



BUDDHIST ERA: 2563 (2564)
二五六三年 (二五六四年) *



COMMON ERA: 2020
二〇二〇年



JAPANESE ERA: REIWA 2
令和二年



YEAR OF THE RAT
子年



HAPPY NEW YEAR!

*I hope the new year will be a joyful
and meaningful year for all.*

The Rat (or mouse) is the first animal in the Chinese Zodiac. I always thank the rats and feel sorry for the rats.

Rats are often used by medical researchers for their experiments.

Thanks to them we benefit from advanced medical care.

According to an article about mental health, researchers illuminated part of the brain of a rat. They found that the light helped to alleviate the anxiety of the rat. The light was not

imagining Buddha's light is embracing us, it influences our mental health and we can feel security, serenity, and purification. And when we learn about the Light, we can deepen our understanding of the Light and it enhances the working of the Light.

In the first part of the hymn of Pure Land, Shinran Shonin introduced various ways to call Amida Buddha from the Pure Land Masters' writings. Most of them are related to Light (CWS p. 322:)

Immeasurable Light, True and Real Light, Boundless Light, Enlightenment of Nondiscrimination, Unhindered Light, Unequal Light, Lord of Blazing Light, Light of Purity, Light of Joy, Light of Wisdom, Uninterrupted Light, Inconceivable Light, Inexpressible

The light of purity is without compare.

When a person encounters this light,

All bonds of karma fall away;

So take refuge in Amida, the ultimate shelter

seen through the eyes of the rat, they only lit up a portion of the brain. This rat was then placed in a maze. At first, the rat was frightened in the maze, but after he got the light, he became courageous and found his way out of the maze. The author of the article stated that for human beings also, if we imagine the light, it helps our mental health. Even though the light was not seen through our eyes, just thinking of the light, our brain recognizes the light to some extent. This helps us to get to the state of calmness and peacefulness.

I support his thought. In the Larger Sutras and Shinran Shonin's writing, they often mention Light. Amida Buddha's *Amida* means Infinite Light and the Light connotes Wisdom or *Dharma*. The teaching of the Buddha enlightens us. It guides the way of our life, shows our ego, and gives us hope. These are imaginary lights. We don't see them through our eyes, but by

Light, Light that Surpasses the Sun and Moon.

Then he began to write about these lights in a Japanese hymn style, called *Wasan*. For example, he wrote about "The Light of Purity," in the seventh *Wasan* (CWS p.326:)

The light of purity is without compare. When a person encounters this light, All bonds of karma fall away; So take refuge in Amida, the ultimate shelter.

When we read this *wasan*, we more or less image the light. I think it may be difficult to image Purity, but it is okay. Just thinking of the Light works. But Shinran Shonin wants us to know what is the purity that he was talking about. In the footnote of this *wasan*, he described "purity."

Purity: Being that which acts to eradicate the karmic evil of greed, it is called the light of purity.

By reading this, we learn that the Light of Purity alleviates the working of our evil karma. Whenever we become greedy, we accumulate evil karma and it brings us unhappiness and anxiety. But because we are not able to eliminate our evil karma by our own effort, Amida Buddha cuts off our karmic evil and enables us to be born in the Pure Land.

If we install and instill this information about the Light of Purity in our minds, whenever we think of it, we can get the power of the Light of Purity.

As we listen and learn more about the Light of the Buddha, we can get more power from the Light, so let us keep listening to the teaching at Sunday services and other occasions. We can feel healthier and more peaceful. With the light of the Buddha, shall we live this year with joy?

*Regarding Buddhist Era (B.E.), there are several ways of counting. A popular one is from the Theravada Buddhists. They count the beginning of the B.E from the year Shakyamuni Buddha entered perfect Nirvana (passed away), but depending on the countries, the interpretations of the first year is different. According to them, the Buddha passed away in B.C. 544. Thus, by adding 544 to the Common Era, we will arrive at the Buddhist Era (544 + 2020 = 2564). This calculation is used by Sri Lanka or Myanmar. Other Theravada countries, such as Thai or Laos, add 543 to the Common Era. They start counting B.E. from the next year after Shakyamuni Buddha's passing (543 + 2020 = 2563). However, some traditions or scholars have their own interpretation and they say the Buddha passed away in the year B.C. 486 or 383, etc.

Namoamidabutsu

REV. RYUTA FURUMOTO

聞光力 古本竜太

2020年、仏歴2563年（2564年）、令和2年となりました。新年もどうぞよろしくおねがいたします。

昨年は平成31年でしたが、前天皇陛下が4月30日に退位され、皇太子さまが翌日の5月1日に天皇に即位され、その時から新しい元号、令和元年になりました。

仏暦のことですが、今年は2563年もしくは2564年になります。仏暦にはいくつかの数え方があるのですが、一番ポピュラーなのが上座部仏教徒の数え方で、西暦の年に544年か543年を足したものです。東南アジアの仏教徒はお釈迦さまが入滅された（亡くなられた）年を仏暦1年として数えます。上座部仏教では紀元前544年がお釈迦さまの入滅された年だとしているので、2562年となります。けれども、ややこしいのは、スリランカやミャンマーでは544年を仏暦1年として数え、タイやラオスなどの国では入滅の次の年を仏暦1年にするそうです。ですから、スリランカやミャンマーでは仏暦2563年となり、タイやラオスでは2564年となります。国や学者によって486年とか383年が入滅の年だとして、仏暦の数え方に違いがあります。

今年は干支が最初のねずみ年になりました。私はいつもねずみに感謝してます。ねずみは色々な実験に使われ、かわいそうに思いますが、そのおかげで私たちの生活が便利になっています。

最近読んだメンタルヘルスに関する記事に、ネズミの脳のある部分

に光をあてたら、ネズミの不安がなくなった、というのがありました。ネズミを迷路に入れると、ネズミは不安そうになって迷路からでようとしなかったそうです。ところがそのネズミの脳に光をあてて迷路に戻すと、不安がなくなって元気になり、迷路から脱出したのです。光はネズミの不安を和らげ心を落ち着かせるのではないか、ということです。この記事の著者は人間にも同じことが言えて、人間は光を考えたり、イメージすることで落ち着いたり、元気がでたりすると書かれています。

私はこの記事を読んで親鸞聖人が「聞見」という考え方に着目されていることを思い出しました。

親鸞聖人は、「教行信証、真仏土巻」に「涅槃経」の一部分を引用され、聞見という考え方を紹介されています。その箇所には、「仏性を見ることに二種類あって、一つには眼見（げんけん）もう一つが聞見（もんけん）である」とあります。仏性とは仏になる可能性ということですが、仏そのものだとの見方もあります。そして「その仏性は仏さまや位の高い菩薩さまには眼見といって、眼で見るができるけれども、能力の低い衆生には見るができない。しかし、衆生は聞見と言って、聞くことによって仏性を見ること（知ること）はできる」ということが書かれているご文です。

また同じ真仏巻や浄土和讃で聖人は、仏の智慧の光のはたらきを聞信することを「聞光力」と言われます。仏様の光の力を聞くということです。これらのことから、聖人は、仏さまの光は目で見るのではなく、聞いて見えてくるものだということをお示しになっておられるようです。

先に紹介した記事で、光のことをイメージするだけで、光を見たのと同じ効果があるとありました。

目から見た光と頭の中でイメージする光は完全には同じではないかもしれませんが、私は、頭の中にイメージする光に他の情報を付け足すと、光をイメージするたびにその情報も思い起こされて、光の力が増すのではないかと思います。

たとえば、風邪クスリは、風邪に効くと箱に書いてたり、お医者さんや薬剤師さんなどがどの成分にどのような効果があるのかを説明してくれるので、風が治るイメージが湧き、それで薬の効果が増していると言えます。

同様に、阿弥陀仏の光がどのようなものなのかを法話や本などで聞き、学ぶことで、光によって救われていくイメージが湧き、光の力が増すのではないのでしょうか。親鸞聖人は阿弥陀仏の光を無量光、無辺光、清浄光、智慧光、慈光、歓喜光、などさまざまに呼ばれ、仏さまのはたらきを讃えて説明されています。

そういった光のはたらきを聞き、力強く生きていこう、今年もお寺にお参りして聴聞にはげみましょう。

南無阿弥陀仏

Monthly Memorial Service JANUARY

Sunday, JANUARY 5, 2020 10:00am

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person's relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED'S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Father	Akahori, Mitsuo
Harada, James	Mother	Harada, Grace
Hayamizu, Sumiko	Mother	Nakashima, Tsune
Hirayama, Kiyome	Husband	Hirayama, Art
Hisamune, Catherine	Father	Fujita, Katsujiro
Ikari, Kathy	Grandfather	Kato, Genichi
Ikari, Kathy	Mother	Tsuboi, Ruth
Ikegami, Sumiko	Sister	Shigaki, Kazue
Ikegami, Sumiko	Stepfather-in-law	Nozawa, Gentaro
Iriye, Kenneth	Sister	Carlson, Diana Chizuko
Kamikawa, Emi	Father	Kamikawa, Glenn
Kitagawa, Linda	Father	Matsuura, Clifford
Kodani, Denise	Father	Goto, James M.
Kojima, Chikako	Grandfather	Uneda, Izaemon
Kunitake, Kimiyo	Father-in-law	Kunitake, Masamitsu
Kunitake, Kimiyo	Grandfather	Wada, Zembei
Matsuda Family	Grandfather	Akamichi, Junichi
Matsumura, Henry	Grandfather	Yamaguchi, Kenji
Minami, Jean	Husband	Minami, Tatsuo
Miyamoto, Dennis	Father	Miyamoto, Masaru
Murakami, Lena & Julia	Husband/Father	Murakami, Arthur
Murakami, Eugene	Grandmother	Murakami, Rui
Nakashima, Alan	Mother	Nakashima, Hana
Nakawatase, Richard	Grandfather	Nakawatase, Nisoji
Nakawatase, Yasuko	Husband	Nakawatase, Shigemi
Nakawatase, Yasuko	Mother-in-law	Nakawatase, Naka
Ogawa, Jerry	Mother	Ogawa, Kaoru
Ogawa, Jerry	Grandfather	Shimada, Kanetaro
Ogawa, Jerry	Grandmother	Shimada, Satsu
Ogawa, Jerry	Grandmother	Ogawa, Hisayo
Ohata, Ron	Mother	Ohata, Fumiko
Saiki, Yumi	Father	Yoshida, Kazuhiro
Saneto, Motoko	Father-in-law	Saneto, Kanaye
Sato, Terry	Father-in-law	Sato, Kazue
Shimabukuro, Marilyn	Mother	Shimabukuro, Fumie
Shirasago, Gary & Dale	Mother	Shirasago, Sally
Sonday, Reiko	Grandfather	Fukumoto, Kazue
Sugano, Michiko	Mother-in-law	Sugano, Aiko
Takashima, Iris	Aunt	Nakashima, Hana
Takashima, Iris	Grandfather	Jinde, Eiji
Takashima, Wilbur	Grandfather	Taniguchi, Hisaichi
Takemoto, Kazumi & Jon	Father-in-law/Grandfather	Takemoto, Toyosuke
Takemoto, Kazumi	Brother	Sanwo, Mack
Terrell, Jackie	Father	Howard, Jack
Ushirogata, Mutsuo	Sister-in-law	Ushirogata, Ineko
Ushirogata, Yukie	Brother	Matsushita, Bunji
Usui, Suzuko	Mother	Ariyoshi, Kiyo
Watanabe, Marsha	Brother	Imai, Randy
Yokota, Carole	Father	Yokota, Hiroshi

Shusho-ye (Gantan-ye)

January 1, 2020

Wednesday, 10am, followed by *ozoni otoki*

Shusho-ye (or Gantan-ye) simply means "Service for the New Year." The literal translation of Shusho-ye is "A Gathering for a revision, modification or correction." New Year Day is an opportunity for us to refresh our hearts and minds by reflecting upon the past year's mistakes so that we can correct them and begin the new year in the right direction. Our New Year Service will begin at 10:00 a.m. on January 1st. Following the service, *ozoni* will be served in the Social Hall.

修正会（しゅしょうえ）元旦会（がたんえ）

一月一日にお勤めする法要を修正会または元旦会といいます。新年の最初の日に心を正しい方向に修正するという意味があります。浄土真宗では、阿弥陀如来に「お金がもうかりますように」、「病気になりませんように」とか「いい大学にはいれますように」などのことを祈りません。そういう願いはたいがい自分のエゴを拡張することになるので、エゴの働きをできるだけ弱めようとする教えの浄土真宗では、しないようにしているのです。むしろ、そういう自己中心の願いがある自分を反省し、その自分を受け入れてくださる阿弥陀如来に感謝するのが修正会です。さま、ぜひお参り下さい。

Hoonko

Hoonko Lecture, Service and Gatherings

Hoonko is the most important service for Jodo Shinshu Buddhists. It is a memorial service for Shinran Shonin, the founder of Jodo Shinshu Buddhism. Shinran Shonin passed away on January 16, 1263 (November 28 in the lunar calendar) at the age of 90, 757 years ago.

This year, we are going to have *Hoonko* lecture on Saturday, January 18. *Hoonko* service will take place on Sunday, January 19. The guest speaker will be Rev. Kiyonobu Kuwahara, Jodo Shinshu International Office and Berkeley Buddhist Temple.

From Monday, January 13 to Thursday, January 16, we will have *Hoonko* study class. Please see the schedule for the time of the class.

報恩講（ほうおんこう）

報恩講は浄土真宗の開祖、親鸞聖人のご命日法要です。親鸞聖人は1263年、1月16日（旧暦11月28日）に往生されました。親鸞聖人のひ孫で三代目門主の覚如上人が親鸞聖人の33回忌をお勤めされたのが報恩講の始まりです。報恩とは簡単にいえば感謝することです。親鸞聖人が念仏の教えを伝えてくださったこと、また私たちをお浄土にうまれさせ仏にしてくださる阿弥陀如来さまへの恩を知り、そのご恩に報いるようにお念仏をとなえ、聞法させていただく集いが報恩講です。報恩講のレクチャーは1月18日（土）、法要は1月19日（日）で、ご講師は本願寺インターナショナルオフィスおよびバークレー仏教会の桑原浄信開教使です。13日（月）から16日（木）まで毎日、お寺で報恩講の集いを行いますので、スケジュールをご確認ください。



NOVEMBER 2019 DONATIONS

11/02/2019	Helen Kato Nick Nagatani Nick Nagatani Yuriko Nishisaka Toshiko Yamaguchi Catherine Hisamune Kiyoko Yoneda Ted Akahori Kakuyei Tada Asa Wakinaka Aihara & Associates Nikkei Mortuary	<i>Hoji, Okayama</i> <i>Hoji, Nagatani</i> <i>Nokotsudo</i> In memory of Art Nishisaka <i>Nokotsudo</i> Keiro Kai Keiro Kai Keiro Kai Keiro Kai Keiro Kai Keiro Kai Keiro Kai
11/07/2019	Jean Minami Matsuko Uyeno Shari Nishi Dorothy Yoshihata	Keiro Kai Keiro Kai Dana In memory of Laura Matsumura
11/10/2019	Misao Tomita Satoshi Miyata Reiko Sondag Nakawatase Family Nishisaka Family Nishisaka Family Nishisaka Family Imamura Family Satomi Saneto Saemi Maehara Bruce Hirayama Joy Hirayama	Keiro Kai <i>Hoji, Nimi/Sonday Family</i> 50th Memorial Service, Shinichi Nimi 13th cycle Memorial Service, Hideyoshi Nakawatase Service, Mary Ann Nishisaka <i>Makura Gyo</i> Hall Use Memorial Service, Kikuye Imamura In memory of Kikuye Imamura In memory of Kikuye Imamura In memory of Kikuye Imamura
11/17/2019	Kelvin Nishikawa Yoshiko Takeuchi Yoshiko Takeuchi Madalyne Adams Madalyne Adams Anonymous Qris Yamashita & Chris Komai Kinnara	Use of copier <i>Nokotsudo</i> Keiro Kai <i>Nokotsudo</i> In memory of Tosao Yamada Dana In memory of Etsuko Yamashita 50th Anniversary Donation
11/24/2019	Joy & Duane Hirayama Jeanne Kawawata Jean Mitsunaga Miki Fujimoto WasabiKai Kiyome Hirayama Anonymous	<i>Nokotsudo</i> Dana In memory of Dorothy Kada In memory of Leo Estrada <i>Orei</i> Keiro Kai Service Book

FLOWER DONATIONS

Anonymous
Anonymous
Emi Kamikawa
Chikako Kojima
Tammy Matsubara
Kazuo & Ikuko Matsubayashi
Lori Nishida Yuri Nishisaka
Mark & Reiko Sondag
Yo Takeuchi
Misao Tomita
Mutsuo & Yukie Ushirogata
Matsuko Uyeno

Listed are donations handled by the Regular Treasurer:
Special: donation received with no specific reason given
Orei: donation for use of temple facilities, equipment, etc.
Nokotsudo: donation by families who have family cremains in the *Nokotsudo* (columbarium)
The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.

Vehicle Donations

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple. The funds realized from these donations are earmarked for the Senshin-ji Building Fund. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.



We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed

and refurbished as necessary to bring in the highest sale amount for the donated vehicle.

Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowledge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.

If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-0048, or Wilbur Takashima (310) 398-9558.

Prajna Paperless Program

We are taking a survey of our *Prajna* readers to see if we can reduce the cost of mailing hard copies of the monthly newsletter and encourage you to read the *Prajna* by e-mail.

Each month, about 430 copies of the *Prajna* are mailed out to members and friends. The printing of the *Prajna* is not only time-consuming but uses an average of 1,500 sheets of 11x17 computer paper in addition to toner and the wear and tear on the printer. After the 430 copies are printed, they require collating, folding and inserting into pre-labeled envelopes before taken to the post office for mailing. All of this is done by the mailing crew of volunteers.

Considering the labor of the *Prajna* mailing crew, we would like to encourage our readers to receive their *Prajna* via e-mail. If enough of our members would agree to go this route and remove their names from the *Prajna* mailing list, this would help immensely. Our goal is to reduce our mailing list down to 100.

These are some of the benefits to making the change from receiving a hard copy of the *Prajna* by mail to reading the *Prajna* by e-mail:

- 1. The photos in the *Prajna* online are in color, whereas the mailed *Prajna* are in black and white.
- 2. You can share the *Prajna* easily between family and friends.
- 3. You can read the *Prajna* wherever you are, at home or out of town.

- 4. You are helping the environment by using less paper.
- 5. You can use your own printer to print a hard copy.
- 6. Most of all, you are helping our temple production and mail out crew of volunteers.

Your participation in the survey will be very helpful to the *Prajna* crew. If you have any questions, please feel free to speak to Rev. Furumoto or e-mail senshintemple@gmail.com

.....
COMPLETE, CUT, RETURN
NAME
EMAIL ADDRESS
MAILING ADDRESS

..... I would like to participate in the program by receiving the *Prajna* by e-mail.
..... I would like to continue to receive the *Prajna* by mail.

Please drop off your response to the temple: 1311 W 37th St, LA 90007. Thank you.

SENSHIN JR. YBA FUNDRAISER

PLEASE BUY SCRIPS TO SUPPORT!

Forms Now Available at: SENSHINTEMPLE.ORG And in Foyer or Temple Office

For Mailing Information, Please Call or Text HARUMI KAWAGUCHI AT (626) 230-1433 THANK YOU!!

Updates & ANNOUNCEMENTS!

Religious Committee

Our 2020 *Nembutsu* Retreat will take place on Saturday, February 1 and Sunday, February 2 at the Palm Garden Hotel in Thousand Oaks. Our retreat leader will be **Rev. Kenji Akahoshi** of the San Diego Buddhist Temple. He will help us to explore the topic, “*Elevating Human Nature with Buddha*”



Nature – How the Nembutsu Enhances Our Daily Life.” Akahoshi-sensei has been resident minister at

San Diego Buddhist Temple since 2013. He has come to teach the *Nembutsu* after 30 years of practicing family dentistry. Please join us for a lively weekend of discussion and growth. Registration forms are available at Senshin or by contacting Neil Komai by email at nkomai49@gmail.com or by calling (626) 252-1714.

The Religious Committee welcomes anyone with an interest in providing religious themes or guidance for temple activities. If you would like to participate, please contact Neil Komai, nkomai49@gmail.com. *Gassho*

B W A

2019 was exceptionally busy for the Senshin BWA. Thank you to all for your help and support throughout the year.

We'll be starting off the Year of

the *Nezumi* (Rat) with serving *nigome* after the *Hoonko* Service on January 19. It is said that *nigome* was one of Shinran Shonin's favorite meals!

We hope that you'll consider joining us this year. No one is ever too young! To be able to support the temple in many of its events gives our members a lot of joy. BWA is a wonderful organization that brings together women of all ages to share the Dharma with each other. No one is ever too young or too old! We're not all about cooking, but there are a lot of Buddhist lessons learned in the kitchen! But most importantly are the friendships that are cultivated within the group as we share not only our temple lives, but our personal lives as well. Senshin BWA is truly a very special group of women.

We're looking forward to the New Year and wish everyone a healthy and happy 2020!

We gratefully acknowledge the following for their generous dana: Ikuko Matsubayashi *Special* Madalyne Adams *In memory of Tosao Yamada*

Megan Yokoyama *Special* Yuri Nishisaka *In gratitude for assistance during funeral for Mary Ann Nishisaka*

Reiko Sondag *Proceeds from White Sale at Griffith Park Adult Community Club*

Gassho, JoAnn Komai

A B A

HAPPY NEW YEAR! ABA Luncheon is on January 25, 2020 at 10:30am at

Diamond Buffet, 1901 W. 7th Street, Los Angeles, CA 90057.

Please contact Marilyn Miyamoto at mmiyamoto1953@gmail.com if you wish to attend.

Jr. Y B A

As the holiday season has come and gone, so has Senshin's annual *Mochitsuki*. Jr. YBA would like to thank you all for your support in volunteering, selling, and purchasing this year's batch of *mochi*! We look forward to next year's festivities and hope to see you all there again!

As usual, Jr. YBA is continuing to sell Scripts (gift cards) again as a general fundraiser. Though the Holiday Season has passed, gift cards are still great for birthdays, thank you's, everyday expenses, and any occasion. Orders are submitted on the 2nd and last Sundays of the month. Forms are available at SENSHINTEMPLE.ORG and in the Temple office. For more info, please call/text Harumi Kawaguchi at (626) 230-1433.

If you are a high school student interested in learning more about Jr. YBA, feel free to contact Debbi Fukawa at debukawa@gmail.com.

Facilities

The Temple sprinkler systems have been turned off for the rainy season. They will be turned back on if needed. The issue with the Temple phones and fire alarm system have been corrected for now, but we will continue to monitor it for any more problems. The sprinkler system along Raymond Avenue is not working. There are five watering valves and all five have had the wires disconnected and pulled apart. We are trying to have it repaired. This is the second time this has happened.

If you noticed anything around the Temple grounds that requires repair or looking into, please notify Rev. Furumoto or a Board member. Thank you. *Gassho*, Doug Matsuda..



As we begin the New Year, I would like to thank all the volunteers who teach and support the activities of WasabiKai. We look forward to provide classes, have Open Studio sessions throughout the year, and to provide *Otoki* tableware for special guests.

The **Pottery and Home Ikebana** class includes insights to the *Tokonoma* and arrangements by Rev. Mas, learning



simple techniques to create appropriate vases for the *Tokonoma* and home use. We will also ask each student to provide an arrangement as part of the class. It is a steep learning curve to fill the void left by Saneto-san.

The *Raku*/Tea class will cover insights provided by Rev. Mas to history of tea in Japan, and tea as we know it as Japanese Americans. Tea bowls and small plates used to serve sweets along with *matcha* will be made by hand and fired using *raku* techniques. Students will participate in the *raku* firing which is very exciting and provides instant results.

Both classes are five sessions each held on Saturdays. I will be posting

dates and times as they become available.

For more information contact Bob Miyamoto (323) 791-2719 or 1bobmiyamoto@gmail.com.

Kinnara Gagaku/ Bugaku Classes

Classes are held at Senshin. Beginners or experienced are welcomed.

Gagaku (the music) meets on the 1st and 3rd Wednesdays at 7:30p. *Bugaku* (the dance) meets on the 2nd and 4th Wednesdays at 7:30p. Call (323) 731-4617 for more information.

Kinnara *Gagaku* is looking for several *Okoto*. If you have *Okoto* that you do not use, please contact Rev. Kodani.

Exercise Class / TBMM Tuesday & Thursday, 9:30–10:30a

Thinking Body, Moving Mind (TBMM) (TBMM) is a movement technique/exercise class, held on every Tuesday and Thursday mornings 9:30am to 10:30a. The class is designed for senior adults, but all are welcomed.

Karate Club Wednesdays, 4:30p

Senshin Karate Club is now gathering on Wednesdays from 4:30p.

One of the mottos of the class is “no injury.” Seniors, Adults and Children all practice together and teach each other.

Anyone interested in joining the club should contact Rev. Furumoto at the temple.

Aruku-Kai “Let’s Walk” Club

The goals of Aruku-Kai Club are:

1. To develop and strengthen our Sangha and community, and build cross-generational relationships at Senshin
2. To practice mindfulness: Exercise mind and body, breathe and enjoy

nature

Senshin members and friends of members of all ages are welcome.

Please contact Lauren Ohata (lauren.ohata@gmail.com) or Russell Nishida (nishida257@cox.net) if you're interested or have questions.

Let's *aruku* (walk)!

In *gassho*,

Lauren (703) 887-9060

Cookbooks

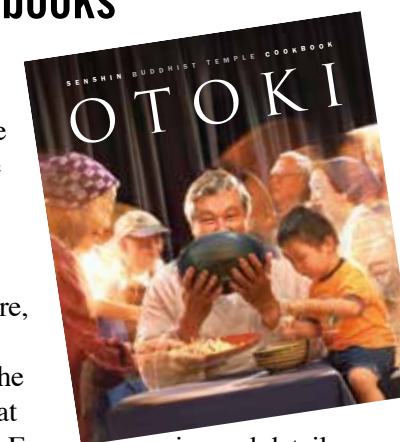
Copies are still available from the Hongwanji Place

Bookstore, located

next to the Library at

Senshin. For

price and details, email Hongwanjiplace@gmail.com or call (323) 731-4617.



Social Media

Instagram: Users are now able to not only follow accounts, but hashtags. You can follow **#SenshinEverything** and also tag your posts of Senshin with the hashtag if you'd like others to see solely your Senshin pics. That's **#SENSHINEVERYTHING**.

 **SenshinBuddhistTemple**

 **@senshinji**

 **@senshinji**

洗心仏教会

2020年1月

11月感謝録:

寄付: S西,J川和田,匿名
故M西川葬儀:西川一家
枕経: 西河一家
ホール使用:西川一家
コピー機使用:K西川
故新見法事:S宮田
故岡山法事:H加藤
故永谷法事:N永谷
お礼: わさび会
サービスブック:匿名
緊那羅50周年記念:緊那羅
納骨堂:Y竹内,M.Adams,N永谷,T山口

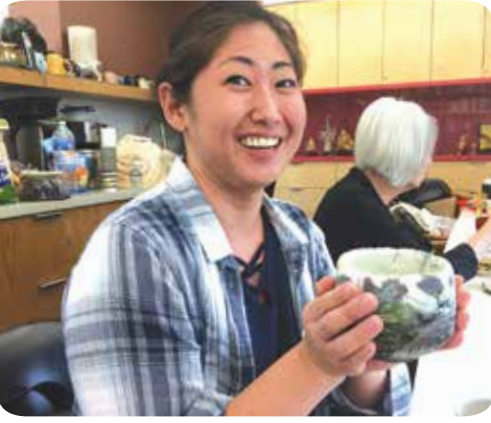
敬老会:C久宗,K米田,T赤堀,K多田開教使,A脇中J南
M上野,M富田,Y竹内,K平山,相原assoc.,日系葬儀
故A西川追悼:Y西川
故L松村追悼:D吉畑
故K今村追悼:今村一家,S実藤,S前原,B平山,J平山
故T山田追悼:M.Adams
故E山下追悼:Q&C山下
故D加田追悼:J光永
故L.Estrada追悼:M藤本
故H中渡瀬13回忌:中渡瀬一家
故S新見50回忌:R.Sonday

1月日程

1日(水)	午前10時 午前11時半	修正会 おとし: おぞうに	
5日(日)	午前8時半 9時 9時半 10時 11時	婦人会例会 ABA会議 日本語法要 祥月法要 英語勉強会 日曜学校	各役員就任式
9日(木)	午後7時半	理事会	
12日(日)	午前9時 9時半 10時 11時	JR.YBA会議 日本語法要 家族礼拝 英語勉強会/キッズクラブ	
13,14,15,16日	午後7時	報恩講勉強会	
18(土)	午後1時	報恩講セミナー 桑原清信開教使(本願寺国際部)	
19日(日)	午前9時半 10時 11時	日本語法要 報恩講法要 (親鸞聖人メモリアル) 桑原清信開教使 英語勉強会 おとし	婦人会
25日(土)	ABA就任式、新年会		
26日(日)	9時半 10時 11時	日本語法要 家族礼拝 英語勉強会/キッズクラブ/キッズ太鼓	

1月法要当番: お寺

本堂当番: 緊那羅太鼓一(J森)
内陣お花当番: 4日:W森/S大森 11日:L/K植村, 18日:M宮本,C小島, 25日:S.Camara,,T松原, 2月1日I高島, S.Aguilar.1
12月供花: E上川,C小島,T松原,K&I松林,L西田, M&R.Son-day, Y西坂,Y竹内,M&Y後潟,M上野,匿名
2月の予定: 1-2日:念仏レトリート:Palm Garden Hotel, 9日:成道会
ABAランチが1月25日,10時半, Diamond Buffet, 1901 W. 7th Street, LAで行われます。Marilyn さん: mmiyamoto1953@gmail.comまでに予約してください。
Jr.YBA: 例年のようにファンドレイズとしてScripts(ギフトカード)を発売しています。申込書は SENSINTEMPLE.ORG、あるいはお寺の事務所で求めください。またはHarumi Kawaguchi(621)230-1433に, 高校生の方はDebbi Fukawa, Debfukawa@gmail.comまでに連絡ください。



Jr Y B A: Mochitsuki 2019





Mark Yamashita, one of our Dharma School students, interviewed **Kiyome Hirayama**, a longtime member of Senshin Buddhist Temple and a recent honoree at our Keiro Kai celebration.

Interview with **Kiyome Hirayama** by **Mark Yamashita**

November 10, 2019

MY: When is your birthday?

KH: February 16, 1923.

MY: Where were you born?

KH: Fresno, California.

MY: What did you like to do when you were my age?

KH: We didn't have all the activities like you do. When I was a child, my parents thought I had a bad heart so my Mother wouldn't let me do a lot of things. My Mother wouldn't let me ride a bike, because she thought that's not what girls do. I used to like to roller skate. We played baseball on Sundays and I always pitched so I didn't have to run around, just throw the ball. I guess I was pretty good, because they didn't fire me. Mostly I helped my mother at home.

I helped her wash clothes. In those days we didn't have a washing machine, we used a washboard. I had to wash and rinse the clothes out and then hang them up on a wire. There wasn't much time to play.

MY: What was your favorite food when you were young?

KH: When you're poor, you don't eat things like *sushi* or *sukiyaki*. My mother made *okazu*, it was a little meat with vegetables. We also kept chickens and would have eggs everyday. My father would kill the chickens and we had fried chicken. That was my favorite.

MY: How long have you been coming to Senshin?

KH: My family moved to Los Angeles in 1930 and I have been coming to Senshin from the beginning when it was Senshin *Gakuin*.

MY: Why do you like coming to temple?

KH: When I was growing up I had a lot of friends at Senshin. I like coming to Temple because it makes me feel calm. Stop, sit and listen to *Sensei*. I like that, not being busy.

Dharma School 2020

Ms. Jean, Ms. Chris and Mr. Wilbur, your veteran Senshin Dharma School teachers, and Furumoto-*sensei* have been meeting to put together a new format for Dharma School.

Our students and families are busier than ever, so we are moving to a once a month Dharma School schedule.

We also thought it would be helpful to share with you the topics for each meeting. Not all topics will be presented as listed, but will depend upon appropriateness for the grade level.

We welcome you to join us at any of the Sundays listed below. Feel free to bring friends.

If there is interest in bringing back the nursery class, for children under 4 years old, please let us know. If you would be interested in volunteering in the nursery class, let us know that too.

Kids' Taiko will continue as well as Kids' Club. These dates will be listed in the monthly *Prajna*.

If you have any questions, contact:

Ms. Jean Nakashima
(jean.nakashima2@gmail.com),

Ms. Chris Aihara
(aihara.chris@gmail.com),
or Mr. Wilbur Takashima
(wktakashi@aol.com)

Dharma School Schedule 2020

January 5

Celebrating the New Year
Changing of the seasons
Why do we observe *Hoonko*?

February 9

Buddhist Etiquette
The parts of the *Butsudan*

March 8

Hana-mi (Flower-viewing)
Impermanence
What is *Ohigan*?

April 5

Hanamatsuri: the birth of the Buddha

May 3

What is *Gotanye*?
Who is Shinran Shonin?

June 7

Obon
3 Treasures

July 12

Interconnectedness

Sept 13

8 Fold Path
What is *Ohigan*?

Oct 4

3 Poisons

Nov 8

Gratitude
Senshin History

Dec 6

Importance of Bodhi Day
Enlightenment
4 Noble Truths
Mochitsuki

Dharma School Kids' Taiko Class

Do you have a child who is in first grade and you would like to introduce to Taiko? Well, here is your chance to have your child learn taiko from members of Kinnara Taiko, Derek Oye and Johnny Mori. They will teach basics of taiko playing and help them learn a piece which will be performed at next year's Senshin *Obon* on Saturday, June 27, 2020. No previous taiko experience necessary. The class includes kids from first grade through high school. Classes will meet on Sundays right after service from about **11am to 12pm..**

The following is the

Kids' Taiko Class Schedule for 2020:

January - 12, 26

February - 2, 16

March - 1, 15

April - 19

May - 10, 17

June - 14, 21

June - 27 / Senshin *Obon Horaku*

(culmination performance)

If you are interested in having your child learn *taiko*, please contact Johnny Mori at (323) 493-1210 or by email at jmori888@gmail.com, or Derek Oye at oye.derek@gmail.com.



SENSHIN-JI 2020 JANUARY 2563

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✱ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>Shusho-ye</i>	2	3	4
			10a <i>Shusho-ye</i> , New Year Day Service 11:30a <i>Otoki Ozoni</i> served by Sangha		Sr. YBA Event	
5	6	7	8	9	10	11
9a A B A meeting 9:30a Japanese Study Class 10a Monthly Memorial Service / <i>Shotsuki Hōyō</i> Installation of temple board and affiliated organizations 11a Study Class / Dharma School		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara Gagaku	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 7:30p Temple Board Meeting 7:30p Kinnara Taiko		
12	13	14	15	16	17	18
8:30a BWA <i>Reikai</i> 9a Jr. Y B A meeting 9:30a Japanese Study Class 10a Family Service 11a Study Class / Kids' Club / Kids' Taiko 12noon <i>Tannisho</i> Gathering	7:30p <i>Hoonko</i> <i>Zadankai</i>	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 7p <i>Hoonko</i> Study Class	7p <i>Hoonko</i> Study Class 7:30p Kinnara Bugaku	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 7p <i>Hoonko</i> Study Class 7:30p Kinnara Taiko		1p <i>Hoonko</i> Semi- nar: Rev. Kiyonobu Kuwahara (Hongwanji International Office)
19 <i>Hoonko</i> Service	20	21	22	23	24	25
9:30a Japanese Study Class 10a <i>Hoonko</i> Service / Shinran Shonin Memorial: Rev. Kiyonobu Kuwahara 11a Study Class / Kids' Club 12noon <i>Otoki</i> by B W A		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara Gagaku	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 7:30p Kinnara Taiko		10:30a A B A Installa- tion and <i>Shinnenkai</i> at Diamond Buffet
26	27	28	29	30	31	Feb 1
9:30a Japanese Study Class 10a Family Service, Rev. Masao Kodani BCA Minister <i>Emeritus</i> 11a Study Class / Kids' Club / Kids' Taiko		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara Bugaku	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 8p Kinnara Taiko		<i>Nembutsu</i> Retreat

JANUARY TOBAN:

January Sunday Service Temple
January *Hondo Toban* Kinnara Taiko
(Johnny Mori)

JANUARY Onaijin Flower Toban:

Jan 4 Wendy Mori, Sue Omori
Jan 11 Linda & Koichi Uyemura
Jan 18 Marilyn Miyamoto, Chikako Kojima
Jan 25 Stacey Camara, Tammy Matsubara
Feb 1 Iris Takashima, Sandra Aguila

Upcoming in FEBRUARY:

Feb 1&2 *Nembutsu* Retreat, Palm Garden Hotel
Feb 9 Nirvana Day Service

All classes subject to change without notice. Please call a group member to confirm meeting/rehearsal.