.

インターネットでの 日曜礼拝

現在、コロナウイルス感染拡大の状況によってお寺に集まることができません。この状況が長引くようなので、日曜日のサービスをインターネットで始めています。日曜日朝10時から始まり、古本開教使とお経を一緒にとなえ、また法話を聴聞することができます。コンピュータとインターネットをお持ちでしたら、日曜日のサービスにご自宅から参加できますのでどうぞお参りしてみてください。インターネットでの法要にお参りするには、英語の方に手順がありますので参考にしてください。これは電話と違って少し手間がかかりますので、あまりコンピュータに詳しくない方は、古本開教使に電話で連絡してみてください。またはコンピュータに詳しいご家族や友人がおられたら、どのようにしたらよいかを尋ねてください。

6. Now your registration is finished and you will receive the email from Stan Fukawa.

7. When you receive the email from Stan Fukawa, you open it and follow the instruction to join the service.

If it is difficult for you to join, please ask your family members. Our temple members are willing to help you too, so please feel free to call Rev. Furumoto. He will contact a temple member who can help you and will call you.

If you wish to make a donation through our website, you can find the Donate button at the left bottom of the page. This requires more clicks and more steps. So, if you would like to make a donation, you can mail it to the temple. It will be just one stamp away!

“♪ I am only
one call
away, . . .

...is a lyric from 2015 hit song
One Call Away by Charlie Puth.
Now you can connect to the
Dharma and your Dharma
friends by phone.

With the Coronavirus crisis, our temples are closed and we are “staying home.” Recently, BCA created “Dial the Dharma.” By calling “Dial the Dharma,” (415 528 7220) you can listen to Bishop Rev. Harada's Dharma Message.

If you want to talk to Rev. Furumoto, you can call him anytime just to say hello or ask him about the teaching. (424 603 1009). He sometimes calls our elder members too. Some of our temple members have been calling other temple members to enjoy chatting or to ask if help is needed.

Most temples are now using computer technology for online streaming services or temple organization meetings. But if you do not like to use such technology or think “it is too complicated for me to use,” you can use the phone to connect to listen to the Dharma on “Dial the Dharma” or talk with Sangha members. Just one call and you can be with your *Nembutsu* friends.



Updates & ANNOUNCEMENTS!

President's Message

On behalf of the board, I hope that all the Sangha members and family are healthy and safe during this COVID-19 period. The board has been having its monthly meetings and maintaining its function as a temple during this crisis. Many thanks to Stan Fukawa in providing the necessary equipment for the Sunday services and the monthly board meetings. I hope that this crisis will end soon so that all of us can return back to the temple to meet up with all of our friends and family. I also hope that the Sangha can donate any monetary gift to help keep the temple active during this time. Again, thank you everyone and please be safe and healthy during this crisis.

Gassho,

CHIKAKO KOJIMA

Board Meeting Notes

Unfortunately, there really is nothing new to report. Even though some of the Stay-at-Home restrictions might be easing up soon with some businesses opening up this week, religious institutions are not slated to resume their live services/activities until Stage 3. Hopefully we'll be able to gather sometime in the summer, but again, it all depends on CDC/State/City/BCA guidelines. When we are able to return, it'll look/feel very different. . . the New Normal.

Work continues to convert the 1327 property into a parking lot.

No further talk on Bon Odori. Hat-subon service has been postponed.

ABA has cancelled the Rummage Sale in August.

Streamed services will continue

as long as we're sheltering-in-place. Some members have mentioned having trouble getting logged into the services. Stan Fukawa is aware of this and is always working on improving the connection. If you happen to miss a service, you can always go to the Senshin website and view the recording. Each service is up for a week only.

Hope you're all doing ok. Take care and stay safe and well.

Temple Membership

Thank you to all of you who have paid your membership dues for 2020.

We do rely on your support to help fund operation of the temple facility and programs and pay the BCA assessment.

During the shelter in place period, if you have any questions or need any assistance with membership or forms,

please contact Senshin (via email: senshintemple@gmail.com). We will be happy to call/email back. Please stay safe and healthy.

B W A

Here we are after 2 months plus of sheltering-in-place. We have no idea of how this will all play out. We're stressed, frustrated and depressed. As difficult as all this has been for everyone, when you step back for a minute, it's so heartbreaking to think about how much our Issei and Nisei family members went through with not only the Great Depression, but internment during World War II and now this. We've heard the word "gaman" a lot when we talk about those periods of history. When I looked the word up, Wikipedia defines it as "enduring the seemingly unbearable with patience and dignity; strength in the face of difficulty or suffering." That's exactly what they did. They overcame such harsh adversity in the face of poverty, incarceration and discrimination. And here they are again, ready to take on still another challenging situation with the same determination and strength. The lives of Sanseis, Yonseis and Goseis have been so much better due to all the sacrifices made by the Issei and Nisei. We are so fortunate to have such exceptional role models. Let's think of them with much gratitude for the way they inspire us as we navigate our way through this unprecedented journey. *Gambatte*. Hang in there.

We gratefully acknowledge the following for their generous dana.

MARCH DONATIONS

Connie Matayoshi-Nishiyama and

Gene Matayoshi, *In memory of*

Mother, Yoneko Matayoshi

Bernice Wakinaka, *In appreciation*

for assistance with funeral for Asa

Wakinaka and otoki

Kathie and Marty Umemoto, *3rd Cycle*

Memorial for Ronnie Matsuda

APRIL DONATIONS

Bruno, Camara, and Mizutani Families, *In gratitude for Father, Reverend Tets Unno's Retirement Luncheon*

A B A

In light of health and safety restrictions, there will not be a Rummage Sale this year. We look forward to the time when we can safely meet again and work together..

Jr Y B A

This month, all Southern District meetings and activities were canceled due to the social distancing measures including this year's Obon T-shirt fundraiser. However, many of us are, of course, not at a lack of activities. We were glad we were able to still chair service virtually in April and on-line classes and assigned school work continues to keep us on our toes. It's a weird time for everyone, teenagers included, but the best we can do is stay inside and spend time with our families. We do look forward to the time we'll be able to see each other again at Senshin. Congratulations to our Jr. YBA graduates: Erin Akamine, who will be attending UC Santa Cruz and Kyla Jackson, who will be attending Cal State Fullerton. If you are a high schooler interested in joining Jr. YBA, please contact Debby Fukawa at debfukawa@gmail.com. !



I try to visit the WasabiKai studio a couple of times a week. Spring cleaning, watering plants, a bisque firing, but haven't been in the mood to make anything. Part of the problem is my mind is often filled with this virus that has affected the world and my little world in particular. We have had to cancel classes and open studio ses-

sions without any idea when we may return. One afternoon I called a good friend who has a large ceramic studio with many members and classes. He mentioned the economic strain of being shut down and doubts if he will be able to weather a prolonged shut down.

Studios like his have become somewhat like a haven to relieve stress and a way to be creative. Some liken ceramics to yoga. As students progress, some will pursue it professionally. Others are happy to just make things and to socialize with like-minded folks. I think of those, trying to sell, teach and pursue their passion, who live on the edge like many Americans.

Back in the early 70's I shared a studio in Pasadena with some other

craftspeople and artists. We all worked long hours pursuing our passion, traveling to art fairs and selling to galleries and stores. We lived hand to mouth. If I told you what I made in a year you would be shocked! I don't think things have changed much for craft folks and artists. Artists will continue to create but the small stores that make a community vibrant and support these artists may not. Just as we try to support small restaurants in our communities, I hope we can all support the artists and craftspeople when we are able. Looking forward, Bob

Obon Raffle June 27!

Hi Everyone! Yes! Senshin will hold its annual Obon Raffle fundraiser. The Obon Raffle is one of our temple's major fundraisers and although we are temporarily away, we are asking for your support this year from a distance.

The raffle ticket mailing is headed your way in mid to late May. The suggested donation is \$30 per book or \$60 for two books. (This year a free ticket in each book is included for you in the mailing.) If you are able to support the fundraiser please send back the ticket stubs and a donation check in the envelope provided and mail in your envelope early enough so it is received at Senshin by Wednesday, June 24. If you are not making a donation for the tickets, no worries; however, please do send in two (2) stubs at no cost – we would love to have everyone participate in this year's special drawing. Winners will be drawn June 27 and contacted using the information filled in on the winning ticket stubs. In addition to the cash prizes, there will be many amazing non-cash prizes to be raffled!

We are grateful for your ongoing support and look forward to seeing you all in person very soon when it is safer. If you have any questions please contact Debbie Hiramoto at 626.232.4736 or debhiramoto@gmail.com.

In Gassho,
Raffle Committee



洗心仏教会

2020年6月

4月感謝録:

寄付:M駒井,D白砂,C小川,T桑田,C.Wong 故K.Paige,K.Gleeson追悼:LT神田,DJ.Gleeson
P.本川,M西川,B平山,N長富,E村上 故H海野追悼: S水谷一家
新型コロナ寄付: P白砂,D松田,D西田,N.Hurley 故C荒巻追悼: B.Rogers
K&J入江 故T実藤追悼: B.Rogers
故稲富葬儀: 稲富一家 故M長野追悼: L長野
納骨堂:D川口 故G平本追悼: D&J平本
ヴァチャルお参り:J&D平本 故Y西川49日:L西田

5月供花: Aguilar一家,M小谷,J駒井,M菅野,高島一家

いましばらくお寺の法要は、Sutan Fukawaさんが設置されたサイト “Join Webinar” を通して、毎週日曜日午前10時に行われます。
コンピューターをお持ちの方は、メールアドレスを古本先生に知らせ、ぜひ登録してください。
“離れても一緒” だという体験を味わえます。

初盆法要は7月あるいは8月に行いたいと計画しています。
その他の行事も、今後州、郡、市の指示いかんによって変わりますので、その節には通達します。

洗心寺のみなさん、お願いがあります。

いかにしてこれまでのように、浄土真宗の教えを実践できる、
活気あるお寺の未来を一緒に考えましょう。
そのために、皆さんの意見、考えを聞きたく、近く、お寺の会員、ご家族宛に
質問のメールを送りますので、ご返事を願います。
メールのない方は、手書きでかまいません。
若い人、年長者の方、いつもお寺にいられている方、時折しか来られない方でも、
できるだけ広範囲のご意見を伺いたいと思っています。

この質問調査は、委員会でまとめられた後、総会に提出され、
皆さんによるお寺の未来の展望を設置する基台になります。

洗心寺Visioning Committeeより

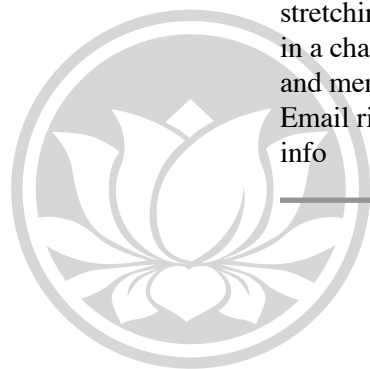


Beginning Yoga Class
for Senshin Sangha
Online!

Now more than ever is the time to keep your body moving and your mind calm. Beginner yoga classes offered online through Zoom and taught by Riki Aihara. No experience necessary or equipment required. We will cover basic yoga techniques, meditation and stretching. Most of class can be done in a chair. Take care of your physical and mental health during this time. Email riki.aihara@gmail.com for more info

The Following Activities
have been cancelled

- Beginning Yoga Class for Senshin Sangha (online class continues)
Mondays 10a
- Exercise Class / TBMM
Tuesday & Thursday, 9:30–10:30a
- Karate Club
Wednesdays 4:30p
- Aruku-Kai “Let’s Walk” Club
- Kinnara Gagaku/Bugaku Classes
- Kids' Taiko
- Taiko
- WasabiKai
- Organizational meetings



Senshin's new Koinobori to celebrate Boys' Day / Children's Day



1327 property being prepared for future parking lot.



Temple garden. Thank you Rev. Mas and Roberto!

SENSHIN-JI 2020 JUNE 2563

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✱ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL TEMPLE ACTIVITIES HAVE BEEN CANCELLED IN THE INTEREST OF KEEPING OUR SANGHA SAFE AND HEALTHY.						
	1	2	3	4	5	6
				7p Virtual Temple Board Meeting		
7	8	9	10	11	12	13
9:45a Dharma School message 10-11a Webinar Monthly Memorial Service / <i>Shotsuki Hōyō</i>						
14	15	16	17	18	19	20
9:45a Dharma School message 10-11a Webinar Sunday Service	7p Virtual <i>Zadankai</i>					
21	22	23	24	25	26	27
9:45a Dharma School message 10-11a Webinar Sunday Service						Obon Raffle Drawing
28	29	30	July 1	July 2	July 3	July 4
9:45a Dharma School message 10-11a Webinar Sunday Service						

JUNE TOBAN:

Due to the continued COVID-19 pende mic, all temple services and activities have been cancelled in June. Therefore the need for hondo toban and flower toban have also been suspended.

TEMPLE SUMMER EVENTS INFO:

Due to COVID-19 pandemic, we need to cancel or postpone MOST major summer events.

Saishin Dojo, CANCELLED.

Bon Odori, CANCELLED.

If the situation improves, we may have a small Obon Dance with the temple members. **Obon Raffle June 27.**

Hatsubon, in person service POSTPONED to July or August. Another possibility to hold Virtual Hatsubon service.

Kangi-e Obon Service is scheduled for July 12. Service will be conducted at the temple, which you can join from home on the internet.

Please check the updated information from the *Prajna* July issue, Emails from the temple, temple website, and your friends.

Thank you for your continued support!
In Gassho.

THE FOLLOWING ACTIVITIES HAVE BEEN CANCELLED:

- Yoga (available online), karate and exercise classes
- Taiko, Kids' Taiko, gagaku and bugaku
- Wasabi-kai
- Organization meetings
- Board and committee meetings will be conducted online.