



Valentine's Day is one of the big events in February. Many people exchange chocolates or candy with family members, friends, and co-workers.

Although Valentine's Day is related to Christianity, I don't think any Buddhist would refuse a gift of chocolate.

For Buddhists, February 15 is a significant day. *Nirvana* Day is a memorial service for Shakyamuni Buddha, the founder of Buddhism who lived about 2,500 years ago. In the Mahayana tradition, Shakyamuni Buddha's death day is thought to be February 15.

Nirvana means the fires of earthly passions are blown out. Such state of mind or the world/place/sphere which is the truly calm, peaceful and no sufferings is called *Nirvana* in Buddhism.

Shakyamuni Buddha attained *Nirvana*, when he was 35 years

NIRVANA DAY

old. Even after he attained enlightenment, however, he still had a physical body so he was not free from physical pain and sickness, thus, his enlightenment is considered imperfect. Perfect *Nirvana* was attained when Shakyamuni Buddha passed away. After he died, he was totally free from all boundaries and sufferings and

the confined energy was totally free. *Nirvana* is a state of mind and it is also expressed as the realm, world or sphere of enlightenment, the world of the Buddha. So Shakyamuni Buddha's death is called, "entering in perfect *Nirvana*." Hence we call his death commemoration day *Nirvana* Day.

On *Nirvana* Day, some large temples in Japan display a huge painting of the scene of Shakyamuni's death. In the center of the painting, Shakyamuni Buddha is laying down and, gathered around his bed are many disciples and followers, sobbing and crying. What is interesting is, in the *Nirvana* painting, many animals, birds, and insects are also crying. They also came to Shakyamuni Buddha's deathbed. An elephant, a tiger, a dog, a snake, a worm, and

others, they are all weeping over Shakyamuni Buddha's death.

Although the *Nirvana* picture was drawn with exaggeration, it expresses the teaching of Buddhism. The Buddhist artists wanted to appeal a message by drawing animals in the picture.

One of the Buddha's teaching is,

picture, even the animals are crying over Shakyamuni's death.

The *Nirvana* picture teaches us the equality of all beings. Jodo Shinshu teaching, of course, encourages us to see other beings equally. Shinran Shonin said, "For all sentient beings, without exception, have been our parents and brothers and sisters in the



"*All are equal.*" Not only human beings but animals, fish, plants, are also Buddha's friends. All living beings have the same value of life. My life and life of a dog, a fish, a cow, and the flowers and vegetables are all connected and equal. Shakyamuni Buddha awakened to it and saw all beings as equal. He became a family or friend to all beings. Thus, in the

course of countless lives in many states of existences (*Tannisho* Chapter 5)." It is also said that Shinran Shonin told his disciples that when he died, to give his body to the fishes in the river in Kyoto. He ate fish while he was living, so when he died, he wanted to give his body in return. He was trying to live and die in accordance with the equality of all beings. Like Shakyamuni Buddha, and Shinran Shonin, we could be a friend and family to all others.

Namoamidabutsu

REV. RYUTA FURUMOTO

涅槃会 古本竜太

2月と言えばバレンタインデーが大きなイベントだと答える人が多いですが、仏教では涅槃会（ねはんえ）です。涅槃会とはお釈迦様がお亡くなりになった日で、2月15日がその日だとしてBCAの各お寺で法要をつとめています。お釈迦様がお亡くなりになったことを、入滅（にゅうめつ）または、入涅槃（にゅうねはん）といいます。

入滅とは、滅に入ることです。が、滅とは滅度のことで、それは涅槃のことです。涅槃とは、煩惱の火が吹き消された状態で、苦しみがなく、本当に安らかで落ち着いた境地のことをいいます。仏教はこの境地にどのようにして到達するのかを教えていて、その境地に至った者が仏といわれます。

お釈迦様は35歳のときにこの涅槃の境地に達して、仏とされました。けれどもこの涅槃は、まだ完全な涅槃の状態ではない、と考えられていて、死によって、パーフェクトな涅槃に入られたのだ、としています。それを入般涅槃（にゅうはつねはん）とよびます。

般涅槃とは、完全な涅槃という意味です。

お釈迦様は生きておられるときに涅槃の境地をえられたので、むさぼり、怒り、そしてそれらの思いがでてくる、自分への執着、ということからは解放され、心は安らかで、落ち着いておられました。けれども、お釈迦様にはまだ体もありますし、思考をし、言葉を発するときには、自分と他人とわけ、そこにわずかな自己へのとらわれが残るので、生きておられるときの涅槃です。たとえば、体の痛みであるとか、他人が害を及ぼしたときにおこる

不快感などです。けれども、その不愉快さは私たちのように長引かず、やはり心は安らかで落ち着いておられるのです。

お釈迦様は「私は二回目の矢をうけない。」と言われ、それが仏と凡夫のちがいだとお示しくださっています。

第一の矢とは、好き、嫌い、よい、悪い、というように判断する出来事です。たとえば、車を運転していて、渋滞中にオートバイが自分の横を通ったときに、オートバイのミラーが自分の車のボディにあたって傷をつけられたとしましょう。車が傷つけられると、たいていの人嫌だと反応します。これが第一の矢でそれは仏でも凡夫でもそう思うのです。

ところが、仏の場合は、それで終わって、「車に傷がついたな」ということを認識し、それをよい、悪いとの判断もなく、心は落ち着いています。これが、第二の矢をうけない、

ということです。第一の矢の不愉快さはありますが、それが長引きストレスになることはありません。

ところが凡夫は、「あっ、車が傷ついた。いやだな。」そして、「あのバイクの奴、逃げて腹がたつな」「これ修理したらいくらかかるのか？」「保険がきくか？」「あのバイク

のナンバープレートの写真とおけばよかった」といろいろな思いがでてきて、不愉快なのが、腹立ち、怒り、となりそれが憎しみや悲しみとなり、ストレスを増していき、安

らかで落ち着いた心の状態からは程遠いものとなるのです。それが、第二、第三、第四の矢をうけるということです。

お釈迦様といえども、体があり、生きているときは少しは苦があるということなのですが、亡くなれると、体や自分ということから完全に開放されるので、それを完全な涅槃にはいられた、としているのです。

そして、なんと浄土真宗では、凡夫がその完全な涅槃に入られるという教えなのです。生きているうちは、ものすごい量の矢を受けますが、亡くなるときには、「臨終一念の夕べ

大般涅槃を超証する（信巻）」と親鸞聖人がお示しくださっておられますように、お浄土という涅槃の世界へ入らせていただくのです。そういった念仏の教えを聞く凡夫は、生きている間はできるだけ矢をさけ、また他の人に矢をはなさないようにしよう、との思いもでてくるものです。釈尊が入られた完全な涅槃に我々も入られるというのはたいへんありがたいことです。

南無阿弥陀仏

Monthly Memorial Service FEBRUARY

Sunday, FEBRUARY 3, 2019 10:00am

The monthly memorial service is usually held on the first Sunday of each month in memory of those who have passed away in that month. At the service, the list of names of the deceased, the person observing the memorial and the person's relation to the deceased is read. The Monthly Memorial List is also published in the Prajna newsletter. To have a name entered into the Monthly Memorial List, please call the office as names may not automatically be entered after a funeral.

SESHU (OBSERVANT)	DECEASED'S RELATION TO OBSERVANT	DECEASED
Akahori, Ted	Sister-in-law	Akahori, Jean
Akahori, Julie	Grandmother	Uyetake, Kazuko
Domoto, Lily	Sister-in-law	Domoto, Emiko
Gleeson, David	Mother	Gleeson, Mary Kathleen
Hori, Robert	Mother	Hori, Lilly
Huey, Celia	Mother	Kanagawa, Elso
Isomoto, Glen	Father	Isomoto, Sam
Isomoto, Kiyoko	Husband	Isomoto, Sam
Kato, Douglas	Father	Kato, Kay Sadao
Kiyohara, Ruby	Father-in-law	Kiyohara, Sasaichi
Kojima, Chikako	Grandmother	Takaki, Miyo
Kunitake, Kimiyo	Husband	Kunitake, Saburo
Kunitake, Kimiyo	Uncle	Wada, Fred
Matayoshi, Gene & Connie	Father	Matayoshi, Takeo
Matsumura, Henry	Father	Matsumura, Isamu
Meigneux, Kate	Mother	Kerr, Gwendy
Meigneux, Tela & Emma	Grandmother	Kerr, Gwendy
Mori, Wendy	Brother	Sahara, Fred
Munekata, Yoko	Father	Matsubayashi, Rev. Shushin
Nagano, Lance	Father	Nagano, George
Nagatani, Wendy	Father	Yoshitomi, Roy Rentaro
Nakamura, Bob	Mother	Nakamura, Kimiko
Nakashita, Arthur	Father	Nakashita, Ben
Sawada, Harry	Wife	Sawada, Nellie
Shimabukuro, Marilyn	Father	Shimabukuro, Shigeichi
Takashima, Wilbur	Great-Grandfather	Takashima, Bunshiro
Takashima, Wilbur	Great-Grandfather	Sato, Kaisouyemon
Takemoto, Jon	Grandfather	Fujiura, Itashiro
Terakawa, Alan	Father	Terakawa, Hiroji
Tomita, Misao	Mother-in-law	Tomita, Natsu
Toyama, Beverly	Grandfather	Murata, Daisaku
Ushirogata, Mutsuo	Mother	Ushirogata, Mitsuo
Usui, Frank	Father	Usui, Otojiro
Usui, Frank	Mother	Usui, Kiyono
Usui, Suzuko	Father	Ariyoshi, Matabei
Uyeno, Matsuko	Husband	Uyeno, Masato
Uyeno, Matsuko	Mother-in-law	Uyeno, Ren
Uyeno, Matsuko	Sister-in-law	Nishida, Masako Marsha
Wakinaka, Bernice	Mother	Nagaoka, Chiyono
Wakinaka, Bernice	Brother	Nagaoka, Dick
Yokota, Carole	Mother	Yokota, Sanaye
Yoneda, Kiyoko	Father-in-law	Yoneda, Sanji
Yoshioka, Karen	Father	Taniguchi, Mitsugi
Yoshioka, Karen	Mother	Taniguchi, Yuriko
Yoshitomi, Hannah	Husband	Yoshitomi, Roy Rentaro

Spring Ohigan

Ohigan seminar and service will be on Saturday, March 23rd and Sunday March 24th.

The Ohigan service speaker will be Rev. Sala Sekiya (Gardena Temple). The seminar topic will be "The Music & Chanting in Jodo Shinshu," with the speakers being Rev. Sekiya and Rev. Kodani. Save the dates.

TOYO MIYATAKE STUDIO
Memorial Portrait and
Family Group Portrait Project

March 3, 2019 and March 10, 2019

Toyo Miyatake Studio will be coming to Senshin for individual and group sittings. Discounted sitting and portrait packages are offered as follows:

Package A: Two 5x7", \$65

Package B: One 8x10", \$65

Package C: One 8x10" and Two 5x7", \$80

Other larger packages are available and all prices include \$10 sitting fee and retouching. Sittings are by appointment and open to members, friends and family. At this time we will not be creating a directory book.

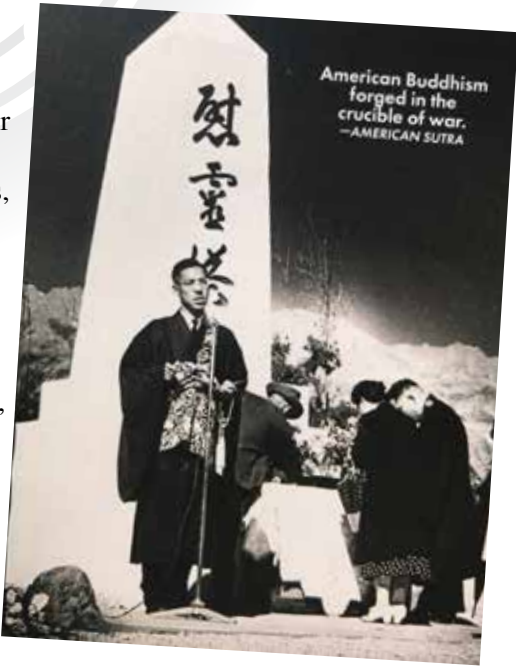
Please contact Debbie Hiramoto (626) 232-4736

for questions and to make an appointment.

A portion of the sitting fee will be donated to Senshin.

Buddhism Behind Barbed Wire

The untold story of Japanese American Buddhists during WWII will arrive in the public eye on February 19, 2019. Written in plain English with a storytelling approach, the book American Sutra looks at Buddhists in the camps, under martial law in Hawaii and in the U.S. military. The book is based on over 120 interviews with mostly BCA families, translated diaries of Issei ministers and others, and countless hours combing the BCA archives. It's our very own history, the story of our Issei and Nisei forefathers who refused to renounce their religion in the face of intense pressure and persecution. How did the Dharma guide them under these difficult conditions, and how did they practice their faith? Find out!



Saturday, 2pm, February 23, 2019

Book talk by Rev. Duncan Ryuken Williams
Japanese American National Museum • RSVP requested

February 19-26, 2019

Book launch, Harvard University Press
Please see www.americansutra.com.
We kindly request you purchase your book during this week.



Listed are donations handled by the Regular Treasurer:
Special: donation received with no specific reason given
Orei: donation for use of temple facilities, equipment, etc.
Nokotsudo: donation by families who have family cremains in the *Nokotsudo* (columbarium)
The Regular Treasurer is required to send receipts for donations of \$250.00 and over. Receipts for all other donations will not be sent unless requested by the donor.

JANUARY FLOWER DONATIONS

Ted & Julie Akahori
Anonymous
Catherine Hisamune
Kathy Ikari
Emi Kamikawa
James, Karen & Alyssa Harada
Denise Kodani
Chikako Kojima
Jean Minami
Marilyn Shimabukuro
Gary & Paula Shirasago
Reiko Soday
Michiko Sugano
Yo Takeuchi
Martin & Kathleen Umemoto
Yukie Ushirogata

DECEMBER 2018 DONATIONS

12/2/2018	Wilbur & Iris Takashima Jean Fujimoto Jean Fujimoto Brett & Susan Yoshimura Miki Fujimoto Chikako Kojima Chikako Kojima Satoshi Miyata	In memory of Gennie Takamiyashiro Funeral, Steve Fujimoto <i>Orei</i> , Social Hall use 7 year memorial service, Deklan Yoshimura In memory of Leobardo F Estrada 1 year <i>Hoji</i> , Harry Uneda 1 year <i>Hoji</i> , Harry Uneda In memory of Harry Uneda
12/6/2018	John & Debbie Hiramoto Kiyoko Yoneda Jean Minami Martin & Kathleen Umemoto Neil & JoAnn Komai Wilbur & Iris Takashima Bessie Tanaka Edward & Helen Motokane	In memory of Harry Uneda In memory of Harry Uneda In memory of Harry Uneda In memory of Harry Uneda In memory of Harry Uneda In memory of Harry Uneda In memory of Harry Uneda Memorial, Helen T. Motokane
12/8/2018	Miwako Hashimoto Joy & Duane Hirayama Qris Yamashita & Chris Komai Denise Takehara	<i>Nokotsudo</i> <i>Nokotsudo</i> In memory of Ronnie Matsuda Son Jordan moving/promotion, and Birth of grandson Kadon Yutaka Santiago
12/9/2018	Iku Kiriya Yuriko Nishisaka	Giving Tuesday <i>Dana</i>
12/16/2018	Kiyoe Suzuki Yoko Horimoto	In memory of Horohisa Suzuki Donation
12/23/2018	The Imamura Family Yuri Nishisaka Bruce Miyamoto Bruce Miyamoto WasabiKai Chris Komai & Qris Yamashita Bruce Hirayama	49th day memorial service, Kikuye Kay Imamura <i>Dana</i> Special <i>Dana</i> <i>Nokotsudo</i> <i>Dana</i> <i>Dana</i> Year End <i>Dana</i>
12/30/2018	Anonymous Richard & Helen Nakawatase Judy Nakatani Aihara & Associates Kelvin Nishikawa Betty Yamashita Suzanne Toji Ronald & Fujie Ohata Sandra Aguilar	<i>Dana</i> Year End <i>Dana</i> Donation Year End <i>Dana</i> Use of copier Special <i>Dana</i> Year End <i>Dana</i> Donation <i>Dana</i>
12/31/2018	Michael & Carol Okuda Michael Yanagita	Donation <i>Dana</i>

DECEMBER 2018 DONATIONS, *cont'd*

Kiyome Hirayama	<i>Nokotsudo</i>
Jean Minami	<i>Nokotsudo</i>
Alan Terakawa	<i>Nokotsudo</i>
Kazuo Matsubayashi	<i>Nokotsudo</i>
Misao Tomita	<i>Buppo</i>
Ronald & Fujie Ohata	<i>Naijin</i> Fund
Ellen Shimohara	Bodhi Day
Ellen Shimohara	<i>Joya-ye</i> (New Year's Eve Service)
Wilbur & Iris Takashima	<i>Joya-ye</i> (New Year's Eve Service)
Sandra & Roberto Aguilar	Winter Youth Program
Yasuye Clifton	Winter Youth Program
Johnny Mori	Winter Youth Program (Lunch)
Ronald Ohata	Winter Youth Program (Lunch)
Annie Lam	Winter Youth Program
<i>Hoshimarayu</i> 2018	Use of Social Hall

SHOTSUKI HOYO DECEMBER 2018

<i>Donor</i>	<i>In Memory of</i>
Sangha Friends	Harry Uneda
Julie & Ted Akahori	Yoshiko Uyetake
Lori Diegel (On behalf of David & Nancy Fujikawa)	Elso Kanagawa
Lori Diegel (On behalf of David & Nancy Fujikawa)	Lillian Kuwata
James & Karen Harada	Grace Harada
Sumi Hayamizu	<i>Isshuki</i> , Harry Uneda
Bruce Hirayama	Glenn Hirayama
Kiyome Hirayama	Art Hirayama
Kiyome Hirayama	Glenn Hirayama
Ken & Joji Iriye	<i>Isshuki</i> , Harry Uneda
Emi Kamikawa	Violet Kamikawa
Chikako Kojima	<i>Isshuki</i> , Harry Uneda
Kazuo Matsubayashi	Moriichi Matsubayashi
Jean Minami	Yoshimi Minami
John & Wendy Mori	Yasuo Mori
Wendy & John Mori	Hiroshi Sahara
Kikuko Nishida	John Nishida
Russell & Lori Nishida	John Nishida
Yuri Nishisaka	Ritsuko Nishisaka
Ronald & Fujie Ohata	Father, Shigetoshi Ohata
Satomi Saneto	Glenn Hirayama
Doris Shigaki	Uichiro Shigaki
Wilbur & Iris Takashima	Hikokichi Yasuda
Suzanne Toji	Evelyn Toji
Barbara Tanezaki	Harry Uneda
Misao Tomita	Masutaro Nakamura
Misao Tomita	John Tomita
Matsuko Uyeno	Masutaro Nakamura
Robyn Yoneda	Masutaro Nakamura

BODHI DAY DECEMBER 2018

Anonymous
Anonymous
Anonymous
Anonymous
Julie Akahori
Ted Akahori
Roy & Jane Asahi
Don Akamine
Kenneth Hatai
Sumiko Hayamizu
Higa Family (Kevin Higa)
Deb & John Hiramoto
Paul Hiramoto
Kiyome Hirayama
Catherine Hisamune
Patty Honkawa
Lily Inatomi
Kenny & Joji Iriye
Denise Ishitani
Janis Ishitani
Cathy Iyemura
Emi & Wesley Kamikawa
Michele Kammerer
Ruby Kiyohara
Chikako Kojima
Neil & JoAnn Komai
Doug Matsuda
Natsuko Masushige
Tammy & Dale Matsubayashi
Kazuo Matsubayashi
Hidehiro & Kimiko Matsukawa
Pamela Matsuoka
Jean Minami
Yoko Miyagawa
Yoshio Miyagishima
Satoshi Miyata
Garren & Stephanie Mizutani
John & Wendy Mori
Yuriko Nishisaka
Craig & Cindy Ogawa
Ron & Fujie Ohata
Beverly Rogers
Marilyn Shimabukuro & Gilbert Leong
Ellen Shimohara
Wilbur & Iris Takashima
Yoshiko Takeuchi
Florence Takeyama
Barbara Tanezaki

BODHI DAY, CONT'D

Alan Terakawa
Misao Tomita
Yoko Uneda
Matsuko Uyeno
Vickie Wakinaka
Toshiko Yamaguchi
Betty Yamashita
Qris Yamashita & Chris Komai
Kiyoko Yoneda
Evelyn Yoshimura
Amy Yukawa

OSEIBO 2018

Anonymous
Anonymous
Anonymous
Senshin ABA
Senshin BWA
Kubota Memorial Group, Inc. (Kubota Mortuary)
Madalyne Adams
Sandra & Roberto Aguilar
Chris & Doug Aihara
Roy & Jane Asahi
Julie Akahori
Ted Akahori
Don Akamine
Erica Jean Yee Calzadias
Stacey Camara
Thai Checél
Donna Ebata
Debra & Stan Fukawa
Kenneth Hatai
Sumiko Hayamizu
Dorothy Higa
Deb & John Hiramoto
Paul Hiramoto
Catherine Hisamune
Patty Honkawa
Robert Hori
Janice & Victor Huey
Sumiko Ikegami
Lily Inatomi
Kenny & Joji Iriye
Denise Ishitani
Janis Ishitani
Karen Ishizuka & Robert Nakamura
Cathy Iyemura
Emi Kamikawa
Ikuko Kiriya

Ruby Kiyohara
Chikako Kojima
Aiklim Kok
JoAnn & Neil Komai
Martha Kuwaki & Dorothy Higa
Michiko Masada
Connie Matayoshi
Doug Matsuda
Natsuko Masushige
Tammy & Dale Matsubara
Kazuo Matsubayashi
Hidehiro & Kimiko Matsukawa
Henry Matsumura
Lorraine Matsuyama
Jean Minami
Yoshio Miyagishima
Richard & Yoko Miyakawa
Marilyn Miyamoto
Nobuko Miyamoto Betserai
Satoshi Miyata
Garren & Stephanie Mizutani
John & Wendy Mori
Yooko Munekata
Judy Nakatani
Deb Nakatomi & Bob Miyamoto
Russell & Lori Nishida
Edith Nishikawa
Yuri Nishisaka
Sachi Oda
Craig & Cindy Ogawa
Jerry Ogawa
Ron & Fujie Ohata
Susan Omori
William & Mieko Oyama
Beverly Rogers
Michiko & Richard Sakakura
Motoko Saneto
James & Yuriko Segawa
Doris Shigaki
Marilyn Shimabukuro & Gilbert Leong
Ellen Shimohara
Mark & Reiko Sondag
Wilbur & Iris Takashima
Denise Takehara
Lynn Taketomo
Yoshiko Takeuchi
Barbara Tanezaki
Suzanne Toji
Misao Tomita

Kathie & Marty Umemoto
Yoko Uneda
Yuki Ushirogata
Mark, Megumi & Alice Unno
Jim & Nancy Usui
Koichi Uyemura & Linda Wong
Matsuko Uyeno
Asa & Bernice Wakinaka
Toshiko Yamaguchi
Betty Yamashita
Joyce & Richard Yamashita
Qris Yamashita & Chris Komai
Mike Yanagita
Arlene & Stan Yokoyama
Kiyoko Yoneda
Dorothy Yoshihata
Evelyn Yoshimura
Amy Yukawa

Senshin Vehicle Donation

This is a reminder that Senshin will take any vehicle (car, pickup, truck, motorcycle, and even boat) as a donation to the temple. The funds realized from these donations are earmarked for the Senshin-ji Building Fund. Donors can report the full amount of funds received from the vehicle donation as a deduction on their tax returns.

We work with Harold's Car Donation Service (HCDS) to have vehicles picked up, processed and refurbished as necessary to bring in the highest sale amount for the donated vehicle.

Once the proceeds from the vehicle donation are received by Senshin, a letter is sent to the donor to acknowledge the vehicle donation. The letter includes details of the donated vehicle and the amount for which the vehicle was sold or salvaged. All donors will be acknowledged in the *Prajna*.

If you have any questions about the program, or wish to donate a vehicle, please contact either Jean Minami (323) 938-0048, or Wilbur Takashima (310) 398-9558.

Senshin 2019: Officers



Prajna Paperless Program

We are taking a survey of our *Prajna* readers to see if we can reduce the cost of mailing hard copies of the monthly newsletter and encourage you to read the *Prajna* by e-mail.

Each month, about 430 copies of the *Prajna* are mailed out to members and friends. The printing of the *Prajna* is not only time-consuming but uses an average of 1,500 sheets of 11x17 computer paper in addition to toner and the wear and tear on the printer. After the 430 copies are printed, they require collating, folding and inserting into pre-labeled envelopes before taken to the post office for mailing. All of this is done by the mailing crew of volunteers.

Considering the labor of the *Prajna* mailing crew, we would like to encourage our readers to receive their *Prajna* via e-mail. If enough of our members would agree to go this route and remove their names from the *Prajna* mailing list, this would help immensely. Our goal is to reduce our mailing list down to 100.

These are some of the benefits to making the change from receiving a hard copy of the *Prajna* by mail to reading the *Prajna* by e-mail:

- 1. The photos in the *Prajna* online are in color, whereas the mailed *Prajna* are in black and white.
- 2. You can share the *Prajna* easily between family and friends.
- 3. You can read the *Prajna* wherever you are, at home or out of town.

- 4. You are helping the environment by using less paper.
- 5. You can use your own printer to print a hard copy.
- 6. Most of all, you are helping our temple production and mail out crew of volunteers.

Your participation in the survey will be very helpful to the *Prajna* crew. If you have any questions, please feel free to speak to Rev. Furumoto or e-mail senshintemple@gmail.com

COMPLETE, CUT, RETURN

NAME

EMAIL ADDRESS

MAILING ADDRESS

..... I would like to participate in the program by receiving the *Prajna* by e-mail.

..... I would like to continue to receive the *Prajna* by mail.

Please drop off your response to the temple: 1311 W 37th St, LA 90007. Thank you.

Updates

& ANNOUNCEMENTS!

Board News

Thank you everyone for a wonderful and delicious *Bonnen Kai* Luncheon we had on December 23, 2018 to end the year. I would like to thank Suzanne Toji for recommending Pilipino food for the luncheon, which was good, and Marty and Kathie Umemoto for donating the wonderful and delicious cake. As I always say, it's the Sangha that makes Senshin a wonderful and great temple. Thank you everyone for all your support.

Gassho,
Chikako Kojima

Thank you to the following Temple Board Members for 2019:

Chris Aihara
Doug Aihara
Debbi Fukawa
Stan Fukawa
Robert Hori
Kathy Ikari
Cathy Iyemura
Chikako Kojima
Richard Kok
JoAnn Komai
Neil Komai
Sheri Lovall
Satoshi Miyata
Eugene Murakami
Russell Nishida
Kelvin Nishikawa
Ron Ohata
James Okazaki
Rev. Furumoto
Marilyn Shimabukuro
Denise Takehara
Wilbur Takashima
Koichi Uyemura

Qris Yamashita
Diane Yokoyama

Thank you all for serving!

Religious Committee

The Religious Committee welcomes anyone with an interest in providing religious themes or guidance for temple activities. If you would like to participate, please contact Neil Komai, nkomai49@gmail.com. *Gassho.*

The next Buppo & Lunch

is on Wednesday, February 13, 2019 at 10:30am, with Rev. Tets Unno.

Buppo means Buddha Dharma, or Buddha's teaching. This is a study class for people enjoying or not enjoying retirement life. The class takes place at 10:30am on the second Wednesday of each month. We will have a free talk on *Buppo* followed by discussion. After the class, we will eat lunch together. Even though you are not retired, you can come to the class. Registration is free but feel free to make donation to the temple

FEBRUARY 2 & 3, 2019

Senshin Nembutsu Retreat

Palm Garden Hotel, Thousand Oaks

We're pleased to announce that **Rev. John Iwohara** will be speaking at our 2019 retreat. Please come and join us. Rev. Iwohara will lead us in a discussion about "The Essence of Jodo Shinshu." For 2019, we have moved the retreat one week earlier to February 2 & 3. The retreat will begin Saturday morning followed by afternoon and evening sessions. The retreat

will conclude Sunday with a morning session and lunch. Registration forms with 2019 fees will be available online (senshintemple.org) and in the foyer of the Hondo. Please make plans for attending. Contact Neil Komai for more information.

B W A

Welcome to our two newest members, Gayle Wong and Sue Omori! We're happy to have you aboard!

This year Senshin is the Host Chapter for the Southern District BWA. Along with the temple, we will be hosting the Southern District Conference on June 8, as well as the quarterly meetings. SDBWA Officers for 2019 are President: Debbie Hiramoto; Vice-President: Fujie Ohata; Recording/Corresponding Secretary: JoAnn Komai; Treasurer: Jean Minami; and Auditor: Iris Takashima.

In January, we provided the refreshments for the *Hoonko* Seminar with Dr. Mark Blum and the *otoki* of *nigome* after the *Hoonko* Service.

BWA partnered up with ABA to sponsor the Historic Photo Project. It's been wonderful seeing many members of the Sangha taking the opportunity to enjoy the photos now available for viewing in the Social Hall.

Everyone is invited to our 2019 New Year's Party on Sunday, February 24 at noon in the Social Hall. We'll be having a BBQ lunch from Wood Ranch for \$15 per person. If you'd like to join us, please contact JoAnn Komai at jykomai55@gmail.com or (626) 484-8806 (call or text) by February 17.

We gratefully acknowledge the following donations:

Chikako Kojima: *Tsukudani* supplies

Yoriyo Furumoto: *Tsukudani* supplies/sales

Misao Tomita:

In memory of John Tomita
M.K. Adams

Membership dues of \$10 can be paid to Iris Takashima.

Our next meeting will be on February 10 at 8:30 am. We'd love to have you join us!

Gassho,
JoAnn Komai

A B A

On December 15, ABA enjoyed *mochi*-making at *Mochitsuki* that was organized by JrYBA. Thank you Juniors for a great Sangha experience!

Mark **Saturday, March 9** your calendar for our **annual Morongo Casino Turnaround**. There's food and fun from the moment you board the bus. More details to follow.

Please consider joining ABA. We support temple activities and have fun, and we would love to have some new members join us to carry on our 70 years of service at Senshin. Contact Russell Nishida at nishida257@cox.net.

Jr. Y B A

The planning for this year's Southern District Jr. YBL Conference is well underway! We have been meeting with our co-host, Venice Temple, and brewing up some fantastic ideas.

See our photos from *Mochitsuki*. Thank you, again, to everyone for your help and support!

The New Year's celebration was filled with fun festivities and the Jr's hope everyone enjoyed the taiko and *shishimai* performance at the temple.

Also, Jr. YBA attended our first seminar of the year in Arizona where we had a blast seeing the other chapters and enjoying our peers' interpretation of Buddhism.

Thank you to all who continue to support our Scrip Fundraising for the 2019 Japan Trip!

If you are a high school student and are interested in joining Jr. YBA, please contact Debbi Fukawa at Debfukawa@gmail.com.

Dharma School Kids' Taiko Class

Do you have a child who is in first grade and you would like to introduce to Taiko? Well, here is your chance to have your child learn taiko from members of Kinnara Taiko, Derek Oye and Johnny Mori. They will teach basics of taiko playing and help them learn a piece which will be performed at this year's Senshin Obon on Saturday, June 29, 2019. No previous taiko experience necessary. The class includes kids from first grade through high school. Classes will meet on Sundays right after service from about 11am to 12pm.

The following is the **Kids' Taiko Class Schedule**:

January 27	May 12, 19
February 3, 17	June 9, 23
March 3, 17	June 29 Senshin Obon <i>Horaku</i> (culmination performance)
April 21	

If you are interested in having your child learn taiko, please contact Johnny Mori at (323) 493-1210 or by email at jmori888@gmail.com, or Derek Oye at oye.derek@gmail.com.



College Y B A

College YBA Is Still Active!

We hosted the Southern District College YBA seminar on Saturday, January 5th. Six students attended: Russell, Ross, Gavin, and Hina from Senshin, Marley from Nishi, and Jenny from Oxnard. Since college

students like to sleep in the morning during their break, they gathered at the temple around 1 pm. We had a service, chanting *Sambujo* and *Amida kyo*, followed by meditation. Mas-sensei gave a talk about the meaning of meditation in Buddhism and led the discussion on how to deal with the religious fundamentalists in college. It was a

very meaningful session for them. They are planning to gather again during their summer break.



Winter Youth Program

Nine youth members attended the Winter Youth Program in December. This program is like a mini-Saishin Dojo and it is for enhancing the Sangha-ship of the youth: Jr. YBA,

27th, the tickets were already sold out, so we purchased tickets for the next day and went to the Science Center two days in a row. We thanked the *Issei* and *Nisei* Senshin founders for choosing the site of our temple location, very close to the Science Center!

High school and middle school students helped the younger kids, and they enjoyed spending the time together. They thanked Kinnara for teaching Taiko and the cooking crew for preparing the lunches.

Karate Club

Wednesdays, 4:30pm

Senshin Karate Club is now gathering on Wednesdays from 4:30pm.

One of the mottos of the class is "no injury." Seniors, Adults and Children all practice together and teach each other.

Anyone interested in joining the club should contact Rev. Furumoto at the temple.



I have just returned from a visit to Japan with my family which included a visit to Mashiko, birthplace of the *Mingei* movement (*Mingei* means craft works which are closely connected to the daily lives of ordinary people). Shoji Hamada brought this idea to Mashiko and made it a reality. We

Sangha teens and Dharma School. Halle, Liam, Matz, Gen, Jake, Kai, Goh, Aaliyah, and Lee participated in the program which was held December 26th to 28th. Every morning, they chanted *sutras* and listened to Dharma messages by Mas-sensei. They practiced *Taiko* and *Shishimai* for the New Year's Day service performance in the courtyard. We went to see King Tut's exhibition at the Science Center. But when we went there at 10am on the



visited the Mashiko Museum of Ceramic Art which was formerly his residence, studio and kiln. We viewed

his work and saw his studio, both of which have left a lasting impression

on potters in this area today and influenced many potters around the world including myself.

It's been an inspiration for the classes WasabiKai offers.

The cultural based classes WasabiKai offers has given our members and friends a deeper appreciation of pottery and its connection to our culture. I believe we have a unique program here at Senshin-Ji. Our Japanese dinnerware/plating class and *Raku* tea classes have been well attended. Last year we offered the *Goinkyo Yakimono* class which was an opportunity for some of our elders to explore clay and eat a meal from the work they created. Rev. Mas provided an amazing *nabe* meal as part of the final class.

I will be offering the *Goinkyo*



Yakimono class again this year along with the *Raku*/Tea classes this year. A Pottery/Home *Ikebana* class will also be offered. I will post dates for these classes hopefully next month. Please look for sign-up sheets on the bulletin board.

Please visit WasabiKai on Facebook.... Questions, contact Bob Miyamoto, 1bobmiyamoto@gmail.com.

Exercise Class / TBMM

Tuesday & Thursday, 9:30-10:30a

Thinking Body, Moving Mind (TBMM) (TBMM) is a movement technique/exercise class, held on every Tuesday and Thursday mornings 9:30am to 10:30am. The class is designed for senior adults, but all are welcomed.

Aruku-Kai

"Let's Walk" Club

Excited to meet your New Year's Resolution to be active, breathe fresh air and have fun? Join Senshin's new club where we hike trails in the local area. Senshin members and friends of members of all ages are welcome.

Our club's goals are:

1. To develop and strengthen our Sangha and community, and build cross-generational relationships at Senshin
2. To practice mindfulness: Exercise mind and body, breathe and enjoy nature

Please contact Lauren Ohata (lauren.ohata@gmail.com) or Russell Nishida (nishida257@cox.net) if you're interested or have questions. Our first hike will be the morning of Saturday, February 23. We will meet at Senshin at 8:30 am and will hike in the Hollywood sign area.

In *gassho*,
Lauren (703) 887-9060

Girl's Day Doll Display & Sale

In Japan, March 3rd is celebrated as Girls' Day wishing the healthy growth of the female child. They display *Hina Ningyo*, a set of traditional Japanese Heian costume dolls, and enjoy eating some special food. This year, March 3rd will be Sunday, so we are going to display *Hina Ningyo* at the Social Hall. Also, we are going to display some Japanese dolls and sell these on a donation basis. Please contact Rev. Furumoto for more information.

Social Media

 SenshinBuddhistTemple

 @senshinji

 @senshinji

Kinnara Gagaku/Bugaku Classes

Classes are held at Senshin on Wednesdays at 7:30pm. Beginners or experienced are welcomed.

GAGAKU (the music) meets on the 1st and 3rd Wednesdays. **BUGAKU** (the dance) meets on the 2nd and 4th Wednesdays. Call (323) 731-4617 for more information.

Kinnara Gagaku is looking for several *Okoto*. If you have *Okoto* that you do not use, please contact Rev. Kodani.



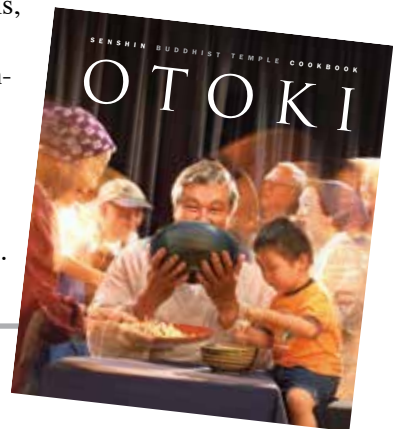
SAVE-THE-DATE
Southern District Conference

June 8, 2019

SENSHIN
BUDDHIST
TEMPLE
MORE INFO TO COME...

Otoki Cookbooks

Copies are still available from the Hongwanji Place Bookstore, located next to the Library at Senshin. For price and details, email Hongwanjiplace@gmail.com or call (323) 731-4617.



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Mail to: Senshin Jr YBA Scrip Order c/o Harumi Kawaguchi, 3170 Bear Creek Drive, Newbury Park, CA 91320

Questions: Contact Harumi Kawaguchi 626/230-1433 or SenshinScripSale@gmail.com

Name

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Order Date

Phone #

☐ home

☐ cell



Clothing & Accessories	%	QTY	Total
Bloomingdale's \$25/100	12%		\$
HomeGoods \$25/100	7%		\$
Kohl's \$25/100	4%		\$
Macy's \$25/50	n/a		\$
Old Navy \$25/100	14%		\$
Nordstrom \$25/100	6%		\$
TJ Maxx/Marshalls/HomeGds \$25/100	7%		\$
Dining	%	QTY	Total
Applebee's \$10/25/50	8%		\$
Baja Fresh \$25	10%		\$
California Pizza Kitchen \$25	8%		\$
Chipotle Mexican Grill \$25	10%		\$
Coffee Bean & Tea Leaf \$25	9%		\$
Islands \$25	8%		\$
Olive Garden \$10/25/100	8%		\$
Panera Bread \$5/10/25/50	8%		\$
Rubio's Restaurants \$25	10%		\$
Starbucks \$5/10/25/50	7%		\$
SUBWAY Restaurant \$10/50	6%		\$
Taco Bell \$5/10/15	5%		\$
Discount Store	%	QTY	Total
Sam's Club \$25/100	2.5%		\$
Target \$10/25/100	2.5%		\$
Walmart \$10 (limited time)/25/100	2.5%		\$
Electronics & Office	%	QTY	Total
Best Buy \$25/100	4%		\$
GameStop \$25	3%		\$
Office Depot/Office Max \$25/100	5%		\$
Staples \$25/100	5%		\$
Entertainment	%	QTY	Total
AMC Theatres \$25/50	8%		\$
Barnes & Noble \$5/10/25/100	8%		\$
Disney \$25			\$
Fandango \$25	4%		\$
Regal Theatres \$25	8%		\$

Gas & Auto	%	QTY	Total
76 Gas \$25/100	1.5%		\$
ARCO \$50	1.5%		\$
Chevron CA Only \$50/100/250	1.5%		\$
Exxon \$50/250	1%		\$
Jiffy Lube \$30	8%		\$
Mobil \$50/250	1%		\$
Shell \$25/50/100	1.5%		\$
Grocery	%	QTY	Total
Albertsons/Vons \$25/100	4%		\$
Marukai \$10	n/a		\$
Smart & Final \$25/50/100	3%		\$
Sprouts Market \$25/50/100	5%		\$
Whole Foods \$25/50/100	3%		\$
Health & Beauty	%	QTY	Total
Bath & Body Works \$10/25	12%		\$
CVS Pharmacy \$25	6%		\$
Sephora \$25	5%		\$
ULTA \$25	4%		\$
Home Decor	%	QTY	Total
Bed Bath & Beyond \$25/10	7%		\$
Cost Plus World Market \$25	7%		\$
Home Improvement	%	QTY	Total
Home Depot \$25/100	4%		\$
Lowe's \$25/100	4%		\$
Online & Catalog	%	QTY	Total
Amazon.com \$10/25/100	2.25		\$
Apple App Store & iTunes \$15/25	5%		\$
Groupon.com \$25	7%		\$
Specialty Retailer	%	QTY	Total
Container Store \$25/100	9%		\$
Jo-Ann Fabric & Crafts \$25	6%		\$
Michaels \$25	4%		\$
PetSmart \$25	5%		\$
See's Candies \$25	9%		\$
Sporting Goods	%	QTY	Total
Bass Pro Shops \$25/100	8%		\$
Dick's Sporting Goods \$25/100	8%		\$
REI \$25	8%		\$

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洗心仏教会

2019年2月

1月感謝録:

寄付:	Y西川,Y堀本,B宮本,わさび会,M柳田 C駒井/Q山下,J中谷,B山下,R&F大畑 S。Aguilar,M&C奥田,I桐山,匿名	追悼:故G高宮城:W&I高島,故L.Estrada:M藤本 故H元金:E&H元金,故H鈴木:K鈴木 故K今村49日法要:今村一家
年末寄付:	B平山,R&H中渡瀬,相原Associates S東司 J南,M&K梅本,N&J駒井,W&I高島,B田中	故H畝田 1 回忌: C小島,S宮田,J&D平本,K米田
内陣基金:	R&F大畑,K&I松林	故D吉村 7 回忌:B&S吉村
除夜会:	E下原,W&I高島	冬季ユースプログラム寄付:Y.Cliffton,J森
成道会:	E下原	S&R.Aguilar,R大畑,A.Lam
葬儀:	J藤本	ソーシャルホール使用:J藤本,Hoshimarayu
お祝い:	息子Jordan栄転: D竹原	コピー使用:K西川
お礼:	仏報: M富田	納骨堂:M橋本,J&D平本,B宮本,K平山,J南,A寺山

2月日程:

2-3日(土一日)念仏レトリート Palm Garden Hotel Jhon 庵原開教使 (ガーデナ)

3日 (日) 午前9時半 日本語法要
10時 祥月法要
11時 英語勉強会,キッズクラブノ太鼓

7日 (木) 午後7時半 理事会

10日 (日) 午前8時半 婦人会例会
午前9時半 日本語法要
10時 涅槃会法要
11時 英語勉強会, 日曜学校

13日 (水) 午前10時半 仏法ランチ 海野徹雄開教使

17日 (日) 午前9時半 日本語法要
10時 家族礼拝
11時 英語勉強会TurnAround, キッズクラブノ太鼓

24日 (日) 午前9時半 日本語法要
10時 家族礼拝
11時 英語勉強会, 日曜学校
12時 婦人会新年会

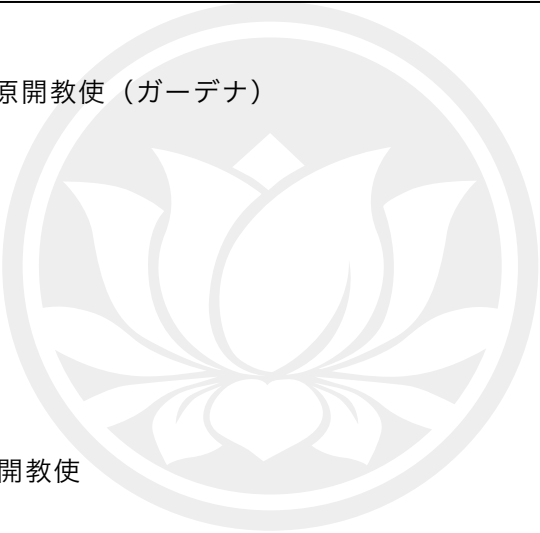
2月法要当番: 婦人会

本堂当番: J中島,C横田,E村上,R勝田

内陣お花当番:2日:Y西川,Y後潟,9日:T山口,I&K松林,16日:P本川,J永田,23日:D&R小谷

1月供花: T&J赤堀,C小島,E上川,R Sonday,Y竹内,C久宗,K猪狩,J/K/A原 田,D小谷,J南,M島袋,
G&P白砂,M菅野,M&K梅本,匿名

2019/3月の予定: 3/10BCA全国開教使ノ総会、Phoenix,AZ, 3/9ABAMorongo TurnAround,
3/23春のお彼岸セミナー, 3/24春のお彼岸法要,3/31大掃除



SENSHIN-JI 2019 FEBRUARY 2562

1311 W. 37TH STREET, LOS ANGELES, CALIFORNIA 90007 ☎ 323 731 4617 ✉ SENSHINTEMPLE@GMAIL.COM 🌀 SENSHINTEMPLE.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 <i>Nembutsu</i> Retreat
						Feb 2 & 3 Palm Garden Hotel Rev. John Iwohara (Gardena)
3	4	5	6	7	8	9
Nembutsu Retreat cont'd, at Palm Garden Hotel Rev. John Iwohara (Gardena) 9:30a Japanese Study Class 10a Monthly Memorial Service (<i>Shotsuki Hōyō</i>) 11a Coffee and Donuts Social Hour / Kids' Club / Kids' Taiko 12noon <i>Tannisho</i> Study Class		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara <i>Gagaku</i>	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 7:30p Temple Board Mtg 8p Kinnara Taiko		
10	11	12	13	14	15	16 Kinnara Taiko Workshop
8:30a BWA <i>Reikai</i> 9:30a Japanese Study Class 10a Nirvana Day Service 11a Study Class / Dharma School		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	10:30a <i>Buppo</i> & Lunch, Rev. Tetsuo Unno 7:30p Kinnara <i>Bugaku</i>	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 8p Kinnara Taiko		All Day Kinnara Taiko 50th Anniversary Buddhist Taiko Workshop (Pre-registration required)
17	18	19	20	21	22	23
9:30a Japanese Study Class 10a Family Service 11a Study Class / Kids' Club / Kids' Taiko		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara <i>Gagaku</i>	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 8p Kinnara Taiko		8:30a Aruku-kai (Let's Walk Club) meet at Senshin
24	25	26	27	28		
9:30a Japanese Study Class 10a Family Service 11a Study Class / Dharma School 12noon Fujinkai BWA New Year Party		9:30a Exercise Class 10:30a-2p WasabiKai Open Studio	7:30p Kinnara <i>Bugaku</i>	9:30a Exercise Class 10:30a-2p WasabiKai Open Studio 8p Kinnara Taiko		

FEBRUARY TOBAN

Sunday Service B W A

Hondo Toban Jean Nakashima, Carole Yokota, Eugene Murakami, Richard Katsuda

FEBRUARY Onaijin Flower Toban

Feb 2 Yoko Nishikawa, Yukie Ushirogata

Feb 9 Toshiko Yamaguchi, Ikuko/Kaz Matsubayashi

Feb 16 Patti Honkawa, Janice Nagata

Feb 23 Denise/Richard Kodani

UPCOMING IN MARCH 2019

March 5-10 BCA National Ministers' Meeting & National Council Meeting, Phoenix, AZ

March 9 ABA Morongo TurnAround

March 23 Spring *Higan* Seminar (Rev. S. Sekiya / Rev. Kodani)

March 24 Spring *Higan* Service (Rev. S. Sekiya)

March 31 *Osoji*

All classes subject to change without notice.

Please call a group member to confirm meeting/rehearsal.