



BONNO LIST

Although we are full of *Bonno* (blind attachment or worldly desires), we often forget about it and give harm to others and ourselves. It is like a person who does not know that he has a virus. But if he finds that he is infected, he would go to the hospital for medicine and treatment.

Jodo Shinshu followers are taught, “You are the perfect *Bonno*, foolish being who possesses all *Bonno*.” Therefore, we come to the temple (on-site or virtually) to recite the *nem-butsu* and hear the Dharma.



We should live with *Bonno*. We cannot eliminate them. It is like a chronic disease. Because of *Bonno*, life is not easy. But we can live with *Bonno* and get along with *Bonno*.

In order to live with *Bonno*, we should know about it.

In Sanskrit, *Bonno* is called *Kleshas*, which means mental and

physical pain. *Bonno* is written with two *kanji*. 煩(*Bon*) and 悩(*No*), *Bon* means bother and *No* means worry.

Shinran Shonin stated in the “*Notes on ‘Essential of Faith Alone’*” that “Blind Passions refers to pains which torment the body and afflictions which distress the heart and mind.” (CWS. P.459)”

The *kanji* that is shown on this cover page is a newly created *kanji* “*Bonno*.” This *kanji* is one *kanji* which consists of eleven different *kanji*. And the number of strokes is 108. It is the number of *Bonno* that we possess.

It is said that this *kanji* was created by a calligrapher about a decade ago. When she was studying Buddhism, she wrote some *kanji* that related to *Bonno* and found it took just 108 strokes so she combined these *kanji* to make them into *kanji*.

The top part of this *kanji* is 苦 read *Ku* means suffering. Below this *kanji*, there are six *kanji* that mean six organs: eyes, ears, nose, tongue, body and mind (眼,耳,鼻,舌,身,意), three *kanji* which mean like, dislike and neutral (好,悪,平) and two other *kanji* that mean pure and impure (浄,染). This means from the six organs we receive information and we decide “like, dislike or neutral.” Because this judgment came from our ego or self-centeredness, it will create *Bonno* and there is a possibility to either purify our heart and mind or have an impure state of heart and mind.

Below is a list of six major *Bonno*. The first three *Bonno* are called the three poisonous *Bonno*, which is often abbreviated “GAS.” When the GAS is in our stomach, it gives us harm but if

we push the GAS out, it gives others harm.

貪欲 (ton yoku) Greed, lust, attachment to pleasurable things

瞋意 (shin ni) Anger, enmity

愚癡 (guchi) Stupidity, Ignorance, lack of Buddha’s profound wisdom. The three poisonous fundamental passions.

慢 (man) Pride, being proud of oneself and despising others, mind of comparing ourselves to others. There are two types of Pride.

増上慢 (zo jo man) The feeling of being superior toward those who are inferior (or one’s equal). Considering oneself to be more worthy or virtuous than others.

卑下慢 (hige man) The feeling of being inferior toward those who are superior (or one’s equal), being humble but feeling proud at being so.

疑 (gi) Doubt, hesitation in entering Buddha Dharma gate.

見 (ken) Wrong view

FIVE WRONG VIEWS

身見 (Shinken) The view that ‘self’ exists permanently

辺見 (Henken) Extreme view

邪見 (Jaken) The view that rejects causality

見取見 (Kenjuken) Attachment to a wrong view

戒禁取見 (Kaigonjuken) The view that holds some wrong teaching as right for attaining *Nirvana*.

You can put this list on your refrigerator. Many of us go to the refrigerator more often now than before.

Before the stay-at-home order is completely lifted, please memorize the six major *Bonno* that give us troubles. We think our troubles come from the outside, but Buddhism teaches us the cause of the trouble is within our inside, our self-centered thoughts and *Bonno*.

We cannot eliminate *Bonno* as long as we are alive. Shinran Shonin often mentioned, “without severing Blind Passions, they realize *Nirvana* itself.” He meant that since we are full of *Bonno* and incapable of detaching ourselves from our self-centeredness, Amida Buddha established the vow and enables us to be born in the Pure Land (*Nirvana*). Amida’s vow power helps us to lessen the working of our ego and less emission of GAS while we are living.

If you think you can eliminate *Bonno*, try it. It will help you to understand how strong your ego is and how hard it is to remove your *Bonno*. Eventually, you will give up your ego-self-power effort and deeply appreciate the *Jodo Shinshu* teaching like Shinran Shonin.

Namoamidabutsu

REV. RYUTA FURUMOTO



煩惱という字

サンスクリット語で煩惱はクレーシャと言ひ、心身の痛みという意味だそうです。漢字では字のごとく、煩わす、悩ますもので、親鸞聖人は「唯信鈔文意」で「煩は身をわづらはす、悩はこころをなやますといふ」とお示しくださっています。

英語のメッセージのほうにある漢字をご覧になったことがあるで

しょうか？これは1つの漢字で煩惱と読みます。この漢字は11の異なる漢字を組み合わせたもので、ある書道家の方が約10年前に創作された字だそうです。この書道家の方が仏教を学んでおられて煩惱に関する漢字を書いてみたら108画だったので、それらを組み合わせでこの漢字を作られたのです。108は我々が持っている煩惱の数だといわれています。

一番上に苦という漢字があり、煩惱が我々を苦しめるものだということが表現されています。その他の漢字は、「眼、耳、鼻、舌、身、意」でこれを六根といいます。我々は目や耳などから情報を取り入れ、それを好き、嫌い、どちらでもない、と判断します。それを、「好、悪、平」と言い、それらの漢字がふくまれています。それで「浄と染」は、煩惱が仏さまもしくは自分の修行によって浄化されることを表し、染は、その反対に自分の心が煩惱に染められることが表現されています。

煩惱があると心身がわずらわされるので、できれば取り除きたいところですが、浄土真宗の教えでは、煩惱は生きている限りなくならないので、煩惱とともに生きていくという立場をとります。

欲と煩惱をわけて考えることがあります。欲は悪いものではなく、それがないと生きていかれません。仏教は、食べる、寝る、性欲など生命にかかわる三大欲求をなくせと言っているわけではな

く、もっと食べたい、だらだらと寝たい、多くの異性や同性に関心をもってもらいたい、と欲が貪るような貪欲（とんよく）となります。欲が煩惱である貪欲に変わらなようにつとめたいところですが、これが難しいです。最小限の食事や睡眠をとり性的なことを考えない、ように生活することを修行とする宗派もありますが、親鸞聖人は、それは凡夫には不可能なことなのだとご理解されています。聖人ご自身もそのような修行をされましたが、自分の心を見るとやはり「もっと欲しい」という心が消え去らなかったのです。それで、煩惱あるそのまま救う阿弥陀如来におまかせする、とのお念仏の教えに帰依されました。親鸞聖人のお書物にはよくそのことができます。正信偈の「煩惱を断ぜずして涅槃を得る」とか「煩惱のために阿弥陀さまを見ることはできないが、阿弥陀さまは常に慈悲と智慧でわれわれを照らしてくださっている」などです。

阿弥陀如来が我々を救うとの願いを起こされました。それは、我々が常に煩惱をもっていて、それがトラブルとなっているので、ほっておけない、という仏心です。その願いを聞かせていただくと、自分が常に煩惱を持ち合わせている存在だということが知れて、できるだけ煩惱を野放しにしないようにしよう、との思いがでてくるようになります。それで、煩惱

によるトラブルが減りますし、なにか問題がおこっても自分の煩惱にその原因があると、反省できる人になります。それが阿弥陀様の救いの力をいただいている念仏者の煩惱との付き合い方です。

南無阿弥陀仏
古本龍太

Monthly Memorial JULY
Virtual Shotsuki Service July 7 at 10a

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person's relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED'S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Brother-in-law	Uyetake, Keiso
Akahori, Ted	Friend	Shigeyasu, George & Emiko
Fujimoto, Noriko	Husband	Fujimoto, Hisashi
Hashimoto, Miwako	Brother-in-law	Hashimoto, Harry
Hashimoto, Miwako	Father	Nishimura, Kanichi
Hosokawa, Gloria	Grandmother	Maruichi, Hatsu
Huey, Celia	Grandmother	Kanagawa, Mitsuru
Imamura Family	Grandmother	Yoshimura, Hisa
Ito, Maryann	Father	Ito, Tokuo
Kitano, Gerald	Father	Kitano, Melvin
Kitano, Jane	Mother	Otamura, Sumiko
Kojima, Chikako	Daughter	Kojima, Noreen
Kok, Richard	Mother	Yoke, Toh Siew
Kunitake, Kimiyo	Mother-in-law	Kunitake, Shizue
Kunitake, Kimiyo	Mother	Yamada, Eiko
Matsubayashi, Kazuo	Mother	Matsubayashi, Atsuko
Matsukawa, Hidehiro		Matsukawa/Kitano Families
Meigneux, Kate; Meigneux, Emma; Meigneux, Teia	Husband/Father	Meigneux, Patrice
Miyata, Satoshi	Wife	Miyata, Sue
Mori, Wendy	Mother	Sahara, Chiyo
Murakami, Eugene	Father	Murakami, Kazuo
Nagano, Lance	Wife	Nagano, Julia
Okazaki, James	Uncle	Okazaki, Tasuku
Ota, Joanne	Mother	Ota, Sydney
Saneto, Motoko	Mother-in-law	Saneto, Koima
Sato Family	Grandmother	Sato, Kogimi
Segawa Family		Segawa/Kawamoto Families
Shigaki Family	Mother	Shigaki, Doris
Sugano, Michiko	Mother	Yoshimoto, Sayo
Takashima, Iris	Uncle	Yasuda, Minoru
Takemoto, Jon	Father	Takemoto, Ben
Takeyama, Yo	Husband	Takeyama, Ray
Terrell, Jackie	Mother	Howard, Marty
Tomita, Misao	Brother-in-law	Tomita, Akira
Toyama, Beverly	Aunt	Murata, Hatsuye
Toyama, Beverly	Uncle	Murata, Kenji
Toyama, Tory	Spouse	Guerrero, Chase
Wakinaka, Bernice	Sister-in-law	Nagaoka, Meta
Yamashita, Betty	Grandmother	Ito, Toku
Yokoyama, Arlene	Sister	Yamada, Ellen
Yokoyama, Arlene	Mother	Yamada, Thelma
Yoshimura, Evelyn	Father	Yoshimura, Dan
Yoshimura, Brett & Susan	Grandfather	Yoshimura, Dan
Yoshimura, Evelyn	Stepmother	Yoshimura, Kay

Hatsubon Service
Postponement

The *Hatsubon* Service is a special service dedicated to the memory of those who have passed away during the past year (from *Obon* to *Obon*). This year, the service has been postponed. Depending on the COVID-19 situation, we may possibly hold the service on August 15 or 16 and we may be able to have a hybrid service (in-person and internet broadcast). Please check the August issue of the *Prajna* for further information.

初盆法要は8月15日か16日に営むよう計画しています。できるだけ本堂にお参りできるようにしたいのですが、状況を見て、本堂に来ていただけるかどうかを決めます。8月のブラジュナでまたお知らせします。

Senshin-ji
Kangi-e Obon

In *Jodo Shinshu*, *Obon* is called *Kangi-e*, or The Gathering of Joy. It is the major festival of our Buddhist calendar year. It is a memorial service and celebration in memory of our ancestors and all who have passed away. It is an occasion to remember our indebtedness to all who have gone before us, to appreciate and thank those lives and to reaffirm the sanctity of all living beings.

We will hold the *Kangi-e Obon* Service on Sunday, July 12, 2020. This will be an online service. Please use your computer and the internet to join the service. If you need the link to join the service, please email senshintemple@gmail.com

10am: *Kangi-e Obon* Service with guest speaker Rev. Mas Kodani

We appreciate your continuing support.

洗心寺 歓喜会（お盆法要）のご案内

浄土真宗ではお盆法要を歓喜会と呼びます。先亡の家族、友人を始め、有縁、無縁の方々に感謝しつつ、お浄土へ往生することがなぜ歓喜となるかの意義を聞思する法要です。皆様、ぜひお参りください。ご講師は小谷先生です。7月12日、午前10時からインターネットでお参りしてください。

Dial the
Dharma

With the Coronavirus crisis, BCA created “Dial the Dharma.” By calling “Dial the Dharma,” 800-817-7918, you can listen to Bishop Rev. Harada’s Dharma message. Japanese message by various Japanese speaking ministers started in May. Every other week on Wednesday, both English and Japanese messages will be renewed. For English, press 1 and for Japanese press 2.

ダイヤルザダルマに日本語法話

現在、BCAでは電話をすれば5分間の法話を聞くことができるプログラムを始めていて、コンピューターをあまり使わない門信徒の方から好評を得ています。5月からは日本の法話を聞くことができるようになりました。（800）817-7918に電話すると、原田総長の声で英語の方は1を日本語の方は2を押すように言われますので、2を押してください。日本語の法話は2週間に一度、水曜日に更新されます

Schedule Change notice

Due to the COVID-19 situation, the following temple schedule changes have been made for August:

- We will continue Sunday services (Online) in August.
- We will hold Shotsuki Service on August 2.
- We will hold Hatsubon in August, probably August 15 or 16.
- Temple Picnic is canceled.
- August *Prajna* will be mailed.

コロナウイルスの影響で8月のお寺のスケジュールが変わりました。8月も日曜のお参りがありdます。8月の祥月も8月2日に営みます。初盆は8月15日か16日に営む予定です。ブラジュナも8月号を送ります。



Listed are donations handled by the Regular Treasurer:
Special: donation received with no specific reason given
Orei: donation for use of temple facilities, equipment, etc.
Nokotsudo: donation by families who have family cremains in the **Nokotsudo** (columbarium)
The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.

MAY 2020 DONATIONS

05/11/20	Kikuko Nishida	Nokotsudo
	Anonymous	Dana
	Christopher Burtis	1st cycle service, Gwen Nishida
	Neil, JoAnn Komai	7th Year Hoji, Alice Yamada
	Yoshiko Takeuchi	Nokotsudo
	Michiko Sugano	Nokotsudo
	Madalyn Adams	Nokotsudo
	Christopher Burtis	Nokotsudo
	Madalyn Adams	Online Osaisen
	Nick Nagatani	For Whatever
	Mark, Reiko Sunday	Maintenance Fund
	Judy Nakatani	Covid-19 donation
	Laraine Matsuyama	Donation
	Gail Matsumura	Donation
	Wilbur, Iris Takashima	Covid-19 donation
	Donna Mori	Donation
	Julie Akahori	Covid-19 donation
	Ted Akahori	Covid-19 donation, Boys' Day
	Betty Yamashita	Dana
	Joy Middo	Dana
	Carole Yokota	Dana
	Nishikawa Family	Dana
	Reiko & Kenny Koyanagi	Dana
	Susie Usui	Dana
	Kenneth & Teresa Wong	Dana
	Robert & Deborah Oye	Dana
	James & Nancy Usui	Dana
	Merrie Nishisaka	Covid-19 donation
	Russell & Lori Nishida	Osaisen
	Denise Ishitani	Dana
	Ted Akahori	Covid-19 donation
	Dale Matsubara	Covid-19 donation
	Jean Minami	Covid-19 donation
	Richard Kok	Covid-19 donation
	Emi Kamikawa	Dana
	Kazuo Matsubayashi	Dana
	Janis Ishitani	Covid-19 donation
	Amy Yukawa	Donation
	Ronald & Fujie Ohata	Covid-19 donation
	Neil & JoAnn Komai	Covid-19 donation
	Robert Hori	Covid-19 donation
	Beverly & Jennifer Rogers	Dana
	Wasabi-kai	Orei

MAY FLOWER DONATIONS

Ted & Julie Akahori
Anonymous
Catherine Hisamune
Merrie Nishisaka
Nishikawa Family
Aki & Beverly Rogers
Yoshiko Takeuchi
Matsuko Uyeno
Betty Yamashita

05/06/20	Lynn Nagano-Choi	Dana
05/14/20	Connie Matayoshi	Covid-19 donation
	Chikako Kojima	Covid-19 donation
	Ann Ogawa	Covid-19 donation
	Emoto	Dana

MAY 2020 DONATIONS cont'd

05/14/20	Rev Tets Unno	Dana
	Karen Broberg	Dana
5/17/2020	Dale Shrasago	Dana
	James & Karen Harada	Dana
5/26/2020	Wilbur, Iris Takashima	Use of popup
	Edmond & Susan Young	In memory of Alfred & Doris Shigaki
	Russell & Lori Nishida	Memorial Day
	Debra Hiramoto	Donation, Chicken Teriyaki
	Merrie Nishisaka	Nokotsudo
	Barbara Tanezaki	Covid-19 donation
	Marilyn Shimabukuro	Covid-19 donation
	Amy Yukawa	Donation, Chicken Teriyaki
05/26/2020	Sachi Oda	Nokotsudo
	Jerry Ogawa	Covid-19 donation
	Dorothy Higa	Dana
	Vickie Wakinaka	Dana
	Dennis & Wendy Watanabe	In memory of Sam & Rose Watanabe
5/30/20	Yasuhiro Osako	Dana
	Janice Shigaki	Dana

SHOTSUKI HOYO MAY 2020

Donor	In Memory of
Madelyn K. Adams	Kijiro Kuwata
Ted & Julie Akahori	Betty Akahori
Ted & Julie Akahori	Helen Akahori
Susan Hori	Father, Takashi Hori
JoAnn & Neil Komai	Mother, Alice Yamada
Lillie Miyagishima	Husband, Yoshimi Miyagishima
Debra Nishida & Neil Hurley	Sister, Gwen Nishida
Kikuko Nishida	Daughter, Gwen Nishida
Lori & Russell Nishida	Grandfather, Yoshio Nishisaka
Russell & Lori Nishida	Joe Nishida
Russell & Lori Nishida	Gwen Nishida
Merrie Nishisaka	Grandfather, Yoshio Nishisaka
Ron & Fujie Ohata	Brother, Kevin Ohata
Beverly & Jennifer Rogers	Grandparents, Masano & Kaname Tokaji
Marilyn Shimabukuro & Gil Leong	Al Shigaki
Ellen Shimohara	Mother, Kimi Shinoda (April)
Mark & Reiko Sunday	Grandmother, Kameyo Nimi
Michiko Sugano	Husband, Leo Sugano
Wilbur & Iris Takashima	Father, Katsumi J. Takashima
	Grandmother, Tsume Takashima
Suzanne Toji	Father-in-Law, Mamoru Toji
Yukie Ushirogata	Mother, Tsune Matushita
Betty Yamashita	Father, Tokuso Takahashi
Susan Shigaki Young	Alfred Shigaki

GOTANYE, MAY 2020

Sandra & Roberto Aguilar	Russell & Lori Nishida
Julie Akahori	Roy & Terry Nakawatase
Ted Akahori	Merrie Nishisaka
Don Akamine	Sachie Oda
Roy & Jane Asahi	Craig & Cindy Ogawa
Miki Fujimoto & Curtis Rooks	Jerry Ogawa
Stanley & Debra Fukawa	Ron & Fujie Ohata
James & Karen Harada	Michiko & Richard Sakakura
Kenneth Hatai	James & Yuriko Segawa
Sumiko Hayamizu	Ellen Shimohara
Bert & Dorothy Higa	Marilyn Shimabukuro & Gilbert Leong
Deb & John Hiramoto	Robert Takamoto
Paul Hiramoto	Wilbur & Iris Takashima
Catherine Hisamune	Lynn Taketomo
Kenny & Joji Iriye	Yoshiko Takeuchi
Denise Ishitani	Barbara Tanezaki
Janis Ishitani	Kathy & Marty Umemoto
Cathy Iyemura	Yoko Uneda
Emi Kamikawa	James & Nancy Usui
Chikako Kojima	Matsuko Uyeno
Richard Kok	Vickie Wakinaka
Neil & JoAnn Komai	Michael & Lily Yanagita
June Kondo	Arlene Yokoyama
Martha Kuwaki & Dorothy Higa	Kiyoko Yoneda
Tammy & Dale Matsubara	Amy Yukawa
Kazuo & Ikuko Matsubayashi	OHIGAN 2020
Doug Matsuda	Roy & Terry Nakawatase
Hidehiro & Kimiko Matsukawa	HANAMATSURI
Jean Minami	Satoshi Miyata
Natsuko Matsushige	Roy & Terry Nakawatase
Lillie Miyagishima	Sachie Oda
Nobuko Miyamoto	Yukie Ushirogata
Satoshi Miyata	70TH ANNIVERSARY FUND
Garren & Stephanie Mizutani	Cathy Iyemura
Paige Morikawa	Vickie Wakinaka
Eugene & Elaine Murakami	Michael & Lilly Yanagita
Deb Nakatomi & Bob Miyamoto	

We've all been away from Senshin for so long and members are anxious to return!

Plans are currently being made to reopen the temple for services, but there are many things that need to be done before that can happen. The utmost priority is to make sure the environment is safe for our members to return. The Reopening Committee would like to advise you it will be a **New Normal** when we return. We'll be opening up very slowly following the guidelines established by LA County and modifying it as directed by the ever-changing state of health conditions.

Many of the details are still in development, but, for now, this is how we see it:

- High risk members will be encouraged to remain at home. Streamed virtual services will continue even once the temple is reopened.

- Maximum attendance for the *hondo* is 30. **Reservations will be required to attend** (details to follow).

- There will be a check-in table to record those who attend, to manage attendance as well as to provide tracking should an infection occur.

- Attendees will be seated by ushers to manage the limited number of people we can accommodate.

- *Oshoko* will happen after service, without incense and managed by ushers

- **The Social Hall and Education Building will be closed.**

- The Office will have limited access. Anyone needing to enter will need to call to be let in.

- There will be no eating or drinking.

- You will need to bring **and** wear a mask.

- During the service, chanting can be done quietly with your mask on, but there will be no singing of gathas.

- Physical distancing of 6 feet apart will be required in all parts of the temple grounds.

So with this information we'd like to know:

1. Will you be returning to service once we reopen?
2. Would you be available to help with some of the tasks as we reopen, that is, checking-in, cleaning/disinfecting/ushering?

You can reply and direct any questions/concerns to the Reopening Committee in care of JoAnn Komai at jykomai55@gmail.com, or call JoAnn at, (626) 484-8806.

お寺にお参りができなくなってかなりの月日が過ぎました。早く皆さんとお会いしたいですね。目下お寺の再開委員会が、再開計画を検討しています。一番大切なことは、メンバの方に安全な環境を用意することで、お寺に戻る際の“ニューノーマル（新たな日常）”のあり方についての基準を考えています。

ロスアンジェルス郡のガイドラインを基に、段階毎に、そして常時変わっていく衛生／健康情報に対応しながら、再開の準備をしていく予定です。

まだ詳細は固まっていますが、とりあえず、次の項目に気を付けてください。

- 健康に心配な方は、今後とも在宅してください。お寺が再開した後でも、ネットに

よるヴァーチャル法要は継続しますので、それを見てください。

- 本堂に入れる人数は30名に制限されます。（予約が必要になりますので、下記をご覧ください）
- 入口でチェックインしていただき、参加者の記録をとり、感染が起こった場合の追跡ができるようにします。
- 適当な間隔で座れるように、担当者が皆さんを座席に案内します。
- お焼香は法要の後で、担当者の指示に従ってしてください。

- ソーシャルホールと教室はしばらく閉鎖されます。

- 事務室への出入りも制限され、必要のある方は前もってお知らせください。

- お寺境内での飲み食いはしないでください。

- マスクを持参して着用してください。

- マスクをつけたままで静かに読経をしてください。ガーサは行いません。

- 常にお互い6フィートの距離を保ってください。

皆さんこうした制約の中で、

1. お寺が再開した時、お参りに来られますか？
2. 上記にある手伝いの役を引き受けてもらえますか？

質問とご返事を、再開委員会のJoAnn Komai, jykomai55@gamil.com, または(626)484-8806までに連絡してください。

Updates & ANNOUNCEMENTS!

Board Meeting Notes

On behalf of the board, I hope that everyone is safe and healthy and that everyone continues to donate whatever they can to keep the temple active due to the COVID -19.

Here is some news of what is going on at the temple even though we are closed.

- A new parking lot is in process and will be completed soon at the 1327 property
- New guidelines are in the works regarding opening up the temple; so, until further notice, the temple is still closed.
- Many meetings are now on zoom temporarily and are quite successful
- The Sunday services have been quite successful via webinar and we would like to thank Stan Fukawa and Henry Matsumura for their work in making this possible.

Again, everyone please be safe and healthy.

Gassho,
CHIKAKO KOJIMA.

B W A

“Every crisis, actual or impending, needs to be viewed as an opportunity to bring about profound changes in our society.”

Grace Lee Boggs was an author and social activist that lived to be 100 years of age between 1915-2015. This quote by Boggs was shared on our Senshin email chain.

COVID-19 is proving to be a devastating crisis. Now layered on top of our concerns with our physical health are the threats to our social health as we try to make sense of the racism and violence that has permeated our nation. As challenging and overwhelming as it is, let's embrace this unique opportunity. Through these experiences, we'll develop our own inner strength as well as reinforce our interconnections with one another and together we'll rise above it and be better on the other side.

Take care. Stay safe, stay well and stay in touch.

We gratefully acknowledge the following for their generous dana.

Madalyne Adams *in memory of* father, Kijiro Kuwata

Jr Y B A

Even though we are all staying home, and being physically distanced from each other, we are still able to talk and connect with each other, thanks to technology. We have virtual meetings for school, work, Sunday service and sometimes just to catch up with our friends and family. We have had to adapt to this new normal, and we now accept that this is the temporary normal.

To help others in this difficult time, Jr. YBA member Sam has volunteered for a youtube show called *Scout*

Saturday Live. They have several hosts on the show and run activities geared towards younger scouts.

Some Jrs. are joining protests (staying physically distanced as much as possible).

Jr. YBA member Carter is finding ways to be virtually creative with his service club and

Jr. YBA member Halle is working on an online taiko concert.

While we are sad that so many of the temple and So District Jr. YBA activities have been canceled, we are reminded that there is a beginning and an end to everything, nothing will last forever. For more information on Jr. YBA, please contact Debby Fukawa at debbyfukawa@gmail.com.



About three years ago Rev. Mas and I came up with an idea for a new class, *Goinkyo Yakimono*. It was to be directed to those who may have retired, empty nesters or anyone who had time to explore their creative side. I needed to develop a class that older adults could create a set of dinnerware

that would be used to enjoy a *Nabe* meal prepared by Rev. Mas. I was looking for someone, a guinea pig, of

sorts to see if it was possible to make a complete set of dinnerware suitable for a *Nabe* meal in basically four two and half hour classes. Someone had mentioned to me that Ruby Kiyohara had an interest in ceramics.

A SENSIN HAIKU
.....

Stop, think, and smile

Beauty is all around us

Okagesama

I asked her if she would be willing to give it a try. Ruby along with her daughter Tammy agreed to come to the studio on Tuesdays after their exercise class that Young Ae teaches. They both have become regulars on Tuesdays for the past three years!

I have gotten to know Ruby as R.E.K. as that is how she signs her pieces. Ruby has always had an interest in the arts. Attended LACC and even had a pottery wheel at home at one point. These past years both Ruby and Tammy have become quite good potters. Ruby has a certain style and sense of humor that often times brings a smile to my face.

I would like to thank Ruby and Tammy for helping with the first *Goin-kyo Yakimono* class in 2018 along with the members from the first class: Motoko Saneto, Mat Uyeno, and Kiyo Yoneda.

When we resume Temple activities I hope you will sign up for the *Goin-kyo Yakimono* class as I think it will be a great way of celebrating our re-opening! Come explore your creative side...no experience necessary.
— Bob

Vehicle Donation

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple.

If you have any questions about the program or wish to donate a vehicle, please contact Jean Minami (323) 938-0048 or Wilbur Takashima (310) 398-9558.



Beginning Yoga Class for Senshin Sangha Online!

Now more than ever is the time to keep your body moving and your mind calm. Beginner yoga classes offered online through Zoom and taught by Riki Aihara. No experience necessary or equipment required. We will cover basic yoga techniques, meditation and stretching. Most of class can be done in a chair. Take care of your physical and mental health during this time. Email riki.aihara@gmail.com for more info

Aruku-Kai “Let’s Walk” Club!

While Aruku-Kai members cannot *aruku* "walk" together, we can aruku apart, together. Member Lauren Ohata captured this rose in her Los Feliz neighborhood. We encourage all Sangha members to walk, breathe fresh air, and take in your surroundings. We will include photos from our walks apart, together in future Prajnas. Please share photos for inclusion to Lauren.Ohata@gmail.com.



Following Activities have been cancelled

Beginning Yoga Class for Senshin Sangha online class continues Mondays 10a

Exercise Class / TBMM Tuesday & Thursday, 9:30–10:30a

Karate Club Wednesdays 4:30p

Aruku-Kai “Let’s Walk” Club
Kinnara Gagaku/Bugaku Classes
Kids' Taiko

Taiko

WasabiKai

Organizational meetings



.....
The gift of rain falls
All sentient beings rejoice
We grow together

洗心仏教会

2020年7月

5月感謝録:

寄付:L松山,G松村,D森,B山下,J.Middo,C横田,J&N臼井
西川一家,R&K小柳,S臼井,K&T.Wong,R&D大江,D石谷
E上川,I&K松林,A湯川,B&J.Rojers,L長野Choi,江本
Rev海野,K.Broberg,D白砂,J&K原田,D比嘉,V脇中
Y大阪,J志垣,N永谷,M&R.Sunday,匿名

Covid-19寄付:J中谷,T赤堀,M西坂,D松原,J南,R.Kok
J石谷,R&F大畑,N&J駒井,R堀,C又吉,C小島,A小川
B種崎,M島袋,J小川,W&I高島

チキン照り焼き寄付:D平本,A湯川
メモリアルデイ寄付:R&L西田

6月供花:T&J赤堀,C久宗<M西坂,西川一家,J&B.Rojers,Y竹内,M上野,B山下,匿名

いましばらくお寺の法要は、Sutan Fukawaさんが設置されたサイト“Join Webinar”を通して、毎週日曜日午前10時に行われます。コンピューターをお持ちの方は、メールアドレスを古本先生に知らせ、ぜひ登録してください。“離れても一緒”だという体験を味あえます。

初盆法要は7月あるいは8月に行いたいと計画しています。その他の行事も、今後州、郡、市の指示いかんによって変わりますので、その節には通達します。

洗心寺のみなさん、お願いがあります。

いかにしてこれまでのように、浄土真宗の教えを実践できる、活気あるお寺の未来を一緒に考えましょう。そのために、皆さんの意見、考えを聞きたく、近く、お寺の会員、ご家族宛に質問のメールを送りますので、ご返事を願います。

メールのない方は、手書きでかまいません。若い人、年長者の方、いつもお寺にこられている方、時折しか来られない方でも、できるだけ広範囲のご意見を伺いたいと思っています。

この質問調査は、委員会でもまとめられた後、総会に提出され、皆さんによるお寺の未来の展望を設置する基台になります。

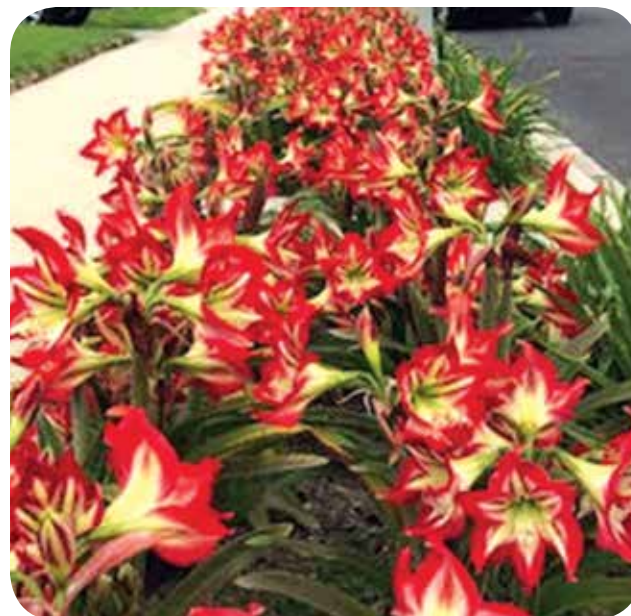
洗心寺Visioning Committeeより

故A&D紫垣追悼:E&S.Young
故S&R渡辺追悼:
故G西田一回忌:C.Burtis
故A山田7回忌:N&J駒井
納骨堂:K西田,Y竹内,M菅野,M.Adams,C.Burtis

M西坂,S小田
お賽銭:M.Adams,R&L西田,
お礼:わさび会

popup使用:W&I高島

Lonely in my world
The sunset lifts our spirits
We are not alone



SENSHIN-JI 2020 JULY 2563

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✱ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL TEMPLE ACTIVITIES HAVE BEEN CANCELLED IN THE INTEREST OF KEEPING OUR SANGHA SAFE AND HEALTHY.						
			1	2	3	4
				7p Virtual Temple Board Meeting		
5	6	7	8	9	10	11
9:30a Virtual <i>Nokotsudo</i> Service 9:45a Kids' Talk 10-11a Webinar Monthly Memorial Service / <i>Shotsuki Hōyō</i>	10a Virtual Yoga Class					
12 <i>Kangi-e Obon</i> Service	13	14	15	16	17	18
9:45a Kids' Talk 10-11a Webinar <i>Kangi-e Obon</i> Service. Speaker: Rev. Masao Kodani, BCA Minister Emeritus	10a Virtual Yoga Class					
19	20	21	22	23	24	25
9:45a Kids' Talk 10-11a Webinar Sunday Service	10a Virtual Yoga Class 7p Virtual <i>Zadankai</i>					
26	27	28	29	30	31	
9:45a Kids' Talk 10-11a Webinar Sunday Service	10a Virtual Yoga Class					

JULY SERVICE TOBAN:

Dharma School: Due to the continued COVID-19 pandemic, all temple services and activities have been cancelled in July. Therefore the need for Hondo and Flower toban have also been suspended.

UPCOMING IN AUGUST 2020

Aug 2 Webinar August *Shotsuki* (Monthly Memorial) Service
Aug 15 or 16 tentative date for **Hatsubon Service** (in person and virtual)

Kangi-e Obon Service is scheduled for July 12. Service will be conducted at the temple, which you can join from home on the internet.

Temple Picnic is CANCELLED.

Please check the updated information from the *Prajna* August issue, Emails from the temple, temple website, and your friends.

Thank you for your continued support!

In *Gassho*.

THE FOLLOWING ACTIVITIES HAVE BEEN CANCELLED:

- Yoga (available online), karate and exercise classes
- Taiko, Kids' Taiko, gagaku and bugaku
- Wasabi-kai
- Organization meetings
- Board and committee meetings will be conducted virtually.